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ST MARY'S CATHOLIC PRIMARY SCHOOL

NEWSLETTER

Welcome to a new month in school. It is just under three weeks to go now to the end of the school year.

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I think all members of our school community (parents, grandparents and other family members who work so hard supporting homework and organising children for each day, teachers and other staff who devote such a lot of time to preparing and organising lessons and of course the children who work hard and are the reason for all we do) are definitely ready for a rest now.

We have really noticed and are so very grateful for the constant support of parents throughout this school year.



July 2022

Classes for next year

Nursery: Mrs Whytock

Reception (Hope): Mrs Rowley

Reception (Grace): Mrs Linnane

Year 1 (Wisdom): Mrs Keevil (Reception Hope 2021/22 children)

Year 1 (Rosary): Miss Beckles (Reception Grace 2021/22 children)

Year 2 (Fatima): Miss O'Reilly (Year 1 Wisdom, (Mrs Keevil 2021/22 children)

Year 2 (Faith): Miss Sheehan (Year 1, Rosary, Miss Beckles 2021/22 children)

Year 3 (St. Cecilia): Miss Tanak (Year 2, Fatima 2021/22 children)

Year 3 (St. Bernadette): Mrs Falzone (Year 2, Faith 2021/22 children)

Year 4 (St. Paul): Ms Joseph (Year 3, St. Cecilia 2021/22 children)

Year 4 (St. Peter): Miss Soto (Year 3, St. Bernadette 2021/22 children)

Year 5 (St. Anthony): Mr Dixon (Year 4, St. Paul 2021/22 children)

Year 5 (St. Joseph): Miss Mullahy (Year 4, St. Peter 2021/22 children)

Year 6 (St. Catherine): Mrs Martin (Year 5, St. Joseph 2021/22 children)

Year 6 (St. Christopher): Mrs Brennan (Year 5, St. Anthony 2021/22 children)

We will say goodbye to Miss McAuley and Miss Morgan at the end of this school year as they will move to teach in schools nearer their homes. Mrs Choudhury will also move to teach in a new school in September. We are grateful for the time and care they have given to our children and wish them all well as they move on to develop their careers.









Monday 18th July - Last day of School Year for Year 6 (and for Reception -Year 5 pupils the last day in their current classes). Early Closing (12.45pm Infants,

1pm Juniors). OWN CLOTHES' DAY.

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<u>Tuesday 19th July</u> - Years 1-6 pupils for September 2022 (current Reception - Year 5 pupils) begin their time in their new classes.

Friday 22 July - Last day of term and school year. Early Closing (12.45pm Infants, 1pm Juniors). OWN CLOTHES' DAY.

Early Closing Days (Monday 18th July and Friday 22nd July)

Parents, as I know you are aware, there will be two early closing days in the last week of term.

On Monday 18th July the school will close early to enable the staff to prepare the classrooms for their new classes to start with them on Tuesday 19th July.

Y1+Y2 September 2022 pupils will finish at 12.45pm.

Y3-Y6 September 2022 pupils will finish at 1 pm.

The Nursery will be open in the morning and afternoon as usual on that day.

On Friday 22nd July the school will close early as is usual on the last day of the term. There will not be an afternoon Nursery on that day.

Y1+Y2 September 2022 pupils will finish at 12.45pm. Y3-Y6 September 2022 pupils will finish at 1pm.

Nursery AM (2021/22 group): 11.45 am

Year Group Addresses:

If you have any questions about your child's end of year report, need any support or just want to say hello please contact the teacher via the year group e-mail address or via the school address or call us at school. I know the teachers would be very happy to hear from you.

<u>nursery@stmarys.enfield.sch.u</u> k

reception@stmarys.enfield.sch .uk

year1@stmarys.enfield.sch.uk

year2@stmarys.enfield.sch.uk

year3@stmarys.enfield.sch.uk

year4@stmarys.enfield.sch.uk

year5@stmarys.enfield.sch.uk

year6@stmarys.enfield.sch.uk

You are also very welcome to make an appointment to see your child's teacher before the end of term if you wish to discuss your child's report.

