

ST MARY'S CATHOLIC PRIMARY SCHOOL



NEWSLETTER

September 2021

"Everyone directly involved in the school is a part of the school community: teachers, directors, administrative and auxiliary staff. Parents are central figures, since they are the natural and irreplaceable agents in the education of their children. And the community also includes the students, since they must be active agents in their own education." (From 'The Religious Dimension of Education in a Catholic School', 1998, n32)



Our school received an overall effectiveness of outstanding for Religious Education and outstanding for the Catholic Life of the school (OFSTED Section 48) in September 2019. As you know our school's standards over time were also assessed by Ofsted in June 2018 and found to be good.

Thank you parents for your valuable support for the school always which definitely assisted us in receiving these very pleasing judgements.



Welcome to a new term and year at St. Mary's. It was so lovely to see the children come back safe, refreshed and happy this week. I hope that everyone had an enjoyable summer break despite the continued restrictions caused by the coronavirus. A very special welcome to all families who are starting with us this term.

Where can I find out more about St. Mary's School?

If you visit www.ofsted.gov.uk and click on 'Inspection Reports' you can access the full inspection report for our school.

Also if you visit the website for the Diocese of Westminster at www.rcdow.org.uk and click on 'Find a School' you can read the full Section 48 inspection report for our school (I know many of you are aware that our school is also inspected by inspectors from the Diocese of Westminster).

Classes for this new school year

Nursery: Mrs Whytock and Mrs Linnane

Reception (Hope): Mrs Rowley

Reception (Grace): Mrs Healy

Year 1 (Wisdom): Mrs Keevil
(Reception Grace 2020/21 children)

Year 1 (Rosary): Miss Beckles
(Reception Hope 2020/21 children)

Year 2 (Fatima): Mrs Choudhury (Year 1 Wisdom, (Mrs Keevil 2020/21 children)

Year 2 (Faith): Miss Morgan (Year 1, Wisdom, Mrs Choudhury and Mrs Vigor 2020/21 children)

Year 3 (St. Cecilia): Miss Sheehan (Year 2, Faith 2020/21 children)

Year 3 (St. Bernadette): Mrs Falzone (Year 2, Fatima 2020/21 children)

Year 4 (St. Paul): Ms Joseph (Year 3, St. Cecilia 2020/21 children)

Year 4 (St. Peter): Miss Soto (Year 3, St. Bernadette 2020/21 children)

Year 5 (St. Anthony): Miss McAuley (Year 4, St. Paul 2020/21 children)

Year 5 (St. Joseph): Miss Mullahy (Year 4, St. Peter 2020/21 children)

Year 6 (St. Catherine): Mrs Martin (Year 5, St. Anthony 2020/21 children)

Year 6 (St. Christopher): Mrs Brennan (Year 5, St. Joseph 2020/21 children)



If you have any questions about the work, the organisation of the classroom, need any support or just want to say hello please contact the teacher via the year group e-mail address or via the school address or call us at school. I know the teachers would love to hear from you.

Staff will also be in the playground at the end of the school day if you need to check anything. Remember please to practise social distancing as much as you can.

Year Group Addresses:

nursery@stmarys.enfield.sch.uk

reception@stmarys.enfield.sch.uk

year1@stmarys.enfield.sch.uk

year2@stmarys.enfield.sch.uk

year3@stmarys.enfield.sch.uk

year4@stmarys.enfield.sch.uk

year5@stmarys.enfield.sch.uk

year6@stmarys.enfield.sch.uk

New Staff

A warm welcome to the new staff who have joined us (very few this year). We hope they will enjoy their time with us. I know the

children have already made them feel very welcome.



School Organisation

It is so wonderful to again have all of our children back in school. We pray that there will not be a need for any further lockdowns. I know you are aware that there is still quite a bit of coronavirus around.

