

ST MARY'S CATHOLIC PRIMARY SCHOOL



NEWSLETTER APRIL 2026

Welcome back to the summer term. I hope you had an enjoyable Easter break. It was so lovely to see all of the children coming back happy and well refreshed after the holiday. We are already almost at the end of the school year with only six weeks (including this week) to go to half term and then only seven weeks to the end of the school year! Time certainly seems to be going by very quickly.

Easter Celebrations

Thank you to the children from Years 3 and 4 for leading the Palm Sunday Mass so well. It was wonderful to see so many children participating this year. You processed into Church and joined in the responses with great enthusiasm - thank you children.

Enfield Dance Festival



Well done to the children from our school who represented the school in the Dance Festival at the Millfield Theatre this year. You were wonderful. Thank you to the

teachers for their hard work in preparing the children.



Spring Performance

The children in Year 4 are to be congratulated for their wonderful performance of 'Spring Chicken, The Musical'. All worked hard and co-operated so well to prepare. The singing, dancing and speaking were of such a high quality. We could see from the faces of all in the audience how much parents and friends of the school enjoyed the performances. Thank you very much children for your hard work. Also a sincere thank you to the teachers, teaching assistants and volunteers who spent many hours of their own time planning and preparing and then guiding the children through. Thank you to the parents who helped with practices, scenery and costumes. £190.35 was earned in voluntary contributions for tickets.



School Streets



We continue to enjoy having the School Street in place this year.

This hopefully is making the road outside the school safer for our children just before the beginning and end of each school day.

https://www.youtube.com/watch?v=v1_NB42i-Gg

<https://www.enfield.gov.uk/news-and-events/2023/03/new-school-streets-to-keep-children-safe>

<https://letstalk.enfield.gov.uk/schoolstreets>

Why did we ask for a School Street?

Our children's health and mental wellbeing is of the highest importance. That is

why the council is committed to tackling climate emergency and the escalating levels of pollution at peak times on our road network. Childhood obesity in the borough is also one of the highest in London.

There are many benefits of School Streets:

- Improved air quality - reduced traffic volumes leading to reductions in local emissions
- Improved road safety - reduced risk of potential conflict between road traffic and pupils
- Increased physical activity - making the school gate cleaner and safer will encourage more active travel to school

Walk to School

We are delighted that more and more children (and their parents) continue to regularly walk / cycle / scoot etc (rather than coming by car) to school. This is so much better for the long term health of our community.

Wednesday Word

Starting on Wednesday 17th April 2013 your child began to bring *The Wednesday Word* leaflet home from school. *The Wednesday Word* is a gift to

you and your family because of your connection with our Catholic school.

Every weekend, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a very special 5 or 10 minutes together each week.

We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other day would do just as well.

The Wednesday Word is currently available online:

<http://www.wednesdayword.org/index.html>



Re-establishing the Friday Penance

As you are aware a key resolution of the Catholic Bishops of England and Wales, released after their May 2011 plenary meeting, was "to re-establish the practice of Friday penance in the lives of the faithful as a clear and distinctive mark of their own Catholic identity".

This act of common witness formally came into effect on Friday 16th September 2011 (the anniversary of the visit of Pope Benedict XVI to the UK).

As you know we formally began our practice of not serving meat to the children / staff on a Friday right from the start of September in 2011. Thank you parents for not including meat as part of your child's packed lunch on a Friday. Although our children are young we know that you agree

that it is good to establish the practices of our faith right from the start. This good habit formed when young will hopefully be part of your child's way of life as he / she grows up. He / she will see abstaining from meat on a Friday as a distinctive mark of his / her Catholic identity.

Parents thank you for your wonderful support with the re-establishment of the Friday penance.



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Pupil Progress

You should have had a call home from the teacher / meeting in school with the teacher to update you on your child's progress last term.

Any parent who wishes to meet in person with the teacher at any stage during the new term is welcome to do so.

Just contact the school office to arrange an appointment with the teacher.

Quality Mark Award

As many of you are aware the Quality Mark award is one of the awards held by the school. The school community has been

awarded and renewed the Quality Mark on a number of occasions. This (voluntary process) looks at the extent to which literacy and numeracy skills are embedded across the curriculum. The fundamental principles of this process, such as the involvement of the whole school community, self-review and targeted intervention, are central to our school's improvement agenda. This quality mark provides a framework for self-evaluation and continuous improvement of the basic skills of all pupils in the school.

The quality mark focuses on ten key elements:

- A whole school strategy and planning to improve performance in basic skills.
- An analysis of the assessment of pupil performance in basic skills.
- Target setting for the improvement of the school's performance in basic skills.
- Basic skills improvement planning for pupils under-attaining and / or under-achieving.
- Regular review of the progress made by pupils under-attaining and / or under-achieving in basic skills.
- A commitment to improving the skills of

staff to teach and extend basic skills.

- The use of a range of teaching approaches and learning styles to improve basic skills.
- The use of appropriate teaching and learning materials to improve basic skills.
- The involvement of parents and carers in developing their child's basic skills.
- An effective procedure for monitoring planning and assessing improvement in performance in basic skills.

We have continued to have a quality mark team in school and continue to review progress regularly.

Thinking Skills

Remember to ask your child which thinking hats they have been using in lessons. Also check to see if they are aware of the current Habit of Mind focus. Some of the children are also using the Thinking Maps - ask your child to see if he / she is aware of the maps.

Birthday Celebrations!

It is lovely that so many children now like to celebrate their birthdays by bringing in sweets for their classmates. Please remember though parents that different parents

have different rules about sweets and the kinds of sweets their children are allowed to eat.

If it is your child's birthday, and you do want to mark the day, please just send in one very small bar for each child. It is probably better to send a known brand of chocolate with which all parents are familiar rather than lots of very sugary sweets or party bags.

Lollipops and hard sweets are not permitted for health and safety reasons.

Remember you are not obliged to send in sweets at all.



Maths at Home

NRICH welcomes millions of users every year to share their free, online mathematical activities for learners aged 3-19. They have a huge bank of award-winning resources, ideal for children and students to work on independently, at school with their teacher or at home with parents.

[Maths at Home - Primary | NRICH](#)

Children Dealing with Loneliness - NSPCC

Loneliness is a difficult feeling for anyone, so it's not surprising that children can really struggle when they feel lonely. By learning more about loneliness, you can work with your pupils to combat it.