Parking

Parking difficulties around the school tend to occur when children are being collected from / dropped off to school each day. I do understand how busy Durants Road can be but please make every effort to park responsibly (preferably away from Durants Road) as you drop off / collect your child each day.

I hope that during the rest of this school term all parents and carers will act in a responsible manner both for the safety of our children and a positive association with our neighbours. Thankfully so many already do and the numbers of pupils who are cycling and scooting have continued to increase over this school year which is absolutely wonderful. Thank you for your great support with this.



St Mary's Catholic Primary School Street

As I know you are aware Enfield Council are proposing a School Street for St Mary's between Alexandra Road and Bursland. A 'School Street' is an area transformed into a

pedestrian and cycling zone operating Monday to Friday during the school term, during set times at drop-off and pickup times.

School Streets aim to:

- ensure the safety of school students as they arrive to and leave school
- improve the air quality near the school, and
- encourage more young people to walk and cycle to school.

When the School Street zone is in operation during the designated hours, motor vehicles cannot pass through the zone, except for those who have applied and received a permit or exemption.

The proposed times of operation for the St Mary's Primary School Street are 8.15am to 9.15am, and 2.30pm to 3.30pm from Monday to Friday during the school terms only and will be operated manually using gates and marshals with the view to switching to a permanent camera enforced system in the future.

The statutory consultation ended on Sunday 19 June 2022 and we are currently waiting to hear when the next stage of the process will begin.

Further information on School Streets and how they operate can be found at https://letstalk.enfield.gov.uk/ SchoolStreets.

Development of School Building and Site - School Fund



I know you are aware we are always keen to keep our school building in good repair and to continue to improve our school site.

Remember your donations to the School Fund greatly assist the school in improving the facilities provided for all of the children.

Thank you to all who have made contributions this year. To date £9,151.00 has been collected in School Fund donations. For anyone who still wishes to make a voluntary contribution there is still time.



Wednesday Word

Have you started to read 'The Wednesday Word' yet?

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The Wednesday Word is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. The Wednesday Word seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a very special 5 or 10 minutes together each week.

We suggest Wednesdays for Family Time because it is the

day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

The Wednesday Word is currently available online:

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http://www.wednesdayword.org/index.html



Relationships and Sex Education (RSE)



This time last school year Relationships Education and Health Education became statutory in all primary schools in England. This as you know for us built on the non-statutory lessons we have always taught in RSE at St. Mary's.

As previously explained we decided to adopt Life to the Full by Ten Ten Resources. We actually originally purchased this programme for use in the 2019-2020 school year as we felt it supported the work the school was already doing but then the world went into lock down and other priorities took over.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

Please refer to the school website for the policy and curriculum for RSE.

www.stmarysenfield.co.uk/abou t-us/our-school-curriculum

As part of the subscription to Life to the Full an Online Parent Portal is provided for parents.

Parents should visit the following webpage

Online Parent Portal – Enter (tentenresources.co.uk)

The parent login is as follows:

Username: st-marys-en3
Password: lady-3

Oak Academy Online Learning Support

https://www.thenational.acade my/parents-and-carers Are you thinking about plans to support your children's learning over the summer?

All 10,000+ of Oak's existing free, editable and adaptable lessons remain available, each featuring teacher-led videos across 35 subjects from EYFS to Key Stage 4.

School Uniform

Thank you to the great number of pupils wearing the correct dark blue summer dress.

Remember it is fine for your child to continue to wear a grey skirt / trousers and polo shirt during the summer term.

Children are not encouraged to wear summer dresses which are not dark blue check (these other light blue dresses are actually the summer uniform of another school).

Some of the children are wearing short school uniform trousers which are a little cooler in the warm weather.

Please check your child's uniform. Sometimes children accidentally take home the wrong sweatshirts etc.

Try to ensure your child's name is on each item of uniform. During the summer children take off sweat shirts a lot more. If the sweatshirt is labelled it is much easier to return it to its owner.

