Curriculum content

The three overlapping and linked ‘Core Themes’ (Health and wellbeing, Relationships, Living in the Wider World), expressed as areas of core knowledge, understanding. Language, skills and strategies, and taught in accordance with pupils’ readiness, are appropriate across all Ley Stages and build upon Early Years Foundation Stage Learning. It is important to recognise that many decisions about both health and lifestyle are made in a social context or are influenced by the attitudes, values and beliefs of significant others.

Our programme for PSHE and Citizenship is mapped to fit within our cross curricular curriculum and is adapted to meet the needs of the children in those year groups. Aspects of PSHE and Citizenship will also be covered within other subject teaching and in special days and weeks. In the Foundation Stage, the same themes are taught each year and revisited regularly, as well as following the stepping stones for the Early Learning Goals and SEAL will be taught in special days/weeks.

What is S.E.A.L.?

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be:

**New Beginnings- Autumn 1**

**Getting on and Falling out- Autumn 2**

**Going for Goals – Spring 1**

**Good to be Me – Spring 2**

**Relationships – Summer 1**

**Changes – Summer 2**

There will also be other topics taught during the school year called **Say No to**

**Bullying (November),** **Internet Safety** and **Black History Month (October).**

SEAL will help children to develop self-awareness, motivation, social skills and

managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life. Our ethos and PSHE curriculum ensure that we meet the 5 strands of Every Child Matters which states that every child has the right to: Be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution, and Achieve Economic Well-being