The Campaign to End Loneliness defines this feeling as: 'a subjective, unwelcome feeling of lack or loss of companionship. It happens when there is a mismatch between the quantity and quality of the social relationships that we have, and those that we want'.

While loneliness can be caused by being physically alone, being alone doesn't necessarily lead to feeling lonely. Sometimes children can feel lonely even if they're often with other people. They might be feeling this way if they don't feel properly seen or understood.

Loneliness can look and feel different for everyone, but if you're worried about a child in your care, it's good to talk to them about what they might be feeling and experiencing. The NSPCC's guidance on this issue is well worth a read, and you can find it by following the link below:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/how-help-child-feels-lonely>

<https://youtu.be/WoWIUbb4VUY>

Undressed - London Grid for Learning

The danger posed to young people by their presence on social media, in regards to unacceptable requests is sadly an affair that often happens within friend groups or within relationships. Of course the issue of strangers making the same requests is always present, but these are principally teenage concerns. Underneath this lies a more vulnerable age group that often finds itself targeted almost exclusively by unknown adults online. That sector is the youngest of primary pupils. At primary ages, children are very easily taken advantage of as they are highly impressionable and unaware of the dangers they may be facing. The Undressed Song by the London Grid for Learning, is designed to educate these youngest of pupils on what should and shouldn't be done online. It does this through an understandable and age-appropriate medium - song. To find out more please follow the link below:

<https://undressed.lgfl.net/>

KIDSONLINEWORLD

Access Their 'Shareables' for a

Safer Online Experience on Snapchat, YouTube and Roblox:

[Safeguarding Focus - Roblox \(kidsonlineworld.com\)](https://www.kidsonlineworld.com/safeguarding-focus-roblox)

[Safeguarding Focus - YouTube \(kidsonlineworld.com\)](https://www.kidsonlineworld.com/safeguarding-focus-youtube)

[Safeguarding Focus - Snapchat \(kidsonlineworld.com\)](https://www.kidsonlineworld.com/safeguarding-focus-snapchat)

KidsOnlineWorld: The more you know the better

For information about what platforms, apps and games children are using, and their safety and suitability, pop over to Kids Online World where you can find lots of support for children and young people, parents, carers, and professionals providing information and resources about how to stay up to date!

<https://www.kidsonlineworld.com/parents--carers.html>
[APPS - KIDSONLINEWORLD.CO M](https://www.kidsonlineworld.com/apps)

[GAMES - KIDSONLINEWORLD.CO M](https://www.kidsonlineworld.com/games)

[FACTSHEETS - KIDSONLINEWORLD.CO M](https://www.kidsonlineworld.com/factsheets)

[Resources - KIDSONLINEWORLD.CO M](https://www.kidsonlineworld.com/resources)

New Resources about Gaming and Online Bullying on the 'Kids Online Safety' website

New resources have been published on the 'Kids Online Safety' website to help parents and carers understand and get support regarding online bullying and gaming.

[Help your child stay safe online - Kids Online Safety](https://www.kidsonlineworld.com/help-your-child-stay-safe-online)

These new sections are designed to help families and give them more confidence in talking to their children about what they're doing and experiencing online.

The updated content includes:

- how to spot the signs of online bullying
- guidance and support if a child is being bullied
- practical tips to help make online gaming safer

- information on age ratings and parental controls for games

The site continues to link to trusted charities and expert organisations where families can find specialist support, including helplines and further advice.

[Kids online safety](https://www.kidsonline-safety.org) website for parents and carers.

New Government Campaign Helps Parents Talk to Children About Harmful Online Content

The Government has launched the "You Won't Know Until You Ask" campaign to support parents in talking to their children about harmful online content, including body-shaming, misogynistic material, misinformation and "rage bait".

The campaign provides practical guidance, conversation prompts and advice on using safety settings, following research showing that around half of parents have never spoken to their children about harmful online experiences despite widespread smartphone use.

national conversation and consultation on children's digital wellbeing will help shape future action. The initiative forms part of wider efforts to strengthen online safety, tackle technology-enabled harm, and help young people develop critical thinking skills and safer online behaviours.

[Is your child influenced by toxic content? New government campaign supports parents to talk about harmful online content - GOV.UK](#)

What the Children of the 2020s Study Tell us About Screen Use and Learning at Age Two

New findings from the Children of the 2020s study offer important insights into how today's home environments - and particularly screen time habits - are shaping children's development by age two. The research highlights the growing role digital devices now play in family life and provides valuable evidence to guide parents, carers and early years professionals in supporting safe and healthy technology use.

As screens become more accessible to very young children, the study reinforces the importance of balance. It shows that rich, responsive

reading, singing and playing together - have a significant positive impact on language, learning and emotional development. These everyday moments remain the cornerstone of early learning, even as digital media becomes more present in children's routines.

The research brief offers timely guidance for families navigating early screen use: helping adults understand how technology fits into children's development, what supports healthy digital habits and how to ensure screens complement rather than replace high-quality interactions. A recommended read for anyone committed to supporting safe, age-appropriate digital experiences for young children.

[Children of the 2020s: home learning environment and screen time at age 2: research brief](#)

Helping Young Children Build Healthy Digital Habits

As digital devices become a normal part of everyday life, young children are increasingly exposed to online content, often long before they can fully understand what they are seeing. For parents, carers and early years professionals, the

technology altogether but helping children develop safe, age-appropriate habits. Keeping screens out of bedrooms, using child-friendly platforms, watching digital content together, and modelling positive device use all help create safer online experiences. These small, consistent approaches encourage children to explore technology in ways that support learning, connection and creativity, rather than replacing real-world play.

Alongside this, adults play a vital role in setting boundaries and guiding children's choices. Simple steps, such as using parental controls, turning off autoplay, choosing high-quality educational content, and ensuring plenty of breaks, can reduce risks and prevent young children from encountering content they're not ready for. Most importantly, meaningful offline interactions like talking, reading, singing and playing remain central to children's healthy development. With the right balance, digital tools can complement - not compete with - the rich experiences that shape early learning.

[primary family agreement.pdf](#)

What is mental health?

We all have mental health. Mental health is about our

feelings, our thinking, our emotions and our moods. Looking after our mental health is important. We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long.

Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.