It's good for children to be able to wear a hat during the summer when it becomes very warm. School hats (with neck protection flaps) are now available from the School Office for £3.00. Children are encouraged to wear these instead of other non - uniform baseball caps which are not permitted.

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On PE days children are able to wear their PE uniform. It must however be the correct PE uniform. Please ensure your child is wearing the correct joggers in school blue. Also your child must wear their school shoes and change into their trainers/plimsolls for their PE sessions.

Please note that children are not allowed to wear nail varnish or false nails. Rings, bracelets, necklaces must not be worn to school. Lines, logos, Mohican cuts, dye or designs in the hair are not permitted.

Thank you to the great number of parents who ensure their children wear the correct school uniform each day. The majority of children always look very smart.

School Dinners

School meals cost £2.50 per day / £12.50 per week (from September 2016).

Please pay in advance (at least a week in advance) online using the Parent Pay system or ask the Office staff for a Pay Point card.



Remember that if your child has school meals (and is not entitled to free meals) and you don't pay for them the school has to find the money to pay your debt. Always pay for your child's meals.

Your child may be entitled to free meals. To qualify for free school meals parents or guardians must be in receipt of:

- Income support
- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

Please contact the school office if you believe your child qualifies for free meals

Phone calls

Your child is welcome to phone home (in emergency only). We would welcome a voluntary contribution towards the cost

of any phone calls your child makes.



The Angelus

In the summer term we try to learn / say The Angelus each day at 12 noon in all classes from Year 2 (from summer term) - Year 6. This is a wonderful prayer which reminds us that God the Son became man in order to save

You might like to say this prayer with your child at home. It can be said in the morning. at noon or in the evening.

The Angelus

The Angel of the Lord declared to Mary: And she conceived of the Holy Spirit. Hail Mary...

Behold the handmaid of the

Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh: And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of

That we may be made worthy of the promises of Christ.

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Let us Pray.

Pour forth, we beseech you, O
Lord, your grace into our
hearts, that we, to whom the
Incarnation of Christ, your
Son, was made known by the
message of an angel, may be
brought by his passion and
cross to the glory of his
resurrection, through the same
Christ our Lord. Amen

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May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Christian Meditation

As you know the World
Community for Christian
Meditation (WCCM) has
worked to develop videos which
provide short meditation
sessions which children and
young people can participate in
whether in school or at
home. These sessions are
inspired by meditation in the
tradition of John Main OSB.

Full details are available here: https://www.cathchild.org.uk/meditation-with-childrenyoung-people/

Online Safety at Home

Children and parents: media use and attitudes report 2022 (Ofcom) Ofcom's latest report looks at media use, attitudes and understanding among children • and young people aged 3-17. It• also includes findings on parents' views about their children's media use, and how parents of children and young • people aged 3-17 monitor and • manage their children's use.

Key points from the report include:

Nearly all children went online in 2021 (99%); the majority used a mobile phone (72%) or tablet (69%) to do so.

Using video-sharing platforms (VSPs) such as YouTube or TikTok was the most popular online activity among children aged 3-17 (95%).

Among all types of online platforms, YouTube was the most widely used by children; 89% used it, compared to half using TikTok. But TikTok was more popular than YouTube for posting content.

A majority of children under 13 had their own profile on at least one social media app or site; 33% of parents of 5-7s said their child had a profile, and 60% of 8-11s said they had one.

Just four in ten parents of 3-17s knew the minimum age requirement for using most social media; 42% correctly said 13. Four in ten parents of 8-11-year-olds said they would allow their child to use social media (38%).

Six in ten children aged 3-17 played games online in 2021, increasing to three-quarters of 12 - 17s.

More than a third of 8-17s who gamed online played with people they didn't know (36%); overall, 16% of 8-17s chatted to people they didn't know, via the messaging/ chat functions in games.

Children were more likely to experience being bullied via technology than face-to-face: 84% of 8-17s said they had been bullied this way (i.e., via text or messaging, on social media, in online games, through phone or video calls, or via other aps and sites) compared to 61% being bullied face-to-face.