Some aspects of the way that the school works will continue to be different purely for safety reasons, and although we have thought through how we do things very carefully, I know you know that we may change the way we do things as we go along if we find a better or even safer way or if coronavirus levels escalate. Please continue to be patient with us.

As restrictions have now been formally lifted we are starting the term with a return to normal school times:

Reception (once their induction is completed), Years 1 and 2: 8.45am-3pm (lessons begin at 9am)

Years 3-6: 8.45am-3.15pm (lessons begin at 9am).

Children will enter the school site via the gate next to the bicycle shed (gate used by

Years 3-6 before the summer break).

Parents will collect from the playground at the end of the day as was the practice before Covid. Please do your best to move right into the playground as once you turn the corner at the end of the building the area is narrow and if you stand or sit there you will block the way for others.

Space is limited in our playground as you know so try your best to be patient with one another and with the school staff.

We are continuing many of the practices which were in place last school year for the health and safety of our school community:

Children wash their hands at the beginning of the day before they start school and then regularly during the day. Sanitising liquid continues to be available in rooms and corridors as it was before the lockdown.

Children are encouraged as before to bring a bottle of water to school and will be encouraged to drink from it rather than from the drinking fountain. The children are allowed to fill up their water bottles during the day.

All touch points, surfaces etc are wiped down regularly

during the day to minimise the spread of germs.

Your child will not be in a year group bubble but will be encouraged to make use of the new covered canopy along the outside of the school when moving around to reduce the time spent in crowded corridor spaces.

Parents, although we continue to be extremely careful in school, washing our hands before and after we touch any letters, packs etc. which go home and keeping handling to an absolute minimum please ensure that you / your child washes your/their hands after touching anything which you receive from school as you would do with any post or delivery to your home. You might consider having a box just inside your front door for any uniform, school bags etc. so that everything is wiped down before it is brought in. We will try to scan and email as much as possible too to avoid too many bits going home.

Please remember that if you are coming into the school building we require you to wear a face covering (or if exempt please wear a visor) and sanitise your hands.

If you are visiting the school office at the end of the day please access the office from

the front of the building via the main entrance.

Wednesday Word

Have you started to read 'The Wednesday Word' yet?

The Wednesday Word is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a very special 5 or 10 minutes

together each week.

We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

The Wednesday Word is currently available online:

<http://www.wednesdayword.org/index.html>



100% Attendance for 2020-2021 School Year

90 (89 in 2019-2020) pupils had 100% attendance! Well done children and parents! This is excellent!



153 children had 100% attendance in the summer term! Well done!

The Angelus

In the autumn term we try to learn / say The Angelus each day at 12 noon in all of our junior classes from Year

3 - Year 6. This is a wonderful prayer which reminds us that God the Son became man in order to save us.

You might like to say this prayer with your child at home. It can be said in the morning, at noon or in the evening.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.
Hail Mary...

Behold the handmaid of the Lord:
Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh:
And dwelt among us.

Hail Mary...
Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us Pray.
Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may be brought by his passion and cross to the glory of his resurrection, through the same Christ our Lord. Amen.

May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Online Safety at Home

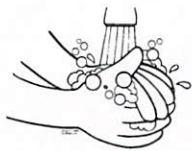
You might find the following link helpful:

<https://www.kidsonlineworld.com>

This site has been created by ECP, the company which has provided our staff safeguarding training for many years and has provided numerous sessions of online safety for our children and parents. This company also provides training on behalf of the local authority and to many different business and community groups.

There is some really useful help to understand apps, games and parental controls.

Handwashing Advice



We know that it is essential that everyone continues to wash their hands more often, using soap and water for at least 20 seconds. Hand washing with soap employs mechanical action that loosens bacteria and viruses from the skin, rinsing them into the drain. Drying hands afterwards makes the skin less hospitable to the virus. Hand sanitiser can be effective if soap is not available or the situation makes using soap less feasible (i.e. when outside) but using hand sanitiser provides none of the virus-destroying friction that rubbing your hands together and rinsing with water provides.