Young Minds also has a parent helpline:
<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

NHS UK: Every Mind Matters: [Children's mental health - Every Mind Matters - NHS \(www.nhs.uk\)](http://www.nhs.uk/Every-Mind-Matters)

Embrace Kids Video - Body Image Movement

The video seeks to promote positive body imagery among young people, who as always are under so much pressure to conform to a standard image expected of them by their peers, and the 'social media community'. If you'd like to have a look at this inspiring piece of media please follow the link below:

<https://www.youtube.com/watch?v=ld9MJi3aGMU&feature=youtu.be>

[A-Healthy-Influence-.pdf](#) (For Parents / Carers to read)

A healthy influence? Children's exposure to appearance-changing products online (From the Children's Commissioner)

- **Content Warning:** This report is not intended to be read by children. It makes reference to potentially dangerous products and discusses upsetting themes.

- If you are affected by the themes covered in this report from the Children's Commissioner, the following organisations can provide you with expert information, advice and support:

Shout provides 24/7 urgent mental health support:
giveusashout.org,

text SHOUT to 85258

You can also contact your local NHS for health advice, including mental health advice. Call 111 for 24/7 advice,

visit <https://www.nhs.uk/> for more information and <https://www.nhs.uk/nh>

[s-services/mental-health-services/where-to-get-urgent-help-for-mental-health/](#) for an urgent mental health helpline.

Christian Meditation

We appreciate what a challenging time this continues to be for many children and their families.

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here: [Christian Meditation - YouTube](#)

Health for Kids

Health for Kids (www.healthforkids.co.uk/Enfield) is aimed at primary school children, aged four to 11 years old and their grown-ups. It contains four exciting worlds of fun and games to help kids learn about their health. For grown-ups, it covers important features of a child's health and development, including healthy minds, healthy bodies, health issues and where to get professional help and support.

Health for Teens

Health for Teens (www.healthforteens.co.uk/Enfield) is aimed at 11 to 19-year-olds. It features bite-sized information on a comprehensive range of physical and emotional health topics for teenagers, including healthy eating, body image, managing stress, advice on relationships, puberty, sexuality and much more. Please the attached email which includes posters and information for social media.

Health and Wellbeing - Measles

[Measles | Health and Wellbeing](#)

There has been a recent rise in the number of measles cases in the borough, and we are currently experiencing a measles outbreak.

Measles is a very serious illness and is particularly dangerous for babies, young children, pregnant women and people with a weakened immune system. It spreads very quickly between people who are unvaccinated or partially vaccinated (received 1 dose of the MMR vaccine, not 2).

Signs and symptoms

Measles often starts like a bad cold like a runny nose, cough, fever, feeling generally unwell and tired. The main symptoms of measles include:

- a red rash
- fever
- loss of appetite
- sore, red eyes
- a cough

The rash will typically appear 2 to 4 days after feeling unwell. It starts on the head and spreads down the body. The rash is not itchy.

For examples of how the measles rash appears on different skin tones, see [NHS - Measles](#).

What to do if you think your child may have measles

If you think you or child may have measles it is important to call your GP practice or call 111 for advice.

Stay at home until you have received advice from your GP or from 111.

How to check if you are protected against measles

To protect against measles, the MMR vaccine is given. You need 2 doses for the best protection. You can have the MMR vaccine at any age.

To check if you and your child are protected against measles, you can check your vaccination status by looking at your child's red book or by calling your GP practice. See

information on [how to register with a GP](#).

Where to get vaccinated

If your child is aged between 1 and 19, they can be vaccinated at a community catch-up clinic. You can book an appointment or drop in, they do not need to be registered at a GP. For information on clinic locations, dates and times, please click the link below. If your child is older than 19, please contact your GP practice.

[Catch-up clinics](#)

Pharmacy First

It involves pharmacists providing advice & NHS-funded treatment where appropriate, for seven common conditions:

1. Sinusitis (age 12 year +)
2. Sore throat (age 5 year +)
3. Ear infection in children (age 1-17)
4. Infected insect bite (age 1 year +)
5. Impetigo (age 1 year +)
6. Shingles (age 18 +)
7. Simple urinary tract infections in women (age 16-64)

No need for an appointment
Free service funded by NHS England



Enfield's Family Hubs

Enfield's Family Hubs are friendly places where families can get help and services for children and young people from pregnancy up to age 19 (or 25 for those with special needs).

Services provided by hubs

- Help with early education, childcare, and child development
- Health and wellbeing advice
- Parenting programs and one-on-one family support
- Activities for children under 5, like baby groups and Stay and Play sessions
- Antenatal and postnatal classes, breastfeeding, and infant feeding support
- Speech and language support and developmental reviews
- Information on benefits, housing, and cost of living support
- Help with employment, education, and training opportunities
- Specialized support for families with children with special needs

- Referrals to [specialist services](#)

Hub locations

Family Hubs (for families with children from pregnancy to under 5):

- **Carterhatch Family Hub**
Autumn Close,
Carterhatch, EN1 4JY
Telephone: 020 8106 9996
- **De Bohun Family Hub**
Green Road, Southgate,
N14 4AD
Telephone: 020 8106 9996
- **Eldon Family Hub**
St Peter's Road,
Edmonton, N9 8JP
Telephone: 020 8106 9996

Youth and Family Hubs (for families, children, and young people):

- **Ponders End Youth and Family Hub**
141 South Street,
Enfield, EN3 4PX
Telephone: 020 8379 2002
- **Craig Park Youth and Family Hub**
2 Lawrence Road,
London, N18 2HN
Telephone: 020 8379 2002

Opening hours

- **Family Hubs** are open:
 - Monday to Thursday:
8:30am to 4pm
 - (excluding bank holidays)
- **Youth and Family Hubs** are open:
 - Monday to Sunday: 9am to up to 10pm on Fridays

Hubs close at 4pm during the school holidays.

Check individual timetables for more details.

[Family Hubs | Enfield Council](#)

Child Friendly Version of the Child Poverty Strategy aimed at 5 to 11 year olds

The Government has published a [child-friendly version of its Child Poverty Strategy](#).

It is designed for children aged 5 to 11 and written in plain, accessible language with colourful illustrations to spark conversations.

[Our Children, Our Future: How the government is helping children and families \(Child Friendly\)](#)

Absence

During the spring term we have had a number of pupil absences. The absences were mainly due to lots of coughs, colds, bouts of flu and a few tummy bugs.