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You can download the report here: https://www.ofcom.org.uk/research-and-data/media-literacy-research/childrens/children-and-parents-media-use-and-attitudes-report-2022

Digiduck Stories (Childnet)

The five stories in the Digiduck series were created to help parents and teachers educate children aged 3-7 about online safety. The collection includes a ebooks,

PDFs, a poster and an interactive app.

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visit.

As well as the books, there is a Digiduck Activity Menu, that can be found

here: https://www.childnet.co m/resources/digiduck-stories/



You might also find the following links helpful:

<u>Jessie Friends videos</u> (thinkuknow.co.uk)

Parent guides | Parent Zone

Future Dates

Thursday 14th July - Year 6 Leavers' Mass, 9.30am in the church. Leavers' BBQ and Disco, 5-6.30pm.

Friday 15th July - Children visit their new September classes AM.

Monday 18th July - End of Year Class Parties. Last day of School Year for Year 6. Last day for Reception - Year 5 pupils in their current classes.

Early Closing (12.45pm Infants, 1pm Juniors). Own Clothes Day.

Tuesday 19th July - Year 1
Year 6 pupils (September 2022) begin their time in their new classes. New Reception pupils and parents visit.

Wednesday 20th July - New Reception pupils and parents

Thursday 21st July - New Reception pupils and parents visit.

Friday 22nd July - Last day of School Year. Early Closing (12.45pm Infants, 1pm Juniors). OWN CLOTHES' DAY.

Thanksgiving for the School Year: School Mass (in memory of Daniel Evans and Mary Ireton) at 9.30am in Church for Years 2-6.

New Reception pupils and parents visit AM.

No afternoon Nursery session today.

* Please note that dates may change as the year progresses. I apologise in advance for any inconvenience this may cause.

Attendance

Thank you for your support in trying to build our attendance up to our excellent prepandemic levels.

Our target is for 98% attendance (our absence was 4.12% at the end of the summer (first half-term) - this is higher than we would like it to be).

The classes with the highest attendance from the beginning of the school year until the 1st July were:

- 1. 98.66%-Y4, St. Paul
- 2. 96.87%-Y1, Rosary
- 3. 96.74%-Y5, St. Joseph
- 4. 96.68% Y6, St.
 Catherine
- 5. 96.59%-Y3, St. Bernadette

96.54%-Y3, St. Cecilia

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- 7. 96.39%-Y5, St. Anthony
- 95.97%-Y6, St. Christopher
- 9. 95.88%- Y1, Wisdom
- 10. 95.48%-Y4, St. Peter



Best Wishes

Thank you so much for the support you have shown both to me and to the staff of St. Mary's over the last year. It is greatly appreciated by everyone in school always.

Thank you children for making every day in school interesting, enjoyable and different.

I hope you have a safe and happy time over the summer.

I look forward to seeing you all on Monday 5th September ready for a new school year.

Good luck in your new schools Year 6! You have been an excellent group all the way through school. As we have said to you many times, we are so proud of all of you and your secondary schools will be so lucky to have you as part of their community in the new academic year. We will miss you.

Miss M Creed Headteacher

Dates for 2022-2023 School

Academic Year 2022 - 2023 Autumn Term

Thursday 1st September -Friday 16th December 2022 Half - Term Monday 24th October - Friday 28th October 2022

Spring Term

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31st March 2023 Half -Term Monday 13th -Friday 17th February 2023 Summer Term

Tuesday 3rd January - Friday

Monday 17th April - Friday 21st July 2023

Half - Term Monday 29th May -Friday 2nd June 2023

May Bank Holiday: Monday 1st May 2023

INSET Days

Thursday 1st September 2022 Friday 2nd September 2022 Monday 20th February 2023 Tuesday 2nd May 2023 Monday 12th June 2023



ADMISSIONS FOR ACADEMIC YEAR 2022/2023

Due to the fact that there are now fewer pupils in London (decrease in the population of children) and the issues with finding affordable places to live we currently have places in our Nursery, Reception, Year 1 and Year 3 2022/23 school

year groups and some places in some of our other year groups.

