

ST MARY'S CATHOLIC PRIMARY SCHOOL



NEWSLETTER APRIL 2023

Welcome back to the summer term. I hope you had an enjoyable Easter break. It was so lovely to see all of the children coming back happy and well refreshed after the holiday. We are already almost at the end of the school year with only six weeks (including this week) to go to half term and then only seven weeks to the end of the school year! Time certainly seems to be going by very quickly.

Easter Celebrations

Thank you to the children from Years 3 and 4 for leading the Palm Sunday Mass so well. It was wonderful to see so many children participating this year. You processed into Church and joined in the responses with great enthusiasm - thank you children.

Thank you to the volunteers from Years 6, 5 and 4 for your very moving dramatisation of the Stations of the Cross on Good Friday. You were excellent.



Enfield Dance Festival



Well done to the children from our school who represented the school in the Dance Festival at the Millfield Theatre this year. You were wonderful. Thank you to the teachers for their hard work in preparing the children.

Spring Performance

The children in Year 4 are to be congratulated for their wonderful performance of 'You are Special'. All worked hard and co-operated so well to prepare. The singing, dancing and speaking were of such a high quality. I could see from the faces of all in the audience how much parents and friends of the school enjoyed the performances. Thank you very much children for your hard work. Also a sincere thank you to the teachers, teaching assistants and volunteers who spent many hours of their own time planning and preparing and then guiding the children through. Thank you to the parents who helped with practices, scenery and

costumes. £119.00 was earned in voluntary contributions for tickets.



School Streets



We were delighted to learn that the final work to install the cameras in order to finalise our School Street should happen over the summer term.

This hopefully should make the road outside the school safer for our children just before the beginning and end of each school day.

https://www.youtube.com/watch?v=v1_NB42i-Gg

<https://www.enfield.gov.uk/news-and-events/2023/03/new-school-streets-to-keep-children-safe>



Reasons to start a School Street

Our children's health and mental wellbeing is of the highest importance. That is why the council is committed to tackling climate emergency and the escalating levels of pollution at peak times on our road network. Childhood obesity in the borough is also one of the highest in London.

There are many benefits of School Streets:

- Improved air quality - reduced traffic volumes leading to reductions in local emissions
- Improved road safety - reduced risk of potential conflict between road traffic and pupils
- Increased physical activity - making the school gate cleaner and safer will encourage more active travel to school

Walk to School

We are delighted that more and more children (and their parents) continue to regularly walk / cycle / scoot etc (rather than coming by car) to school. This is so much better

for the long term health of our community.

Wednesday Word

Starting on Wednesday 17th April 2013 your child began to bring *The Wednesday Word* leaflet home from school. *The Wednesday Word* is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a

very special 5 or 10 minutes together each week. We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

The Wednesday Word is currently available online:

<http://www.wednesdayword.org/index.html>



Re-establishing the Friday Penance

As you are aware a key resolution of the Catholic Bishops of England and Wales, released after their May 2011 plenary meeting, was "to re-establish the practice of Friday penance in the lives of the faithful as a clear and distinctive mark of their own Catholic identity".

This act of common witness formally came into effect on Friday 16th September 2011 (the anniversary of the visit of Pope Benedict XVI to the UK).

As you know we formally began our practice of not serving meat to the children / staff on a Friday right from the start of September in 2011. Thank you parents for not including meat as part of your child's packed lunch on a Friday. Although our children are young we know that you agree that it is good to establish the practices of our faith right from the start. This good habit formed when young will hopefully be part of your child's way of life as he / she grows up. He / she will see abstaining from meat on a Friday as a distinctive mark of his / her Catholic identity.

Parents thank you for your wonderful support with the re-establishment of the Friday penance.



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Pupil Progress

You should have had a call home from the teacher / meeting in school with the teacher to update you on your child's progress last term.

Any parent who wishes to meet in person with the teacher at any stage during this term is welcome to do so.

Just contact the school office to arrange an appointment with the teacher.

Quality Mark Award

As many of you are aware the Quality Mark award is one of the awards held by the school. The school community has been awarded and renewed the Quality Mark (last review was in September 2021) on a number of occasions. This (voluntary process) looks at the extent to which literacy and numeracy skills are embedded across the curriculum. The fundamental principles of this process, such as the involvement of the whole school community, self-review and targeted intervention, are central to our school's improvement agenda. This quality mark provides a framework for self-evaluation and continuous improvement of the basic skills of all pupils in the school.