The latest guidance and video on hand washing can be found at: <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

Safer travel guidance for children

It is now the law that you must wear a face covering when travelling in England on public transport including a bus, coach, tram or train. Where travel with children is necessary, such as to an

education setting, consider whether children could walk or cycle, accompanied by a responsible adult or carer, where appropriate. Face coverings should not be used by children under the age of 3, for safety reasons.

The Department for Transport's updated guidance can be found here:

<https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>

What is mental health?

We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods.

Looking after our mental health is important. We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long.

Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.

<https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>

Christian Meditation

We appreciate what a challenging time this continues to be for many children and their families.

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here: <https://www.cathchild.org.uk/meditation-with-children-young-people/>

Participating in Mass online

As you are probably aware there is still no obligation to attend Mass on Sunday (this obligation was lifted due to the pandemic). Having said that I know that many of our families are now attending Mass again each week.

Please see the website for the Diocese of Westminster <https://rcdow.org.uk/> for links to online Masses and further information or follow the links on our school website (Religious Education page or Parents' page).

Since Saturday 4th July 2020 there has been live streaming of our parish services, The link is:

<https://www.churchservices.tv/enfield>

Support for Prayer

- Sunday Liturgy for Families -

<https://www.tentenresources.co.uk/sunday-liturgy-for-families>

Father John has asked me to remind you that the church is now open each morning from 8.15am to enable families / parents to call in to pray.

Uniform

Please read the attached list. Uniform can be purchased online by logging onto ParentPay and clicking on the school shop link. Items purchased will be available for collection from the school office.

Please ensure that your child's clothing is labelled. Labelled clothing when found can be returned to its owner while unlabelled items generally remain in lost property. Please encourage your child to wear the correct uniform including socks and hair colours and to leave jewellery at home.

If it is very warm your daughter is more than welcome to wear her summer dress if she prefers.

If you do decide to let your daughter wear trousers please buy tailored trousers. Your daughter will not be allowed to wear any other kind in school.

Uniform is part of our identity at St. Mary's. Thank you to all of the children (and their parents) who have come back to school wearing neat correct uniform.

Hair

Please ensure long hair is tied back in school colours only (blue / black / white). **No highlights, designs, lines or dyes** to be put in hair please. Mohican hairstyles are **not** permitted.

Nails

False nails or nail polish are **not** permitted in school.

Own Clothes' Day - July 2021

£156.07 was donated. Thank you children and parents.



Development of School Building and Site - School Fund



We have had a continuous programme of updating and improving our school site over the last 20 years.

Four years ago during the summer break we had new lighting fitted in the Reception and Year 1 classes as well as in the main corridor and offices. We also replaced a number of older ceilings.

Three years ago we replaced the roof covering to the school kitchen.

During the summer holidays two years ago we renewed the toilets for the Reception children.

Last year during the summer half-term we had the ground floor carpet replaced and renewed some of the older interactive boards.

This year we had our new canopy installed during the summer break and prior to that had the new climbing frame installed in the playground.

Remember your donations to the School Fund assist the school in improving the facilities provided for all of the children. This is part of your commitment to the wider community and Catholic Education.

Thank you to all who made contributions last school year.

Your support for the School Fund will make a real difference to what we are able to do for the children.

School Fund costs £2.00 per week / £25.00 per term / £76.00 per year for one child. For two children School Fund costs £2.50 per week / £32.00 per term / £95.00 per year.

If you have three children in the school School Fund costs £3.00 per week / £38.00 per term / £114.00 per year.

If each family in our school paid its School Fund for one year we would have at least £20,000 in donations! This money would make a real difference to our school and to our provision for the children.



Play Equipment

Parents please support the school by **not** allowing your children (including toddlers) to play on the playground equipment at the end of the school day. This request is made purely for health and safety reasons.

Children are also asked not to cycle or use their scooters / bicycles / tricycles while on the playground after school. As the area is very crowded it is easier and safer for all if children walk with their bikes or scooters until they leave the school premises.