Thank you parents for recommending our school and helping to build up our pupil numbers. Please continue to do this. We need your help!

From our School Inspection Reports:

'The leadership team has maintained the good quality of education in the school since the last inspection...Pupils make good progress from their various starting points...Their willingness to come to school is evident in their well above average rates of attendance...You have successfully maintained the above-average attainment by the end of Year 6 in reading, writing and mathematics... Teachers form good relationships with pupils, providing them with a wealth of interesting activities across the curriculum. Pupils concentrate well in class and are keen to work with each other...Pupils say they feel safe at school and know how to avoid danger in the wider community' (OFSTED Inspection, June 2018).

'A. Classroom religious education is outstanding

The school has adapted and developed the themes of the Religious Education Curriculum Directory in an excellent manner to meet

the learning needs of the pupils of St Mary's.

- The religious education programme in use fully delivers this content and the use of De Bono system in religious education pushes pupils to develop their understanding further.
- After carefully analysing the needs of their pupils, the school has developed a curriculum and teaching programme that has reached outstanding achievement by the pupils in religious education.
- Teachers have high expectations and plan lessons that deepen pupils' religious literacy.
- Since the last inspection, staff confidence in recording and assessment has been demonstrably achieved with the evidence of the clarity and confidence on the part of the staff in planning imaginative lessons based on the religious education programme followed in the school.
- The headteacher is also the religious education curriculum coordinator and she takes the closest interest in developing the excellent teaching and learning of religious education in the school.
- The chair of governors is a recent appointment but with her years of experience on the

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governing body she is clear in her role of both support and challenge in pursuing the special responsibility of governors of a Catholic school.

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B. The Catholic life of the school is outstanding

- The curriculum fully conforms to the classroom curriculum time of at least 10% for religious education and teaching is fully in line with the requirements of the Bishops' Conference.
- The previous inspection asked the school to develop pupils' understanding of Catholic Social Teaching and to help pupils understand the ethics of the market place and fair trade. The school has fully addressed these priorities, both in their classroom teaching and in the encouragement offered when choosing charities to support.
- The pupils of St Mary's enjoy an outstanding experience of prayer, liturgy and Catholic worship.
- Pupils and staff have a deep understanding of the call to 'human flourishing' and are given opportunities to

- develop and celebrate their gifts and talents.
- Partnership with the parents is excellent; they appreciate and support all that the school provides for their children.
- The leadership and management of the school are very effective in promoting the Catholic life of the school. The head is strong and devoted in providing both oversight and support on all aspects of Catholic life. The contribution and regular visits of the parish priest provides a strong and stable reinforcement of the foundational position of Catholicism in the life of the school' (OFSTED Section 48 Inspection, September 2019).







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Dear God,

We thank you for giving us your peace.

Help us to spread peace at home by loving and caring for one another.

Help us to spread peace by listening to one another, even when we don't agree.

Help us to spread peace by sharing our time with those who are lonely and who need a friend.

Help us to spread peace by thinking and praying for children who have no food or who are frightened and live in fear.

Let us pray every day for peace for our families, for our friends and for ourselves.

Amen.



St. Mary's Catholic Primary School

EYFS Topic 6: The Good Samaritan

Summer Second Half-Term 2022





Religious Education

Topic Theme: A Virtuous Life

This unit is intended to complete the Year C cycle and the academic year. It follows on from the previous unit and the concept of *caritas* to explore more fully Church teaching on the cardinal virtues. This unit continues to present Luke's Gospel as its source by teaching the story of the Good Samaritan as a model for a virtuous life.

Learning opportunities include:	Monitoring opportunities:	
 Coming to know that God loves each one always and at all times 	Students' development will be	
 Hearing about God's wonderful world 	monitored through observation and	
 Coming to know that Jesus helps us to choose the good 	the collection of work samples for	
 Respecting each other, respecting adults 	their portfolio.	
 Forming and experiencing good relationships with peers and with 		
adults in the school community		
 Considering ways in which a Christian family and parish share and 		
celebrate life and show care for one another.		