The quality mark focuses on ten key elements:

- A whole school strategy and planning to improve performance in basic skills.
- An analysis of the assessment of pupil performance in basic skills.
- Target setting for the improvement of the school's performance in basic skills.

- Basic skills improvement planning for pupils under-attaining and / or under-achieving.
- Regular review of the progress made by pupils under-attaining and / or under-achieving in basic skills.
- A commitment to improving the skills of staff to teach and extend basic skills.
- The use of a range of teaching approaches and learning styles to improve basic skills.
- The use of appropriate teaching and learning materials to improve basic skills.
- The involvement of parents and carers in developing their child's basic skills.
- An effective procedure for monitoring planning and assessing improvement in performance in basic skills.

We have continued to have a quality mark team in school and continue to review progress regularly.

Thinking Skills

Remember to ask your child which thinking hats they have been using in lessons. Also check to see if they are aware of the current Habit of Mind focus. Some of the children

are also using the Thinking Maps - ask your child to see if he / she is aware of the maps.

Birthday Celebrations!

It is lovely that so many children now like to celebrate their birthdays by bringing in sweets for their classmates. Please remember though parents that different parents have different rules about sweets and the kinds of sweets their children are allowed to eat.

If it is your child's birthday, and you do want to mark the day, please just send in one very small bar for each child. It is probably better to send a known brand of chocolate with which all parents are familiar rather than lots of very sugary sweets or party bags.

Lollipops and hard sweets are not permitted for health and safety reasons.

Remember you are not obliged to send in sweets at all.



Maths at Home

NRICH welcomes millions of users every year to share their free, online mathematical activities for learners aged 3-

19. They have a huge bank of award-winning resources, ideal for children and students to work on independently, at school with their teacher or at home with parents.

[Maths at Home](#)

Online Safety

Are children really using dating apps? Watch this 2 minute video on how dating apps may be impacting and affecting children and young people.

<https://youtu.be/WoWIUbb4VUY>

Digital Literacy Report - UK Safer Internet Centre

Digital literacy is become more and more important in our daily lives. Now it is essential that children and young people, are able to have an effective education in the use of computers. In many cases, they will learn the basics at home. Educating them in digital literacy will also keep them safer online. The UK Safer Internet Centre has reviewed a recently published Ofcom report into the matter. To find out what the UK Safer Internet Centre has to say about the document, and to read the document itself, follow the link:

<https://saferinternet.org.uk/blog/ofcom-report-digital-literacy>

What is mental health?

We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods.

Looking after our mental health is important. We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long.

Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.

Young Minds also has a parent helpline: <https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

NSPCC: Promoting mental health and wellbeing:

[Promoting mental health and wellbeing | NSPCC Learning](#)

NHS UK: Every Mind Matters: [Children's mental health - Every Mind Matters - NHS \(www.nhs.uk\)](#)

Embrace Kids Video - Body Image Movement

The video seeks to promote positive body imagery among young people, who as always are under so much pressure to conform to a standard image expected of them by their peers, and the 'social media community'. If you'd like to have a look at this inspiring piece of media please follow the link below:

<https://www.youtube.com/watch?v=ld9MJi3aGMU&feature=youtu.be>

Christian Meditation

We appreciate what a challenging time this continues to be for many children and their families.

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here: [Christian Meditation - YouTube](#)

Immunizations - NHS England have commissioned School Aged Vaccine Providers to conduct a programme of

catch up Polio and MMR vaccinations for primary school children - in Enfield this is provided by Barnet, Enfield and Haringey Mental Health Trust (BEH). This is a really essential programme of work for Enfield children given our low vaccine uptake for both Polio and MMR.

<https://www.gov.uk/government/news/polio-vaccine-catch-up-campaign-for-london-as-sewage-surveillance-findings-suggest-reduced-transmission>

Information: Changes to the COVID-19 vaccination offer

The Department for Health and Social Care (DHSC) has announced the spring COVID-19 booster programme to protect the most vulnerable.

Further information on the [offer and eligibility](#) is available.

DHSC has also announced that the offer of a first or second dose of the COVID-19 vaccine will end on Friday 30 June.

Further information on how to get a first or second dose can be found on the [NHS website](#).

Absence

During the spring term we had a number of pupil absences. The absences were mainly due to lots of coughs, colds, bouts of flu and tummy bugs. Some children continued to catch Chicken Pox last term.