Parents / childminders please keep your children with you once you have collected them from the classroom / teacher. Thank you as always to the great number of parents who are very supportive of all school requests. We have only noticed a minority of pupils doing the wrong thing. With the support of their parents or child minders this will easily be sorted out.

Open Afternoon (Years 1-6)

There will be an opportunity to meet your child's class teacher during the week beginning on Monday 13th September. Each teacher will give a talk on the routines and practices in the classroom, arrangements for homework etc. You are very welcome to attend.

Please wear a face covering when entering the building (or if exempt please wear a visor)

Wednesday 15th September,
3.30pm: Year 2 and Year 1

Thursday 16th September,
3.30pm: Year 5 and Year 3,
3.30pm

Friday 17th September,
3.30pm: Year 4 and Year 6,
3.30pm

School Dinners

School meals cost £2.50 per day / £12.50 per week (from September 2016).



Please pay in advance (at least a week in advance) online using the Parent Pay system or ask the Office staff for a Pay Point card.

Remember that if your child has school meals (and is not entitled to free meals) and you don't pay for them the school has to find the money to pay your debt. Always pay for your child's meals.

Your child may be entitled to free meals. To qualify for free school meals parents or guardians must be in receipt of:

- Income support

- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

Please contact the school office if you feel your child qualifies for free meals.

Holidays and Absences

I would urge you to try not to book holidays during term time as time away from school can unsettle children and affect their progress. **I regret that we are unable to authorise time off during the term which is requested for holidays.**

Any requests for time off (special circumstances will only be considered) must be put in writing in advance to the Headteacher.

It is not school policy to provide homework for absence during term time.

We are required to ask for a written note to explain any absence from school.

Some Dates for this term

Thursday 2nd September: Staff Training and Staff Mass (No school).

Friday 3rd September: Staff Training (No school).

Wednesday 15th September: Open Afternoon - Years 1 and 2, 3.30pm.

PGL Meeting for Year 6 parents (via Teams)

Thursday 16th September: Open Afternoon - Years 3 and 5, 3.30pm.

Friday 17th September: Open Afternoon - Years 4 and 6, 3.30pm

Tuesday 28th September: Year 3 to parish Mass at 10am (face coverings are required).

Thursday 30th September: Harvest Mass in church, 10am: Years 4-6 attend (face coverings are required).

Monday 4th October: Online Safety sessions for pupils. Month of the Rosary begins - children are encouraged to bring their rosary beads to school for prayer.

Tuesday 5th October: Year 4 to parish Mass at 10am (face coverings are required).

Wednesday 6th October: Online Safety sessions for pupils.

Thursday 7th October: Our Lady of the Rosary - School Mass in church for Years 1-6 (face coverings are required). Rosary beads are blessed.

Thursday 14th October: Year 5 to parish Mass at 10am (face coverings are required).

Monday 18th October: Year 6 trip to PGL (return on Friday 22nd October).

Wednesday 20th October: Year 2 to parish Mass at 10am (face coverings are required).

Friday 22nd October: Own Clothes' Day.

Monday 25th October - Friday 29th October: HALF-TERM (No School)

Tuesday 2nd November: Feast of All Souls - School Mass in church for Years 1-6 (face coverings are required).

Monday 8th November and Tuesday 9th November: Judaism workshops.

Thursday 11th November: Year 3 to parish Mass at 10am (face coverings are required).

Tuesday 16th November: Bring your Dad to School AM.

Monday 22nd November: Year 1 Christmas Performance AM (parents with babies and toddlers).

Tuesday 23rd November: Year 4 to parish Mass at 10am (face coverings are required).

Reception Christmas Performance AM (parents with babies and toddlers).

Thursday 25th November: Reception Christmas Performance AM (adults).

Friday 26th November: Year 1 Christmas Performance AM (adults).