It's very important that we all really try next term to continue to improve pupil attendance. As always at St. Mary's most parents give excellent support to their children and encourage strong attendance.

Our aim is not to let our attendance fall below 98% which is our target (our absence was 4.8% (4.37% last school year and 6.3% in the previous year) at the end of the spring term (Friday 27th March) - this is still a bit higher than we would like it to be but we know that times have continued to be challenging for some.

The classes with the highest attendance from the beginning of the school year until Friday 27th March were:

1. 97.5%-Y6, St. Christopher
2. 97%-Reception, Hope
3. 96.9%-Y6, St. Catherine
4. 96.7%-Y3, St. Bernadette
5. 96.5%-Y4, St. Peter
6. 96.4%-Y3, St. Cecilia
7. 95.6%-Y5, St. Anthony

8. 95.1%-Y5, St. Joseph
We are required as you know to report on Persistent Absence.

The DfE's persistent absence threshold is 10% from Autumn 2015!

The DfE's guidance on the 2014/15 school census explains that from the 2015/2016 academic year onwards, a pupil will be considered to be persistently absent if he/she is away for over 10% of school sessions in an academic year.

Pages 72-73 of the DfE's guidance, linked to above, contains a table which sets out the estimated thresholds that will be used to define persistently absent pupils.

	15 per cent	10 per cent
Half-term 1	10 or more sessions	7 or more sessions
Half term 1-2 (autumn term)	22 or more sessions	14 or more sessions
Half term 1-3	30 or more sessions	20 or more sessions
Half-term 1-4 (autumn term and spring term combined)	38 or more sessions	25 or more sessions

Half term 1-5	46 or more sessions	31 or more sessions
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Half term 1-6 (full academic year)	56 or more sessions	38 or more sessions
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Please (unless of course your child is ill) ensure your child is in school each day.

If your child is away from school it is important that you always let us know to avoid having the absence recorded as unauthorised. Always try to phone us on the day and it is school policy to request a short written note explaining the absence.

Our school Attendance target continues to be 98%. Thank you to all parents who continue to work hard to have their children in school every day.

100% Attendance Autumn 2025

84 pupils had 100% attendance. Well done children and parents! This is excellent!

100% Attendance Autumn 2025 + Spring 2026

48 pupils had 100% attendance. Well done children and parents! This is excellent!



Summer Term Reminder!

Half -term holiday = 25th May - 29th May 2026.

May Bank Holiday= Monday 4th May 2026.

INSET Day (no school for children) = 5th May 2026.

Last Day of the School Year = 17th July 2026.

Dates for 2026-2027 School Year

Academic Year 2026 - 2027

Autumn Term

Tuesday 1st September - Friday 18th December 2026

Half - Term Monday 26th October - Friday 30th October 2026

Spring Term

Monday 4th January - Thursday 25th March 2027

Half -Term Monday 15th - Friday 19th February 2027

Summer Term

Monday 12th April - Tuesday 20th July 2027

Half - Term Monday 31st May - Friday 4th June 2027

May Bank Holiday: Monday 3rd May 2027

INSET Days

Tuesday 1st September 2026

Wednesday 2nd September 2026

Monday 22nd February 2027

Tuesday 4th May 2027
Monday 14th June 2027

Governors' Day: Wednesday 21st July 2027 (school closed)

SATs

It's that time of the year again! **Year 6 will begin their SATs on Monday 11th May.**

Key stage 2 tests

The statutory [key stage 2 tests](#) are timetabled from Monday 11th May to Thursday 14th May 2026:

Date	Activity
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Monday 11 May 2026	English grammar, punctuation and spelling papers 1 and 2
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Tuesday 12 May 2026	English reading
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Wednesday 13 May 2026	Mathematics papers 1 and 2
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Thursday 14 May	Mathematics
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Date	Activity
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2026	paper 3
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The other junior classes will also complete the Optional SATs for their year group and Year 2 children will complete their assessments during the summer term too.

It's very important that all children are in school each day and especially during this time of assessment.

[KS2 SATs 2026: What parents need to know – The Education Hub](#)

Tissues

We are no longer able to provide tissues for classrooms. Donations of boxes of tissues would be gratefully received. Thank you to parents who have already handed in some boxes. Unfortunately we are running low again.

School Uniform

Try to ensure your child's name is on each item of uniform. During the summer children take off sweat shirts a lot more. If the sweatshirt is labelled it is much easier to return it to its owner.

It's good for children to be able to wear a hat when it becomes very warm. **School hats (with neck protection flaps) are now available from the School Office for £4.00.** Children are encouraged to wear these instead of other non - uniform baseball caps which are not permitted.



Thank you to the great number of parents who ensure their children wear the correct school uniform each day.

Recycling

Send in any used cartridges for recycling please.

We are recycling shoes too at the moment. Send in any old pairs.

Red Nose Day - £135.74 was donated. Thank you children and parents for your great support.



<https://www.comicrelief.com/rednoseday/>

Book Fair: £300.80 Well done everyone!

Own Clothes Day - 27th February: £129.75 Thank you everyone!

Lent Appeal 2026 (in support of the Catholic Children's Society)

<https://www.cathchild.org.uk/> £1132.45 in total was collected! Wow! You all worked so hard to support this valuable cause! Thank you all for wearing your traditional dress and for supporting the cake sale.

Join the Big Fun Walk to honour the memories of those you love

North London Hospice is a much-loved charity that has touched the lives of many in Enfield. If you'd like to support them and take part in a fun, social event, why not register for the Big Fun Walk, which will take place on 10 May? Join hundreds of others on the iconic ten-mile route through London. And if ten miles feels too far, the "Little" Fun Walk returns, a five-mile route that finishes at the top of Primrose Hill, where you can pause, take in the view and feel part of something truly special. [Register online today.](#)

[North London Hospice | Big Fun Walk](#)

Phone calls

Your child is welcome to phone home (in emergency only). We

would welcome a voluntary contribution towards the cost of any phone calls your child makes.



Some Dates for this Term

Monday 20th April: Ducklings visit St. Mary's

Thursday 23rd April: St. George, Martyr and Patron of England. Years 2-6 to Mass in the church at 9.30am.

Friday 24th April: Year 5 swimming begins for the summer term.