It's very important that we really try during this new term to continue to improve pupil attendance. Our target is not to let our attendance fall (our absence was 6.3% at the end of the spring term - this is still much higher than we would like it to be but we know that times have continued to be challenging for many).

The classes with the highest attendance from the beginning of the school year until the end of the spring term were:

1. 96.42%-Y4, St. Peter
2. 95.06%-Y4, St. Paul
3. 95.02%-Y2, Fatima
4. 94.49%-Y3, St. Cecilia
5. 94.48%-Y5, St. Anthony
6. 94.42%-Y2, Faith
7. 94.19%-Y6, St. Catherine
8. 93.56%-Y5, St. Joseph
9. 93.46%-Y6, St. Christopher
10. 92.71%-Reception, Grace

We are required as you know to report on Persistent Absence.

The DfE's persistent absence threshold is 10% from Autumn 2015!

The DfE's guidance on the 2014/15 school census explains that from the 2015/2016 academic year onwards, a pupil will be considered to be persistently absent if he/she is away for over 10% of school sessions in an academic year.

Pages 72-73 of the DfE's guidance, linked to above, contains a table which sets out the estimated thresholds that will be used to define persistently absent pupils.

	15 per cent	10 per cent
Half-term 1	10 or more sessions	7 or more sessions
Half term 1-2 (autumn term)	22 or more sessions	14 or more sessions
Half term 1-3	30 or more sessions	20 or more sessions
Half-term 1-4 (autumn term and spring term combined)	38 or more sessions	25 or more sessions
Half term 1-5	46 or more sessions	31 or more sessions
Half term	56 or	38 or

1-6 (full academic year) more sessions more sessions

Please (unless of course your child is ill) ensure your child is in school each day.

If your child is away from school it is important that you always let us know to avoid having the absence recorded as unauthorised. Always try to phone us on the day and it is school policy to request a short written note explaining the absence.

Our school Attendance target continues to be 98%. Thank you to all parents who continue to work hard to have their children in school every day.

100% Attendance Spring 2023

92 pupils had 100% attendance. Well done children and parents! This is excellent!

SATs

It's that time of the year again! **Year 6 will begin their SATs on Tuesday 9th May.** The other junior classes will also complete the Optional SATs for their year group and Year 2 children will complete their assessments during the summer term too. It's very important that all children are in school each day and

especially during this time of assessment.

Tissues

We are no longer able to provide tissues for classrooms. Donations of boxes of tissues would be gratefully received. Thank you to parents who have already handed in some boxes. Unfortunately we are running low again.

Own Clothes Day - 31st March

£109.56 was donated. Thank you parents and children.

School Uniform

Try to ensure your child's name is on each item of uniform. During the summer children take off sweat shirts a lot more. If the sweatshirt is labelled it is much easier to return it to its owner.

It's good for children to be able to wear a hat during the summer when it becomes very warm. **School hats (with neck protection flaps) are now available from the School Office for £3.00.** Children are encouraged to wear these instead of other non - uniform baseball caps which are not permitted.



Thank you to the great number of parents who ensure their children wear the correct school uniform each day.

Recycling

Send in any used cartridges for recycling please.

We are recycling shoes too at the moment. Send in any old pairs.

Be on Time!

Try very hard to ensure your child is on time for school each day (in the classroom before 9am registration) and that he/she is picked up promptly at the end of the day.



Allowing your child to be regularly late in the morning and collecting children well after 3pm (infants) / 3.15pm (juniors) is not good practice. It's good for children to learn good habits of punctuality from a young age.

Again thank you to the numerous parents who ensure their children are on time every day.

In order to avoid any confusion or worry please always let us know if you have made arrangements for another family member or parent, a friend or new childminder to

pick your child up at the end of the day.

School Meals

We started our 'right choice' menu well over two years ago. As I know you are aware we have worked with our provider of school meals to improve the quality of the cooked meals given to our children at lunchtime.



Our cook works to ensure that the contents of our school meals meet National Nutritional Guidelines.

As you know our kitchen has been completely refurbished.

School meals cost £2.50 per day / £12.50 per week (from September 2016).



Please pay in advance (at least a week in advance) online using the Parent Pay system or ask the Office staff for a Pay Point card.

Remember that if your child has school meals (and is not entitled to free meals) and you don't pay for them the school has to find the money to pay your debt. Always pay for your child's meals.