Monday 29th November: School Mass in church for Years 1-6 (face coverings are required) for Blessing of Advent Wreath.

Thursday 2nd December: Years 5 and 6 to Mass at 10am (face coverings are required).

Year 2 Carol Service for parents / relatives, 9.30am (for Nightingale Hospice).

Friday 3rd December: Nursery Christmas Performance.

Wednesday 8th December: The Immaculate Conception of the Blessed Virgin Mary - School Mass in church for Years 1-6 (face coverings are required).

Monday 13th December: Christmas Lunch.

Tuesday 14th December: Christmas Class Parties PM. Junior Carol Service in church, 6.30pm (for the Nightingale Hospice)

Friday 17th December: Last day of autumn term - School Mass (Mrs. Derwin's 17th anniversary Mass) in church for Years 1-6 (face coverings are required). Early Closing (12.45 Infants and 1pm Juniors). Own Clothes' Day.

Tuesday 4th January 2022: Return to school for Spring Term.

On occasions it is necessary to change dates and in the current pandemic times it may be that some of what we have planned may not actually happen in the end. I apologise in advance for any inconvenience this may cause.

These are some of the prayers we say with the children each day in school. You might like to say these in the morning with your child, at meal times or before he / she goes to bed.
Morning Offering

O My God, you love me,
You are with me night and day.
I want to love you always in all I do and say.
I'll try to please you Father.

Bless me through the day.
Amen



Night Prayer

God our Father, I come to say,
Thank you for your love today.
Thank you for my family,
And all the things you give to me.

Guard me in the dark of night.
And in the morning send your light. Amen.



Grace Before Meals

Bless us O Lord
As we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us O Lord. Amen.

Grace After Meals

Thank you God
For the food we have eaten.
Thank you God
For all our friends.
Thank you God
For everything.



Thank you and Best Wishes!

Finally I would like to thank you for your tremendous support to date (we are truly blessed with the support we receive from our families) and wish you well for the term ahead and this new year in school. I look forward to seeing you as the term progresses.

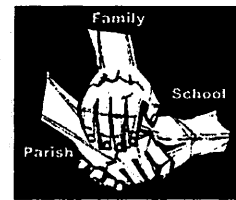
Stay safe and well please.

Miss M. Creed
Headteacher.



Dear God,
We thank you for giving us your peace.
Help us to spread peace at home and at school by loving and caring for one another.
Help us to spread peace by listening to one another, even when we don't agree.
Help us to spread peace by sharing our time with those who are lonely and who need a friend.
Help us to spread peace by thinking and praying for children who have no food or who are frightened and live in fear.
Let us pray every day for peace for our families, for our friends and for ourselves. Amen.

Family – Parish – School Links



St. Mary's Catholic Primary School Autumn 2021 First Half-Term



Newsletter for Parents – Nursery and Reception

Religious Education	
Topic Theme: Beginnings	
Children will explore how we 'begin': in our families, in our Church and at school.	
Learning opportunities include:	Monitoring opportunities:
<ul style="list-style-type: none"> • Coming to know that God loves each one always and at all times. • Coming to know Jesus is God the Father's Son. • Experiencing and becoming familiar with the sign of the cross. • Knowing that they are special within their family and the community. • Experiencing that a Church is a special place where God's people gather to pray. • Coming to know that Sunday is a special day for the Church family who come together to celebrate. • Experiencing and recognising prayer is talking and listening to God. • Considering ways in which a Christian family and parish share and celebrate life, and show care for one another. 	<p>Children's development will be monitored through observation and the collection of work samples for their portfolio.</p>
Affective and Spiritual Dispositions	
<i>It is hoped that pupils will develop:</i>	
<ul style="list-style-type: none"> • Value being special within their families and communities • Appreciate that families come together to celebrate • Respect for each other and for adults. • Good relationships with peers and with adults in the school community. • Appreciation of their friendship with Jesus brought about through Baptism. 	