Wednesday 29th April: Jungle Book performances for children

PM Year 5 classes begin their Enfield Sings project (10 lessons over the term)

Thursday 30th April: Ducklings return home to their farm.

Friday 1st May - St. Joseph the Worker. Years 2-6 to Mass in the church at 9.30am. Rosary begins for the month of May.

Children say a decade each day in class. Please allow your child to bring their rosary beads to school. **Rosary beads will be blessed at the Mass today.** Children also say a decade of the Rosary after school. Please join us in the small hall for this time of prayer together.

Monday 4th May - BANK HOLIDAY - No School
Tuesday 5th May - INSET Day - No School
Friday 8th May: VE Day
Monday 11th May - SATS for Year 6 begin (for week). Reception Hearing Screening.
Tuesday 12th May - Science VR Workshops, 9am-3.15pm - Reception - Year 6
Wednesday 13th May- Our Lady of Fatima Science VR Workshops, 9am-3.15pm - Reception - Year 6
Thursday 14th May - Solemnity of the Ascension of the Lord. Years 2-6 to Mass in the church at 9.30am. Reception Hearing Screening.
Wednesday 20th May: Years 3 and 4 to parish Mass at 9.30am. National Numeracy Day.
Friday 22nd May: Own Clothes Day
Monday 25th May - HALF - TERM (holiday for one week).
Thursday 4th June - Years 5 and 6 to Parish Mass at 9.30am followed by Benediction.
Tuesday 9th June - Sports Day for Juniors AM
Wednesday 10th June - Sports Day for Infants AM
Friday 12th June - The Most Sacred Heart of Jesus -School Mass for Years 2-6 at 9.30am.
Monday 15th June- INSET Day (school closed)
Tuesday 16th June -ISLAM Workshops Day 1. Borough Athletics
Wednesday 17th June - ISLAM Workshops Day 2.

Thursday 18th June - Bread Making Workshops for School Council AM.
Monday 22nd June - Sports Day for Juniors AM (if raining previously).
Tuesday 23rd June - Reception Classes visit Willows Farm.
Wednesday 24th June - The Nativity of St. John the Baptist - Years 2- 6 to Mass at 9.30am.
Thursday 25th June - Sports Day for Infants AM (if raining previously)
 Year 4 to the theatre to see Hercules.
Tuesday 30th June - Years 3 and 4 to parish Mass at 9.30am.
Thursday 2nd July - Years 5 and 6 to Parish Mass at 9.30am followed by Benediction. Year 2 classes visit Hertfordshire Zoo. They depart at 9.15am.
Friday 3rd July - Pupil Reports are given to parents today.
Wednesday 8th July - Year 6 Leavers' Mass, 9.30am in the church. Leavers' BBQ and Disco, 5-6.30pm. Year 3 to the theatre to see Matilda. Depart at 11.45am
Thursday 9th July: Year 5 and 6 to the theatre to see Hercules. Depart at 11.30am
Friday 10th July - Children visit their new September classes AM.
Monday 13th July - End of Year Class Parties. Last day of School Year for Year 6. Last

day for Reception -Year 5 pupils in their current classes. Early Closing (12.45pm Infants, 1pm Juniors). Own Clothes Day.
Tuesday 14th July - Year 1- Year 6 pupils (September 2026) begin their time in their new classes. New Reception pupils and parents visit.
Wednesday 15th July - New Reception pupils and parents visit.
Thursday 16th July - New Reception pupils and parents visit.
Friday 17th July - Last day of School Year. Early Closing (12.45pm Infants, 1pm Juniors). OWN CLOTHES' DAY.
 Thanksgiving for the School Year: School Mass (in memory of Daniel Evans and Mary Ireton) at 9.30am in Church for Years 2-6.
 New Reception pupils and parents visit AM.
 * Please note that dates may change as the year progresses. I apologise in advance for any inconvenience this may cause.

On occasions it is necessary to change dates. I apologise for any inconvenience this may cause.





Best Wishes

Thank you for your continued support for our school. It is so greatly appreciated by all members of our school community and I know contributes very much to the happy atmosphere that we are so fortunate to have in our school.

Mrs R. Martin
Interim Headteacher



**Parents' Questionnaire -
Spring 2026**

	Statement	Agree %
1.	My child is happy at this school.	99%
2.	My child feels safe at this school.	99.1%
3.	This school enables my child to behave respectfully	99.1%
4.	This school is a supportive and joyful	100%

	community.	
5.	Staff at this school are positive role models for my child.	100%
6.	The school works well with the local parish(es).	98%
7.	I understand the school's Catholic mission and I am supportive of it.	97%
8.	The school supports me in my role as first educator of my child.	99.2%
9.	My child enjoys learning in Religious Education lessons.	100%
10.	I know how well my child is doing in Religious Education and how to improve.	95%
11.	The school supports my child's spiritual and moral development.	99%
12.	I am invited to be involved in the prayer life of the school.	94%

**ADMISSIONS FOR
ACADEMIC YEAR 2026/2027**

We need your help to remind friends, neighbours, relatives to apply for places in our Nursery and Reception

**classes for their children for
September 2026!**

It is not too late to apply!



A Smile!

What is it? It costs nothing but means much. It enriches those who receive it without impoverishing those who give. It happens in a flash but the memory lasts forever. None are so rich that they can get along without it and none so poor that they are richer for its benefits. It is rest for the weary, daylight to the discouraged, sunshine to the sad, and nature's best antidote in times of trouble.

Yet it cannot be bought, borrowed or stolen, for it is something that is of no earthly value to anyone unless it is given away.

And if in the rush of life someone should be too tired to give you a smile, may we ask you to leave one of yours, for no one needs a smile so much as those who have none left to give.



strengthening families strengthening communities

Programme for Parents/Carers

Strengthening Families, Strengthening Communities (SFSC)

is a 13-week inclusive evidence-based parenting programme for all parents and carers of children aged 0-18.

The programme will help parents/carers think about how their experiences, culture, upbringing, and family background have influenced their parenting style.

It will also help parents/carers answer some important parenting questions, such as:

- How do I build a better relationship with my child?
- How can I motivate my child to try their best at school?
- How do I encourage my teenager to make better decisions?
- How do I put boundaries in place with my child?
- How do I connect with the wider communities and services in my area?