Your child may be entitled to free meals. To qualify for free school meals parents or guardians must be in receipt of:

- Income support
- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

Phone calls

Your child is welcome to phone home (in emergency only). We would welcome a voluntary contribution towards the cost of any phone calls your child makes.



Future Dates

Monday 17th April - Return to school for summer term.

Wednesday 19th April - Oliver Twist (live performance) for all classes.

Monday 24th April - Feast of St. George, Martyr and Patron of England - School Mass for Years 1-6

Friday 28th April - Year 5 weekly swimming begins until 14th July

Monday 1st May - BANK HOLIDAY - No School

Tuesday 2nd May - INSET Day - No School

Wednesday 3rd May - Rosary begins for the month of May. Children say a decade each day in class. Please allow your child to bring their rosary beads to school. Rosary beads will be blessed at the Mass on the 18th May. Class Coronation Party Day!

Thursday 4th May - Year 6 to Parish Mass at 9.30am.

Monday 8th May - Bank holiday for King's Coronation (No School)

Tuesday 9th May - SATS for Year 6 begin (for week).

Monday 15th May - 'How are you?' - online production for Junior classes.

Thursday 18th May - School Mass (Yrs. 1- 6) in Church at 9.30am for Feast of the Ascension. Blessing of Rosary Beads.

Tuesday 23rd May - Year 4 to Parish Mass at 9.30am.

Friday 26th May - Own Clothes' Day.

Monday 29th May - HALF -TERM (holiday for one week).

Thursday 8th June - Year 5 to Parish Mass at 9.30am. Year 6 to theatre.

Sunday 11th June - Feast of the Most Holy Trinity

Monday 12th June - INSET Day - No School

Wednesday 14th June - Year 3 to Parish Mass at 9.30am.

Friday 16th June - The Most Sacred Heart of Jesus. School Mass. Years 1-6 to attend.

Tuesday 20th June - Sports Day for Juniors AM

Wednesday 21st June - Sports Day for Infants AM

Monday 26th June - Sports Day for Juniors (if raining previously).

Tuesday 27th June - Year 6 to Parish Mass at 9.30am.

Wednesday 28th June - Sports Day for Infants (if raining previously)

Thursday 29th June, Ss Peter and Paul, Apostles -School Mass for Years 1-6

Tuesday 4th July - Year 4 to Parish Mass at 9.30am. Year 2 to Paradise Wildlife Park.

Wednesday 5th July - Year 3 to the theatre. Year 5 children Taster day at St. Anne's and St. Ignatius College.

Thursday 6th July - Year 5 to Parish Mass at 9.30am. Year 6 Transition Day at St. Anne's and St. Ignatius College.

Thursday 13th July - Year 6 Leavers' Mass, 9.30am in the School Hall. Leavers' BBQ and Disco, 5-6.30pm.

Friday 14th July - Children visit their new September classes AM.

Monday 17th July - End of Year Class Parties. Last day of School Year for Year 6. Last day for Reception -Year 5 pupils in their current classes.

Early Closing (12.45pm Infants, 1pm Juniors). Own Clothes Day.

Tuesday 18th July - Year 1- Year 6 pupils (September 2023) begin their time in their new classes. New Reception pupils and parents visit.

Wednesday 19th July - New Reception pupils and parents visit.

Thursday 20th July - New Reception pupils and parents visit.

Friday 22nd July - Last day of School Year. Early Closing

(12.45pm Infants, 1pm Juniors). OWN CLOTHES' DAY.

Thanksgiving for the School Year: School Mass (in memory of Daniel Evans and Mary Ireton) at 9.30am in Church for Years 2-6.

New Reception pupils and parents visit AM. No afternoon Nursery session today.

* Please note that dates may change as the year progresses. I apologise in advance for any inconvenience this may cause.

If your child wishes he / she may bring a bottle of water to school (to drink in class) each day. To minimise spills please, if you can, give your child a Sports' Bottle with the pull up top.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, Hail our life, our sweetness and our hope, to you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this vale of tears; turn, then most gracious Advocate, your eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of your womb Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

We are endeavouring to learn / say The Angelus each day at 12 noon in the Junior classes. This is a wonderful prayer which reminds us that God the Son became man in order to save us.

You might like to say this prayer with your child at home. It can be said in the morning, at noon or in the evening.