Activities to try at home

Parents are the first educators of their child in faith. Children's learning in religious education occurs best when school and family are engaged in talking about the same topics. You could help your child by trying one or more of these activities while this topic is being taught:

- Look over photo albums and recall stories of your family.
- Look at their Baptismal Certificate or photos of their Baptism. Explain who their Godparents are.
- Celebrate the friends you have who are from different cultures. Speak positively about difference.

An idea for prayer at home

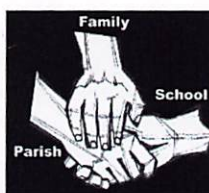
When you next collect your child from school take some time to walk around the Church and to prayerfully look at the religious items it contains. Allow your child to light a candle and together pray for a special intention.



St. Mary's Catholic Primary

Religious Education Newsletter for Autumn 2021

(first half-term) – Years 1-6



Religious Education

Key Idea: Beginning with God

The framework of learning is intended as the last in the liturgical year, Year B; the first in the academic year 2021/2022. As the title suggests the content of this resource is the nature of God. Both belief in the singular nature of God (monotheism) and God as a Trinity are taught. New insights might be brought to pupils via exploration of a variety of Biblical metaphors for God and learning about the Nicene Creed as a time in history when the nature of Jesus was considered and clarified.

Attitudes and Spiritual Dispositions

Spiritual Outcomes: *It is hoped that pupils will develop:*

- An appreciation of the nature of God as greater than what we can imagine or know.
- A sense of the presence of God in their lives.

- An openness to wondering about God as 'three in one'.

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs. This resource asks pupils to think about what God is like. Be open to the many metaphors they learn about and incorporate some into your family prayer.

An idea for prayer at home

Prayer Activity

Pray the following prayer with your child:

God who is bigger than all we can imagine or say.
Help us to see you in our world; in the beauty of the natural world, in the traditions of our Church, in the stories of Scripture and in the people around us.
May we remember that, created in your image, we are like you and we show others what you are like.
We ask this through Jesus who took on human form to show us your great love.
Amen.



SCHOOL UNIFORM

SCHOOL SWEATSHIRTS

SIZE	PRICE EACH
AGE 3-4 (24)	10.00
AGE 5-6 (26)	10.00
AGE 7-8 (28)	10.00
AGE 9-10 (30)	10.00
AGE 11-12 (32)	10.00
AGE 13 (34)	10.00
S (36)	13.50
M (38-40)	13.50
L (42-44)	13.50

SCHOOL JOGGERS

SIZE	PRICE EACH
AGE 3-4 (24)	9.00
AGE 5-6 (26)	9.00
AGE 7-8 (28)	9.00
AGE 9-10 (30)	9.00
AGE 11-12 (32)	9.00
AGE 13 (34)	9.00

REVERSIBLE SCHOOL COAT

SIZE	PRICE EACH
AGE 3-4 (24)	21.00
AGE 5-6 (26)	21.00
AGE 7-8 (28)	21.00
AGE 9-10 (30)	21.00
AGE 11-12 (32)	21.00
AGE 13 (34)	21.00

PE KIT

SIZE	PRICE EACH
AGE 3-4 (24)	8.00
AGE 5-6 (26)	8.00
AGE 7-8 (28)	8.00
AGE 9-10 (30)	8.00
AGE 11-12 (32)	8.00
AGE 13 (34)	8.00