Who is it for? All parents/carers

How long? 13 weeks - each week you attend a 3-hour session in person

When? Wednesdays, 15 April – 15 July 2026 (except 27 May) & Fridays, 17 Apr – 17 Jul 2026 (except 29 May)

What time? 9:45am – 12:45pm

Where? Wednesdays - Ponders End Family Hub, 141 South Street, EN3 4PX

Fridays – Craig Park Family Hub, 2 Lawrence Road, N18 2HN

Certificate Award Ceremony at end

How to Book? [Strengthening Families, Strengthening Communities Programme](#) or scan QR code



Accredited by



www.enfield.gov.uk



Dear Parent/Guardian,

Enfield is still experiencing an outbreak of measles.

This means that if your child is not fully vaccinated against measles with 2 doses of the measles, mumps and rubella (MMR) vaccine, then you are at risk of developing measles.

This letter provides information about what you should do to protect your health and others around you.

What should you do now?

1. Read the information about signs and symptoms of measles

Measles is an infection that spreads very easily. It can occur suddenly, and people can become unwell quickly. Please visit NHS website to learn more about the symptoms of measles, how it spreads and about vaccination against measles

www.nhs.uk/conditions/measles

Measles can make children and adults very unwell and is especially harmful for those who are unimmunised and are pregnant or have weakened immune systems.

2. Make sure you know whether you and your children have had MMR vaccination (see below)

Contact your GP to review vaccination records and arrange vaccination.

3. If you/ your child have not (or are unsure) whether you've been vaccinated, book a vaccination through your GP or School Aged Vaccination Provider [Catch-up clinics | Enfield](#)

4. If you think your child may have measles please inform your child's nursery or school. You can speak to your GP or NHS 111 if you or your child becomes unwell with a high temperature with a cough, runny nose, sore red eyes or rash.

Please see further information on benefits of [MMR](#) Vaccination and measles in general [Measles | Health and Wellbeing](#)

Yours faithfully,

Dudu Sher Arami
Director of Public Health

MEASLES

Important Information

Measles is extremely infectious. One person with measles can infect 15 to 20 unimmunised people. 15 minutes in direct contact with someone infected with measles is sufficient to transmit virus.

Measles is spread through coughing and sneezing, close personal contact or direct contact with infected nasal or throat secretions.

Measles is infectious from **4 days before rash onset until 4 full days** after the rash appears.

Prevent transmission

In health care settings, **suspected measles cases should be triaged and isolated** immediately to protect other patients.

Ensure Infection Prevention and Control measures are in place.

Typical clinical symptoms

- Fever > 39°C in the absence of antipyretics
- Conjunctivitis
- Cough and/or coryza
- Generally very unwell
- Koplik spots (small red spots with bluish-white centres) inside the mouth
- Generalised maculopapular rash – appears after prodromal phase usually on the face and upper neck and spreads to the rest of the body.
The appearance of a rash varies with skin tone. On darker skin tones, a rash may be purple, grey or white. Some redness may appear, but typically not very much. In lighter skin colours, the rash is red. In darker skin colours, the redness may be harder to see, or it may appear purple or darker than surrounding skin.

Risk factors for measles

To inform clinical diagnosis consider: -

- Age of the case
- Vaccination (two doses measles, mumps, rubella and varicella (MMRV) vaccine = fully immunised)
- Travel within and outside the UK
- Member of an under-vaccinated population group
- Link with a confirmed case of measles

Diagnostic testing

Clinicians should take an urgent diagnostic PCR test*. This supports management of cases, and minimises impact on close contacts, the community and health care services.

* unless confirmed measles is endemic - widely circulating within the region.

MEASLES

Important Information

How to take a sample for measles PCR:

- A throat / mouth swab (ideally in viral transport medium; usually available from your local laboratory) OR
- A dry swab can be used to swab the inside of the throat / mouth, use the swab from a charcoal transport medium pack but **DO NOT** place in the charcoal transport medium. Please use a plain sterile container such as a universal container used for urine samples OR...
- Where throat / mouth swabs or dry swabs are not available, a urine sample; please use a plain sterile urine container without preservative.

Please send these samples urgently to the UKHSA Virology laboratory at Manchester Foundation Trust via your local laboratory. Results will generally be available within 48 hours of sample receipt in the laboratory.

Result enquiries should be sent to MFT.virology.helpdesk@nhs.net
If the enquiry is urgent, please contact:
0161 276 8854
(Monday - Friday 8.30am - 5pm and Saturday 8.30am - 12.00pm)

Notification

Measles is a notifiable disease and clinicians must inform local UKHSA health protection teams of suspected cases to facilitate timely public health action and urgent risk assessment of any vulnerable contacts.

Contact UKHSA North West Health Protection on

0344 225 0562 (both in and out of hours)

All suspected cases will be sent an Oral Fluid Test by UKHSA (via HPT), regardless of what local diagnostic testing is undertaken. The Oral Fluid Test is a non-urgent test and used for surveillance not rapid diagnosis.

Exclusion

- Suspected cases should be excluded from school, nursery or work for **4 days after the onset of rash**.
- Avoid contact with unvaccinated young children, susceptible pregnant women and immunocompromised persons during the infectious period.

Complications

The most common complications of measles infection are:

- Ear infections (otitis media)
- Pneumonia
- Severe diarrhoea and related dehydration.

Less common complications include:

- Convulsions and encephalitis
Serious consequences are more common in immunocompromised individuals.

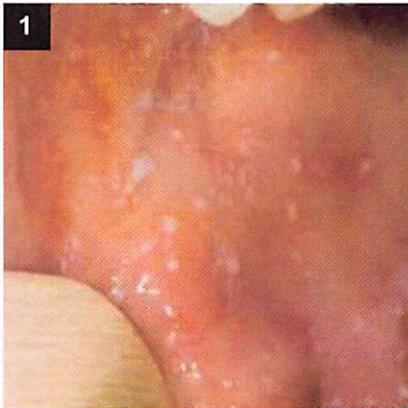
MMRV vaccination

Measles is vaccine preventable. Children receive two doses of the MMRV vaccine as part of the routine childhood immunisation programme.

