

## How can I serve?

This **Lent Activity** accompanies the Mission Together **Lent Liturgy** which focuses on the Gospel reading Mark 10:35-45. You may like to use the Lent Liturgy to lead children in reflection on the reading before continuing on to this activity.

*It is by serving others that we truly follow Jesus and show our love for him and each other. So today we are going to think about how we can serve or help someone else.*

Jesus taught us that we are all brothers and sisters in one family, so we should try our hardest to **serve others** and not just friends and family. Explain that to serve someone else means putting their needs and feelings above your own. Invite the children to think of some examples of how they might serve or help someone else. Encourage them to think of ways to serve people at home and ways to serve people overseas. This is particularly special because you would be serving someone you have never even met!

Ways of **serving at home** could be helping mum with the washing up, cheering up a friend who is sad, or making sure that someone in the class isn't feeling lonely. **Serving overseas** could include saving money in a Mission Together box to help children around the world, organising a fundraising event, or praying for children overseas who don't have enough food.

Invite the children to select one way in which they can serve someone at home and one way in which they can serve someone overseas. The children can use the **template** to write a sentence about how they can serve and draw a picture of this action.

Encourage the children to remember the ways in which they have chosen to serve and to try to carry out this action. It can be difficult to put someone else's needs above your own, but invite your children to commit to **continue serving others** throughout Lent.

Finish by sharing your work and saying the **Mission Together prayer** as a class.



# Mission Together - Lent Activity



## How can I serve?

At Home



I will serve people at home by \_\_\_\_\_

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Overseas



I will serve people overseas by \_\_\_\_\_

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