Year 2 will begin to learn to say 'The Angelus' this term.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived by the Holy Spirit.
Hail Mary...

Behold the handmaid of the Lord:
Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh:
And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us Pray.
Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may be brought by his passion and cross to the glory of his resurrection, through the same Christ our Lord. Amen.
May the divine assistance remain always with us and may

the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

ADMISSIONS FOR ACADEMIC YEAR 2023/2024

We need your help to remind friends, neighbours, relatives to apply for places in our Nursery and Reception classes for their children for September 2023!

It is not too late to apply!



Best Wishes

Thank you for your continued support for our school. It is so greatly appreciated by all members of our school community and I know contributes very much to the happy atmosphere that we are so fortunate to have in our school. I wish you well for this new term in school.

Miss M Creed
Headteacher



Twelve Reasons From The Teachings Of The Church For Wanting To Spend One Hour With Jesus In The Blessed Sacrament



1. You are greatly needed!
"The Church and the world have a great need of Eucharistic adoration." (Pope John Paul II, *Dominicae Cenae*)

2. This is a personal invitation to you from Jesus.
"Jesus waits for us in this sacrament of love." (Pope John Paul II, *Dominicae Canae*)

3. Jesus is counting on you because the Eucharist is the centre of life.
"Every member of the Church must be vigilant in seeing that the sacrament of love shall be at the centre of the life of the people of God so that through all the manifestations of worship due him shall be given back 'love for love' and truly become the life of our souls." (Pope John Paul II, *Redeemer of Man*)

4. Your hour with Jesus in the Blessed Sacrament will repair for evils of the world and bring about peace on earth.
"Let us be generous with our time in going to meet Jesus and ready to make reparation for the great evils of the world. Let your

adoration never cease." (Pope John Paul II, *Dominicae Cenae*)

5. Day and night Jesus dwells in the Blessed Sacrament because you are the most important person in the world to him!

"Christ is reserved in our churches as the spiritual centre of the heart of the community, the universal Church and all humanity, since within the veil of the species, Christ is contained, the invisible heart of the Church, the Redeemer of the world, the centre of all hearts, by him all things are and of whom we exist." (Pope Paul IV, *Mysterium Fidei*)

6. Jesus wants you to do more than to go to Mass on Sunday. "Our communal worship at Mass must go together with our personal worship of Jesus in Eucharistic adoration in order that our love may be complete." (Pope John Paul II, *Redeemer of Man*)

7. You grow spiritually with each moment you spend with Jesus! "Our essential commitment in life is to preserve and advance constantly in Eucharistic life and Eucharistic piety and to grow spiritually in the climate of the Holy Eucharist." (Pope John Paul II, *Redeemer of Man*)

8. The best time you spend on earth is with Jesus, your Best Friend, in the Blessed Sacrament! "How great is the value of conversation with Christ in the Blessed Sacrament, for there is nothing more consoling on earth, nothing more efficacious for advancing along the road of holiness!" (Pope Paul VI, *Mysterium Fidei*)

9. Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of his grace, his love, his peace. "Christ is truly the Emmanuel, that is, God with us, day and night, he is in our midst. He dwells with us full of grace and truth. He restores morality, nourishes virtue, consoles the afflicted, strengthens the weak." (Pope Paul VI, *Mysterium Fidei*)

10. If Jesus were actually visible in church, everyone would run to welcome him, but he remains hidden in the Sacred Host under the appearance of bread, because he is calling us to faith, that we many come to him in humility. "The Blessed Sacrament is the 'Living Heart' of each of our churches and it is our very sweet duty to honour and adore the Blessed Host, which our eyes see, the Incarnate Word, whom they cannot see." (Pope Paul VI, *Credo of the People of God*)

11. With transforming mercy, Jesus makes our heart one with his. "He proposes his own example to those who come to him, that all may learn to be like himself, gentle and humble of heart, and to seek not their own interest but those of God." (Pope Paul VI, *Mysterium Fidei*)

12. If the Pope himself would give you a special invitation to visit him in the Vatican, this honour would be nothing in comparison to the honour and dignity that Jesus himself bestows upon you with the invitation of spending one hour with him in the Blessed Sacrament.

"The divine Eucharist bestows upon the Christian people the incomparable dignity." (Pope Paul VI, *Mysterium Fidei*)

A Smile!