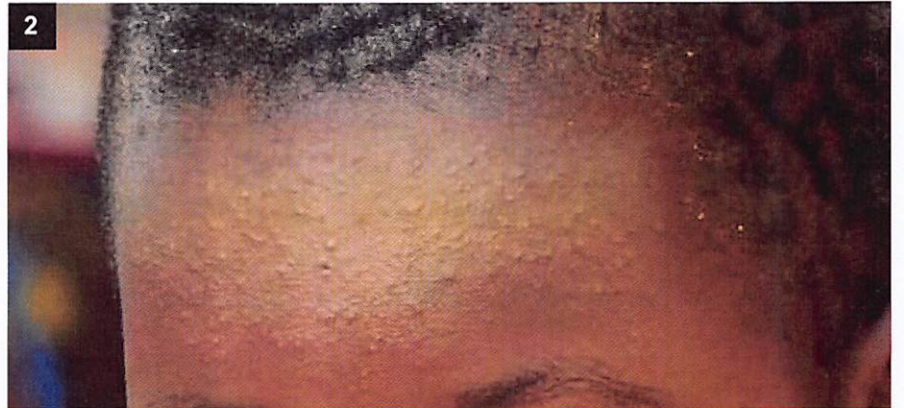
Continue to identify children and adults who are not fully immunised and advise them to contact their GP to arrange vaccination.

MEASLES

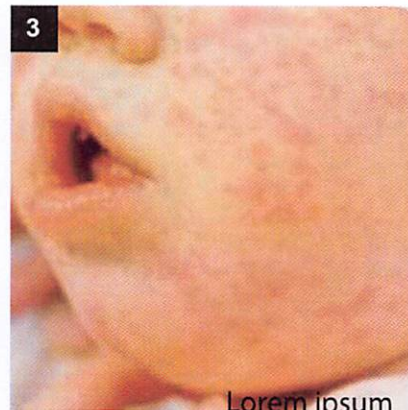
Important Information



1. Measles spots in the mouth



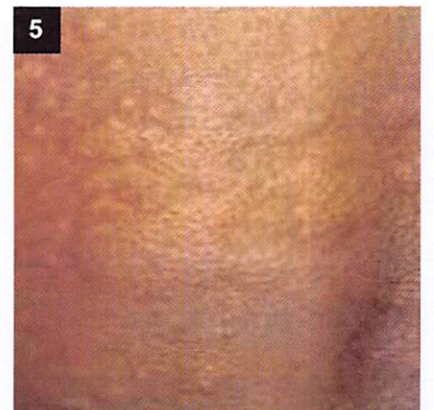
2. Measles spots on the forehead



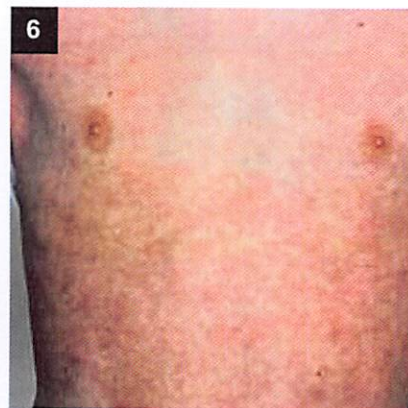
3 Measles spots on the face



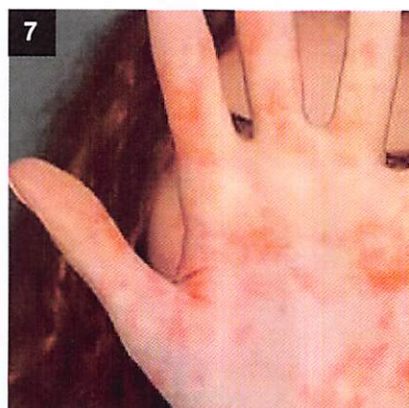
4. Measles spots - raised rash



5. Measles spots joined together



6. Measles spots on the torso



7. Measles spots on the palm of the hand



Scan above for further information

Lunch Menu

Week 1



W/C 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

MONDAY

Chicken Sausages
Served with Mashed Potato

TUESDAY

Margherita Pizza
Freshly Made Deep Pan Pizza

WEDNESDAY

Roast Chicken
Roasted Marinated
Chicken Thigh

THURSDAY

Swedish Meatballs
Chicken & Vegetable Meatballs

FRIDAY

Fish Fingers
Breaded Pollock Fish Fingers



Veggie Sausages

Served with Mashed Potato

Veggie Pizza al Pesto

Freshly made deep pan Pizza

Crispy Cheese & Lentil Bake



Vegan Swedish Meatballs

Homemade Veggie Meatballs



Vegetable Fingers

Crispy Breaded
Vegetable Fingers



SIDES

Peas & Carrots

Baked Potato Wedges &
Coleslaw or Salad

Roasted Potatoes, Carrots &
Sweetcorn

Creamy Mash & Green Beans

Chips & Baked Beans

SIDES

PENNE
PASTA WITH

Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



PENNE
PASTA WITH

< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



Apple Sponge & Custard



Jelly & Fruit Slices



Carrot & Cinnamon
Cookies



Fruit Salad

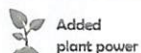


Chocolate & Vanilla
Shortbread



SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon
Key



Lunch Menu

Week 2



W/C 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

MONDAY

Sweet & Sour Chicken
with Noodles



TUESDAY

Margherita Pizza
Freshly Made Deep Pan Pizza

WEDNESDAY

Chicken & Potato Pie
Chicken pie topped with Mash



THURSDAY

Chicken Curry
Mild Chicken Curry.



FRIDAY

Fish Fingers
Breaded Pollock Fish Fingers



Chow Mein Noodles



Veggie Delight Pizza
Freshly Made Deep Pan Pizza

Shepherdless Pie
Vegetable & Bean Pie



Tikka Eat Curious
Mild Vegan Curry



Cheese & Onion Quiche
Fried Onion & Cheese Tart



SIDES

Green Cabbage

Baked Potato Wedges and
Coleslaw or Salad

Garden Mash, Green Cabbage
& Garden Peas

Wholegrain Rice & Broccoli

Chips & Baked Beans

SIDES

PENNE
PASTA WITH

Homemade Tomato
Sauce



Homemade Tomato
Sauce



Homemade Tomato
Sauce



Homemade Tomato
Sauce



Homemade Tomato
Sauce



PENNE
PASTA WITH

< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



Vanilla Sprinkle Sponge



Watermelon Sticks



Chocolate Crispy Cake



Fruit Bowls



Apple Flapjack



SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon
Key



Lunch Menu

Week 3



W/C 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

MONDAY

Chicken Tikka Biryani
Lightly Spiced Indian Classic



TUESDAY

Chicken Sausage Roll
Homemade chicken Sausage rolls



WEDNESDAY

Roast Chicken
Roasted Marinated Chicken Thigh



THURSDAY

Mac n Cheese
Really Cheesy Macaroni Pasta



FRIDAY

Fish Fingers
Breaded Pollock Fish Fingers (Salmon Or Pollock)