	PRICE EACH
SCHOOL CAP	3.00
WINTER HAT	4.00
BOOK BAG	4.35
BACK PACK	5.00

ALL PAYMENTS MUST BE MADE THROUGH PARENTPAY IN ADVANCE

Uniform received

Child's Name _____

Signature _____

Date _____

ST MARY'S UNIFORM IS AS FOLLOWS

WINTER	SUMMER
GIRLS	
Grey skirt/pinafore Dark grey tailored trousers St Mary's Sweatshirt White Polo Shirt White/Grey Socks Grey or Navy tights Black Shoes (no trainers)	Dark blue/white check dress Royal blue cardigan White socks Black Shoes (no trainers) Black/White/Navy Sandals (no open toe sandals)
BOYS	
Grey trousers/shorts White polo shirt Grey socks St Mary's Sweatshirt Black shoes (no trainers)	Grey trousers/shorts White polo shirt Grey socks St Mary's Sweatshirt Black shoes/sandals (no open toe sandals)
PE KIT BOYS AND GIRLS	
Dark blue shorts White crew neck t-shirt Black Plimsoles White socks	

Trousers should be smart grey and tailored without any logos or splits.

Long hair must be tied back in accessories of school colours, ie blue or white.

Short hair must be in a plain, neat style. Lines, logos or designs are not permitted.

Pupils may wear one small stud or earring in each ear. Please ensure studs are removed on PE days.

Jewellery of any other type is not permitted in school.

Reversible School Coat, St Mary's School Cap and Winter Hat are available from the school office - these are optional.









Please ensure that all items of uniform are clearly marked with the child's name.



Online Safety Newsletter September 2021

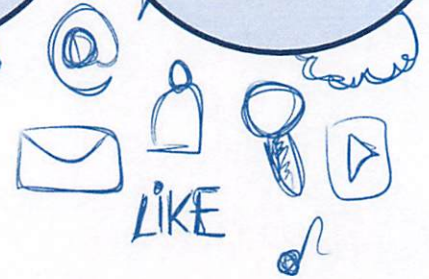
Social Media Apps

What age should my child be to use these apps?

 Discord 13+	 Facebook 13+	 Instagram 13+	 Snapchat 13+
 TikTok 13+	 Twitch 13+	 Twitter 13+	 YouTube 13+

What risks are there of my child using these apps?

Whilst there are benefits to being online, there are risks too regardless of your child's age. Risks include your child viewing inappropriate content, sharing personal information, cyberbullying and grooming.



Reporting functions

If your child is using any of the above apps then make sure you show them how to use the reporting facilities within each app and ensure your child knows that they must tell you or another trusted adult if they see anything upsetting online. Use the apps together and explore the different security and privacy settings.

Further information

Is your child too young to use the above apps but is still asking you if they can join social media? Then you could suggest an alternative option. Internet Matters list several apps that have been created for younger children, they are grouped for ages 6 – 10 and ages 11 – 13:

<https://www.internetmatters.org/resources/social-media-networks-made-for-kids/>

Net Aware provide further information about the most popular apps, games and social media sites:

<https://www.net-aware.org.uk/networks/>

Focus on:

Snapchat

What is Snapchat?

Snapchat is an app used for messaging and sharing photos and videos. **You must be 13+ to sign up.**

How does it work?

Users can send messages (snaps) to others that can only be seen for a set time period e.g. 10 seconds.

Users can also upload snaps to stories which then disappear after 24 hours.



What should I be aware of?

- **Who is your child friends with** – talk to your child about who they are friends with and why it is safer to be friends with only those they know in real life.
- **Group chats** - in a group chat there may be people that they're not friends with on the app who can then communicate with them in the group. This also increases their risk of interacting with strangers.
- **Snap Map** - The map lets users see where 'friends' are. Location sharing via the map is optional and is off by default (we recommend that it remains off).
- **Snapchat streaks** - Streaks count how many consecutive days two people have been sending Snaps to each other, this can increase pressure to respond daily.
- **Inappropriate content** – due to the nature of the app your child may come across content that is inappropriate.
- **Screenshots** – whilst Snaps disappear, users may take screenshots before they do, potentially resulting in them losing control of what they have shared as it could be sent to other people.
- **Bullying** – there is a risk of bullying on all platforms so please ensure your child knows how to block and report other users if necessary.
 - <https://snap.com/safety/safety-reporting/>
 - <https://support.snapchat.com/en-GB/a/remove-block-friends>

Safety tips

It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. **Please make sure the appropriate privacy settings are set up and your child knows how to block and report other users if necessary.** We would recommend you explore Snapchat with your child and suggest why certain options are safer, for example, setting your account so only friends (rather than everyone) can see your content and only those you are friends with can contact you.