What is it? It costs nothing but means much. It enriches those who receive it without impoverishing those who give. It happens in a flash but the memory lasts forever. None are so rich that they can get along without it and none so poor that they are richer for its benefits. It is rest for the weary, daylight to the discouraged, sunshine to the sad, and nature's best antidote in times of trouble.

Yet it cannot be bought, borrowed or stolen, for it is something that is of no earthly value to anyone unless it is given away.

And if in the rush of life someone should be too tired to give you a smile, may we ask you to leave one of yours, for no one needs a smile so much as those who have none left to give.

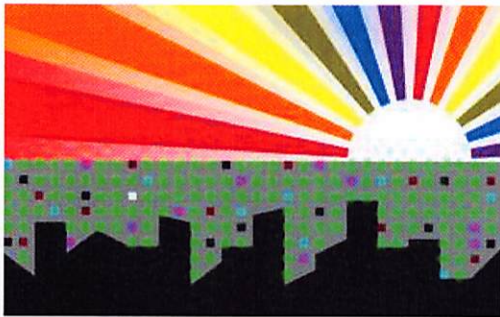


Our Prayers

These are some of the prayers we say with the children each day in school. You might like to say these in the morning with your child or before he / she goes to bed.

Morning Offering

O My God, you love me,
You are with me night and day.
I want to love you always in all I do and say.
I'll try to please you Father.
Bless me through the day. Amen



Night Prayer



God our Father, I come to say,
Thank you for your love today.
Thank you for my family,
And all the things you give to me.
Guard me in the dark of night.

And in the morning send your light. Amen.

Grace Before Meals

Bless us O Lord
As we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us O Lord. Amen.

Grace After Meals

Thank you God
For the food we have eaten.
Thank you God
For all our friends.
Thank you God
For everything.
Thank you God. Amen.



Our School Prayer

This is our school.
May we all live here
Happily together.
May our school be full of joy.
May love dwell here among us
Every day.

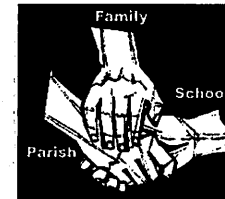
Love of one another,
Love of all people everywhere,
Love of life itself,
And love of God.

Let us all remember that
As many hands build a house,
So every child
Can make this school
A lovely place. Amen





St. Mary's Catholic Primary School -
 Religious Education Newsletter Summer
 (first half-term) 2023 - Nursery and
 Reception



Religious Education	
Topic Theme: From Easter to Pentecost	
Children will explore the season of Easter as the celebration of the resurrection and coming of the Spirit. The season of Easter begins with Easter Sunday and finishes with Pentecost. The stories of the Season of Easter are our 'Gold Star' stories as they show us that Jesus was not just an ordinary person – He rose from the dead and came alive again! Without the resurrection the Church would not have begun.	
Learning opportunities include:	Monitoring opportunities:
<ul style="list-style-type: none"> • Hearing the stories of the Easter season • Coming to know that God loves each one always and at all times • Experiencing that a Church is a special place where God's people gather to pray. • Experiencing liturgical celebrations in a variety of simple settings. • Experiencing and recognise prayer is talking and listening to God • Considering ways in which a Christian family and parish share and celebrate life, and show care for one another. 	Students' development will be monitored through observation and the collection of work samples for their portfolio.

Affective and Spiritual Dispositions

It is hoped that pupils will develop:

- An awareness of the events of the Easter
- A sense of joy and wonder
- A openness to God's Holy Spirit celebrated at Pentecost

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- Mark the season of Easter with the activities of the Parish.
- Celebrate Easter with your family with symbols of eggs and rabbits. Plant some bulbs or seedlings! Connect these activities to our Easter celebration of the new life of Jesus.

An idea for prayer at home



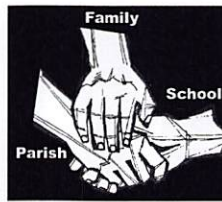
Prayer Activity

Pray with your children at bedtime.

Loving God, after Jesus died the disciples were sad. When he came alive again they were excited and happy. Help us to remember that our lives are precious and to take good care of ourselves. Help us to tell others about Jesus being alive again.

