Home/School Projects: Sorrow/Holy Week

Information

1. This can be based on any sad event from Holy Week eg Jesus having his last supper, in the garden, carrying his cross or on the cross. Any materials can be used eg collage, recycling, paint, a pencil… You may wish to label your work or write a sentence or two about it.
2. You can write a sad song or poem about Jesus’ suffering and death for us because he loves us. The poem can be in any form and doesn’t have to rhyme.

Information

1. The art can be 2D or 3D and created using any media/materials. Choose a line or two from Scripture that suits it.
2. Find out about the sorrowful times in Mary’s life and create a PowerPoint or booklet about them. Include some Scripture and/or images or symbols to represent this. You may wish to include a prayer to Our Lady also or write a reflection from her point of view.

Information

1. Look at all the stations of the cross or choose just one. Imagine you are Mary in that scene. How would you feel to see your child/loved one going through this? What would you do? What can we learn from Mary?
2. Spend some time listening to songs/hymns linked to Christ’s suffering. Which one strikes a chord with you? Find your favourite line and reflect on it. If you wish, write another verse to the same/different tune. Alternatively create your own song altogether.