Design Technology – Week 2

Make a fruit salad.

We hope you enjoyed making your fruit and vegetable pictures last week. This week we want you to use up some of that fruit and make a delicious fruit salad.



* Make sure you wash your hands.
* Wash the fruit.
* Use a clean knife and chopping board.
* Never cut fruit without an adult present.

<https://www.youtube.com/watch?v=XcD2_AmMU6g> Basic fruit cutting techniques.

<https://www.youtube.com/watch?v=aS3nLa6-VpE> A children’s animation about making fruit salad.

<https://www.youtube.com/watch?v=716MHYY3buA> Getting creative with fruit kebabs

<https://www.youtube.com/watch?v=oncIUB3F3VI> making creatures out of fruit

<https://www.youtube.com/watch?v=53al2aBX3E8> banana creature

<https://www.youtube.com/watch?v=6Cl9zcMeq6Q> orange goldfish



A Recipe for Fruit Salad

Ingredients Try to use three or more different fruits from below:

Apple

pear

Orange

Banana

Grapes

Lemon Use the juice from this to stop the fruit from going brown.

Strawberries

Blueberries

Peach or nectarine

Raspberries

Cherries

Melon

Pineapple

mango

Method

1. Wash the fruit. Peel bananas, oranges, pineapple.
2. With an adult, chop the fruit into slices. Cut grapes and cherries into halves.
3. Leave the banana to one side and sprinkle the fruits with a bit of sugar and some lemon juice (to stop the fruits from browning)
4. Cover for a few hours in the fridge so that some of the natural juices come out of the fruits
5. Add chopped banana just before serving and mix with other fruits

My Fruit Salad

I made my fruit salad with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The first thing I did was I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Next, I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

After that I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Finally, I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think my fruit salad was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Next time I will use \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for a different flavour.