Affective and Spiritual Dispositions

It is hoped that pupils will develop:

- A sense of a virtuous (good) person
- · An openness to the virtues that are presented
- A willingness to try and live these virtues

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- Talk to your child/children about the story of the Good Samaritan. Encourage members of the family to care for your 'neighbours' as the Samaritan does.
- Celebrate your care of each other by making a point of noticing the action of others. Make cards to send to people you care for.



Prayer Activity

Pray with your children at bedtime.

Loving God, you taught us to care for others as the Samaritan did. We pray for doctors and nurses and other people who care for those who are sick. Help us to take care of people we see who need our help and care. We ask this through Jesus who taught us in his stories. Amen

St. Mary's Catholic Primary

Religious Education Newsletter for Summer 2022





(second half-term) - Nears 1-6

Religious Education

Key Idea: The Good Samaritan

This resource completes study of the Gospel of Luke by examining one of his most favoured texts, the Good Samaritan, and by relating the actions of the Samaritan to the cardinal virtues. The resource concludes with an investigation of St John Southworth and by asking the eternal question, who is my neighbour?

Attitudes and Spiritual Dispositions

Spiritual Outcomes: *It is hoped that pupils will develop:*

- A sense of a virtuous person
- An openness to the virtues that are presented
- A willingness to try and live these virtues

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

The virtues of prudence, justice, courage and restraint sound as if they have come from another
era! However, the notion that we should think before we act, and consider before we speak is one
that has real relevance in today's world. Talk to your children about the kind of people you want
them to be: and the need to practise being thoughtful about, and perhaps even containing, our
behaviours.

An idea for prayer at home



Prayer Activity

Lord Jesus,

You challenged the lawyer to consider the Samaritan as someone who loved his neighbour, in a time when they were outcast and condemned. Help us to see those who we find hard to like as among those we are invited to love and care for. Help us to learn to think before we act or speak your name, Amen.





Online Safety Newsletter

July 2022

TikTok

fou must be over 13 years of age to use FikTok. Some of the videos on TikTok may contain explicit language and sexual magery, which may not be suitable for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure the appropriate security/privacy settings are on.

We recommend setting the account as private (this is the default setting for users under 16 since Jan 2021). Even with a private account, your child's profile information such as their photo are still visible so ensure your child understands the importance of not adding personal information (e.g. location, age and phone numbers) to this area. This article explains now you can strengthen your privacy settings and what features are turned off by default for accounts for children aged 13 – 15: https://newsroom.tiktok.com/en-is/strengthening-privacy-and-safety-for-youth

amily Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode (limit the appearance of inappropriate content) and screen time management. You can find out more here:

https://www.tiktok.com/safety/en/guardi hns-guide/

3locking and Reporting

g/bullying-prevention/

nsure your child knows how to use these eatures.

Bullying on TikTok

Make sure your child knows that help is always available. This article makes tuggestions on appropriate settings as well as how to deal with bullying: https://www.tiktok.com/safety/en-

WhatsApp

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages and videos.



Group chats: One of the key features is that

WhatsApp has a group chat function that are set up by one person (the admin). Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group.

In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable.

Location sharing: If switched on, then when you share images/videos, it will show the location of where they were taken. This can be switched off in your phone settings. There is also a Live Location feature which allows you to share your location. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report.

Online Bullying: WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from BullyingUK, which talks about what to do if you are being bullied: https://www.bullying.co.uk/cyberbullying/what-to-do-if-you-re-being-bullied-on-a-social-network/

Be Kind: How we behave online should be the same as how we behave face to face. This YouTube video from Dr Linda Papadopoulos tells us how we can encourage our children to be kind online: https://www.youtube.com/watch?v=1BqKi3J7g6Q

Further information

https://www.whatsapp.com/safety/

Users of this guide do so at their own discretion. No liability is entered into.

Current as of the date released 1.07.22.