Sweet Potato & Chickpea Balti
Lightly Spiced Indian Classic



Homemade Cheese & Tomato Turnover
Puff Pastry Slice with Cheddar & Tomatoes

Cheesy Vegetable Bake
Butternut Squash & Parsnip



Vegetable Chilli
Spiced Vegetable & Bean Chilli & Rice



Pitta Pockets
Roasted Vegetables & Cheesy Pockets



SIDES

Wholegrain Rice & Sweetcorn

Wedges & Baked Beans

Roasted Potatoes, Broccoli & Gravy

Green Beans

Chips & Baked Beans

SIDES

PENNE PASTA WITH

Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



Homemade Tomato Sauce



PENNE PASTA WITH

< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



Jammy Crumble Slice



Fruit Bowls



Vanilla Ice Cream Cup

Jelly & Fruit Slices

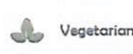
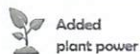


Rainbow Shortbreads



SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key





Online Safety Newsletter

April 2026

BBC iPlayer for Kids

Children under the age of 13 can have their own iPlayer profile, which includes content from CBBC, CBeebies and other suitable BBC programmes.

You can download the iPlayer app and then find out how to create a profile here:

<https://www.bbc.co.uk/iplayer/help/questions/about-the-childrens-experience/iplayer-child-experience>

Going on a long journey? The BBC have also compiled a list of shows and films as well as games and quizzes to make the journey go quicker:

<https://www.bbc.co.uk/cbbc/watch/best-films-games-and-quizzes-to-keep-kids-entertained-on-long-journeys>



Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleyclcs.org.uk/april-2026-primary/>

Age ratings in games

Age ratings exist to help protect your child as they show whether content is suitable for your child's age. Make sure you check the age rating of any game your child is playing.

Why should I check?

Not all games will be appropriate for your child. Some may appear child friendly due to fun or cartoon style graphics but still include unsuitable content. Age ratings consider factors such as violence, frightening content, bad language and/or in app purchases.



How can I check?

Most games are rated by PEGI (Pan European Game Information), who not only state the age you should be to play the game but also provide further content descriptors to give you an indication of the type of content that your child might encounter. Apps are rated by the App store/Google Play.

How can I stop my child from accessing a game they are not old enough to play?

You can set up **parental controls** to restrict access to games or apps that your child is not old enough to play and set restrictions so any downloads/purchases must be approved by you. For example:

- Nintendo – restrict software by age so if you restrict to 10+, games with that rating or above cannot be played by your child.
- Xbox / PlayStation – set an age limit so anything that exceeds that age rating must be approved.
- Apple / Google (Family Link) – restrict your child from installing apps, allowing you to review before approving all purchases.

What else do I need to do?

- Review any additional content descriptors, read reviews and check if the game includes any form of communication or in app purchases. This will help inform your decision as to whether the game is suitable for your child.
- For any game your child plays, set up appropriate parental controls.
- If you decide a game is not appropriate, explain to your child why. We know your child might feel peer pressure to play certain games, but explaining your reasoning will help them understand your decision.

Further information

- <https://www.ceopeducation.co.uk/parents/articles/gaming/>

Fake or Real? Know the Deal

Essex Police have launched a groundbreaking AI Safety Campaign in partnership with BT and EE to tackle the growing risks posed by artificial intelligence (AI) misuse and deepfake technology. This is the first time a UK police force is working directly with a global technology firm to provide practical advice to parents, guardians and young people.

AI technology offers incredible opportunities, but it also introduces serious risks when misused. Deepfake content – highly convincing, fabricated images or videos – can be used to exploit young people, sometimes without their knowledge. Artificially generated Child Sexual Abuse Material (CSAM) is one of the fastest-emerging crimes Essex Police is actively investigating.

The campaign is designed to help you understand:

- What deepfakes are and why they matter
- How to protect children from online harm
- What to do if an image is misused

Further information

Find out more here, including advice on how to protect your child:
<https://eephonesmart.co.uk/fake-or-real>

What is the Manosphere?

Have you seen the new Netflix documentary 'Louis Theroux: Inside the Manosphere' in which Louis Theroux interviews several 'influencers' that promote extreme / disturbing ideologies online. It is a shocking watch but prompts the importance of ensuring our children are protected from this content. In essence, the manosphere is against the empowerment of women and certain people promote these views and other harmful misinformation online via social media etc.

What should I do?

We need to develop critical thinking in our children and have age-appropriate conversations with them as explained in these two articles:

- <https://parents.actionforchildren.org.uk/feelings-behaviour/talking-about-feelings/talk-to-your-child-gender-equality/>
- <https://www.brook.org.uk/blog/4-ways-to-tackle-misogyny-among-young-people/>

Further information

- <https://www.unwomen.org/en/articles/explainer/what-is-the-manosphere-and-why-should-we-care>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.04.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership

How to set up parental controls on ChatGPT

Internet Matters have published an article detailing how you can link your own account to your child's account (they must be logged in) to set parental controls on ChatGPT.

You can read the article here:

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/chatgpt-parental-controls/>

WhatsApp update: Parent-Managed Accounts

WhatsApp have announced that they are rolling out the option of Parent-Managed accounts for those under the age of 13. The settings will include allowing you to choose who can contact your child and ensuring only you can add them to groups. Find out more here:

<https://faq.whatsapp.com/894871699629864>

Whilst, these features could be useful, it is important to emphasise that just because the option now exists, WhatsApp may still not be an appropriate platform for your child to be on. We often receive reports of issues, particularly with group chats on WhatsApp. Wayne Denner (online safety trainer) explains more here: <https://www.waynedenner.com/whatsapp-parent-managed-accounts-what-parents-need-to-know/>

AI and homework

AI can be a useful tool for helping children with homework both in understanding a topic and for research. However, please remember that it should not be used to complete tasks as this would constitute plagiarism.