- <https://support.snapchat.com/en-GB/article/privacy-settings2>

Further information

- Parents' Ultimate Guide to Snapchat:
<https://www.common sense media.org/blog/parents-ultimate-guide-to-snapchat>
- <https://snap.com/en-GB/safety/safety-center>

Creating strong passwords

We need to create passwords for everything these days and it's important that our children not only understand that they shouldn't share passwords with others but also that they know how to create a 'strong' password to keep their information safe. Learn more here:

<https://www.net-aware.org.uk/news/how-to-create-strong-passwords-online/>



Monkey (rated 18+)

This is a website and app (available only on Google Play) that allows users to make video calls to strangers. This is a very concerning app/website which has highly inappropriate content on it. The following link provides further information about it:

<https://oursaferschools.co.uk/2021/06/safeguarding-alert-monkey-web/>

We recommend not talking about this app/website by name with your child, so it doesn't lead to your child searching for it out of interest. Instead talk to your child about what they are doing online and if they have any concerns.

What if someone else posts a photo of your child on social media?

What can you do if somebody posts a photo of your child on social media? The UK Safer Internet Centre explores this question:

<https://www.saferinternet.org.uk/blog/help-%E2%80%93-someone-else-has-posted-photo-my-child-social-media>

LEARN THE UNDERWEAR RULE

TALK

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AND YOU'VE GOT IT COVERED!

P RIVATES ARE PRIVATE

A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

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T ALK ABOUT SECRETS THAT UPSET YOU

S PEAK UP, SOMEONE CAN HELP

ChildLine
0800 1111

ChildLine is a service provided by the NSPCC.
2013391. Registered charity numbers 216401 and SC037717

NSPCC

Cruelty to children must stop. FULL STOP.

LEARN THE UNDERWEAR RULE

TALK PANTS AND YOU'VE GOT IT COVERED!

PRIVATES ARE PRIVATE

Parts of your body covered by underwear are private. No one should ask to see, or touch them. Sometimes doctors, nurses or family members might have to. But they should always explain why, and ask if it's OK first. No one should ask you to touch or look at parts of their body that are covered by underwear.



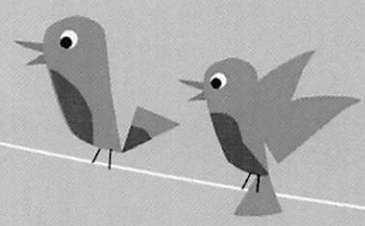
ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

It's your body, no one else's. No one should make you do things that make you feel embarrassed or uncomfortable. If anyone tries, tell an adult you trust.



NO MEANS NO

You have the right to say 'no' – even to a family member or someone you love. Remember, you're in control of your body and your feelings are important.



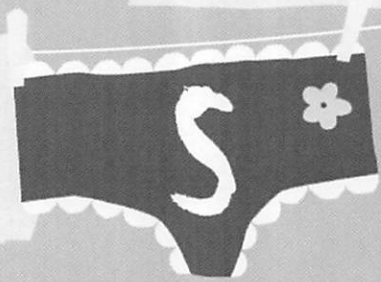
TALK ABOUT SECRETS THAT UPSET YOU

Secrets shouldn't make you feel upset or worried. If they do, tell an adult you trust. You will never get into trouble for sharing a secret that upsets you.



SPEAK UP, SOMEONE CAN HELP

Talk about stuff that makes you worried or upset. An adult you trust will listen, and be able to help. It doesn't have to be a family member. It can be a teacher or a friend's parent – or even ChildLine.



ChildLine is a service provided by the NSPCC. 2013391. Registered charity numbers 216401 and SC037717