Sendit

Have you heard of Sendit? It allows users to play games together and links with Snapchat. Although rated as 12+ by the App store, Sendit state on their website that the app was made for 17+. If you know that your child is using this app then you can contact Sendit to ask them to disable their account. The app does contain in-app purchases ranging from £0.89 to £25.99 so ensure payment details are not stored/accessible on your child's device to avoid unexpected bills.

Further information

https://www.getsendit.com/parents

Online Challenges/hoaxes

"The internet and social media provide a perfect platform for hoaxes, especially hoaxes about challenges or trends that are said to be harmful to children and young people to be spread quickly. You should carefully consider if a challenge or scare story is a hoax. Generally speaking, naming an online hoax and providing direct warnings is not helpful. Concerns are



often fuelled by unhelpful publicity, usually generated on social media, and may not be based on confirmed or factual occurrences or any real risk to children and young people."

https://www.gov.uk/government/publications/harmful-online-challenges-and-onlinehoaxes/harmful-online-challenges-and-online-hoaxes [Accessed 27.6.22].

Reassure your child that challenges that suggest that bad stuff will happen if they do not complete the tasks are not real.

It is important to talk to your child about hoaxes and challenges that may appear on the internet. Some challenges are fun and provide no risk, however there will be challenges that are risky/dangerous. Your child may see others complete certain challenges online without being harmed and therefore may want to repeat them and not weigh up the potential risks to themselves. Make sure they know that they should talk to you about what they see online, particularly if they plan to try a challenge or if something scares or upsets them.

The following links will provide you with further information as well as content to help you talk to your child:

- https://www.thinkuknow.co.uk/parents/articles/theres-a-viralscare-online-what-should-i-do/
- TikTok have produced this resource to help you talk to your child about challenges and the potential risks: https://www.tiktok.com/safety/en-sg/online-challenges/.

YouTube

YouTube is intended for users over the age of 13, however the App store rates YouTube as 17+ due to the content that can be found on there.

How can I make YouTube safer?

- Turn on Restricted mode as this restricts the availability of mature content. You will need to set up a Google account to do this.
- Explore YouTube together and see what they like to watch. Make sure your child understands that they can talk to you if they see anything that makes them feel uncomfortable online. - Ensure your child knows how to repor
- inappropriate content.

YouTube Kids

YouTube recommends that YouTube Kids is used for children under the age of 13. Find out more here: https://support.google.com/youtubekid s/answer/6172308?hl=en-GB

Posting videos

You should be over 13 years of age to post videos. Talk to your child about posting videos, do they understand what information they should keep private? Check out these tips: https://support.google.com/youtube/a nswer/2802244?hl=en-GB

Screen time

We often spend too much time online, so it is important to set limits to ensure a balance between being online and offline. It is recommended that devices are switched off prior to bedtime and not left in their bedroom. You can read more about screen time based on your child's age from Internet Matters: https://www.internetmatters.org/issue s/screen-time/

Comments

If you see an inappropriate comment, then remember to report it. You can also turn off comments on videos that you post.

Further information

Access the social media hub set up by Internet Matters here: https://www.internetmatters.org/resou rces/social-media-advice-hub/



Date: June 2022

Dear Parent/Guardian

Has your child had their pre-school immunisations?

If your child is aged between three and five years old, they should be up to date with their immunisations before starting school. These pre-school immunisations (also known as vaccinations) will help protect your child against serious diseases.

The table below shows the pre-school immunisations that your child will be offered by your GP. Once your child starts primary school the flu vaccine will be offered to them each year in school.

Vaccine	How it is given	Comments
Diphtheria, tetanus, pertussis (whooping cough), polio	One injection	This is a booster dose of the vaccine your child had as a baby.
Measles, mumps and rubella (MMR)	One injection	This is a second dose of the MMR vaccine. (If your child has not had the first dose yet, it should be given now and they should have their second dose one month later.)
Flu	Nasal spray	This will be given in the autumn/winter by the immunisation team at the school. Children who cannot have the nasal spray for medical reasons will be offered a vaccination by injection.

If your child missed any of their immunisations as a baby or toddler, this is a good time to ask your GP practice or clinic about catch-up doses. It is never too late to have your child immunised.

To make sure that your child is fully protected, contact your GP or Practice Nurse for an appointment. For more information you can also visit www.nhs.uk/vaccinations and 4- in-1 pre-school booster overview

or call the free NHS helpline 111. This link, <u>Pre-school immunisation booklet</u>, is a guide to the booklet pre-school immunisation from two years old until starting primary school.

There are also a few useful guidelines to help you and your family learn about what else you can do to help prevent the spread of infections in schools:

- e-Bug https://www.e-bug.eu/
- Health protection in schools and other children care facilities
 <u>https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities</u>
- Health protection in schools and other childcare facilities/exclusion table
 https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/exclusion-table

Yours faithfully,

Dr Yvonne Young

Consultant in Health Protection

Acting Deputy Director - Health Protection - London

UK Health Security Agency



Parents & Carers

My Ref:

Your Ref: DSA/PN/da

Date: 30th June 2022

Dear Parents and Carers

The UK Health Security Agency [UKHSA] has an ongoing programme of monitoring sewage [wastewater] for potential infectious threats to health in England. One of the London sampling sites has detected the Polio virus on a number of occasions and this has resulted in a National Alert, which has been reported in the mainstream media.

What is "Polio"

"Poliomyelitis" is a virus which can cause mild symptoms such as headache, stomach upset and exhaustion but can also cause severe symptoms such as stiffness of the neck / back, fever, meningitis, or paralysis.

Transmission is through contact with poo of an infected person or when an infected person coughs or sneezes. Therefore, respiratory hygiene is important as is hand washing and cleaning.

The incubation period ranges from 3 to 21 days. Polio virus hangs around in people for longer than most viruses and it can be excreted for three to six weeks.

Vaccination is very effective in preventing infection and transmission and has been used in the UK for 70 years.

What is the National Alert doing?

Primary and Acute NHS providers have been alerted to be on the look-out for potential symptoms of the illness and parents of children *known* to be unvaccinated will be contacted to arrange for them to update their child's level of protection.

Tony Theodoulou Executive Director People Enfield Council Civic Centre, Silver Street Enfield EN1 3XY

What do we need to do? Make sure you and your family are vaccinated.

- 1. Check that you and your family (both adults and children) have received vaccination. This are offered as a baby, before children start school and at 14 years of age.
- 2. If you have not been vaccinated, contact your GP to receive vaccination.
- 3. Ensure your child receives *all* their recommended protective vaccinations. If you are traveling to a part of the world where polio may be endemic, then make sure you have an up to date booster.

The uptake of the three polio vaccine shots in the first year of life in the UK is good but lower in Enfield for pre-schoolers and teenagers.

Yours faithfully

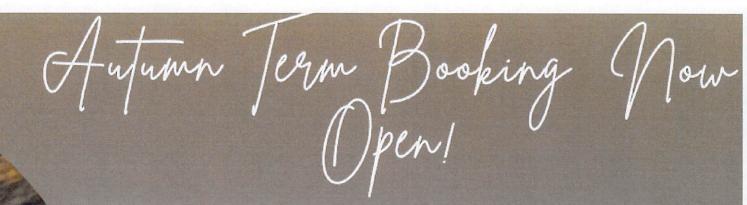
Dudu Sher-Arami Director of Public Health London Borough of Enfield

DE New Arams

Peter Nathan
Director of Education
London Borough of Enfield

P. Natha

Enfield Council has launched a series of 14 e-newsletters covering a range of topics that provide residents with more frequent Council news and service updates. More than 40,000 people have already signed up, make sure you're one of them. You can register at www.enfield.gov.uk/enewsletters



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You can make your booking from our website: www.stickyfingersenfield.co.uk

Use code 'Sticky10' when booking

New parents will need to fill in our registration form and pay our registration fee.

CONTACT US FOR FURTHER DETAILS

07732385075

WWW.STICKYFINGERSENFIELD.CO.UK

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