Amen

*St. Mary's Catholic
Primary Religious
Education Newsletter
Summer 2023 (first half-
term) - Years 1-6*



Religious Education

Key Idea: From Easter to Pentecost

This framework of learning is intended as the first for the Summer Term in the academic year 2022/2023. Continuing the Liturgical year, Year A, this framework explores the period from Easter Sunday to Pentecost. In 2023, Easter Sunday falls on April 9th, and Pentecost Sunday on May 28, 2023

Attitudes and Spiritual Dispositions

Spiritual Outcomes:

It is hoped that pupils will develop:

- A sense of openness and wonder about the resurrection and the coming of the Holy Spirit
- An appreciation of the work of the Holy Spirit in their lives
- An ability to wonder about questions that are difficult to answer
- Reflectiveness in prayer

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- We celebrate the gift of life – in this world and in death – in the resurrection. Life is full of resurrection moments, when we are so glad to be alive! Write down some of these and use them in pray at mealtimes or bedtimes.
- Pentecost is on June 4 this year. This framework teaches Pope Francis as a person led and guided by the Spirit. Talk to your children about people you think are led by the Spirit. What do they do?

An idea for prayer at home

Prayer Activity



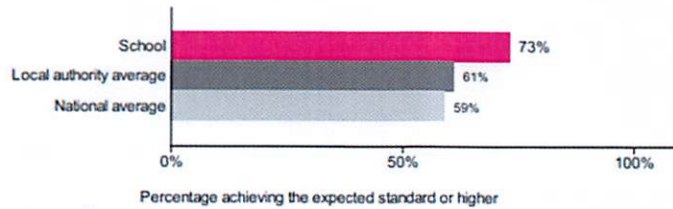
Pray for those who have died...
We remember (say name, light candle) who has gone to their eternal rest.
Tell them, God, how much we love them, how much we miss them. Tell them we carry their stories in our lives.
Today we rejoice that Jesus lived and died and is risen. Today we trust you, Jesus, that there is life after death and that you will always be with us, loving us and leading us home.
Glory be to God; Creator, Redeemer, and Holy Spirit. Amen

End of Year 6 SATs 2022

Reading, writing and maths combined

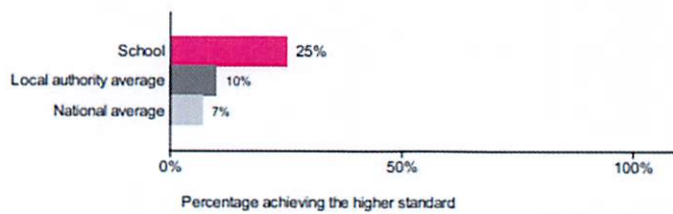
Percentage of pupils achieving the expected standard or higher

Number of pupils = 56



Percentage of pupils achieving the higher standard

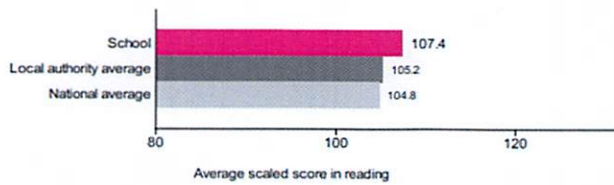
Number of pupils = 56



Average scaled score in:

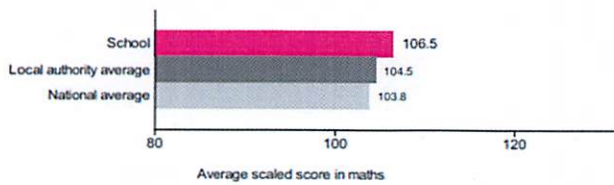
Reading

Number of pupils = 56



Maths

Number of pupils = 56





Online Safety Newsletter

April 2023

Sendit

Sendit is an add on app to Snapchat and it allows users to play games together. **Sendit state on their website that the app is not intended for children under the age of 13.**

The games include Q&A games including ask me anything. A user asks a question and players can respond **anonymously**. As with any anonymous element, there is an increased risk of cyberbullying.

The app does contain in-app purchases ranging from £0.99 to £29.99. There is also a weekly subscription service available, which provides users with enhanced features. It costs £8.49 per week. Ensure payment details are not stored/accessible on your child's device to avoid unexpected bills.

If you know that your child is using this app then you can contact Sendit to ask them to disable their account.

Further information

<https://www.getsendit.com/parents>

Anime TV

Anime refers to animations originating from Japan. Due to its cartoon style, your child might inadvertently watch it when it isn't appropriate for their age. Some Anime contains adult themes. It is important to check age ratings so a starting point could be Common Sense Media. They have created a list of some Anime TV with reviews/age ratings:

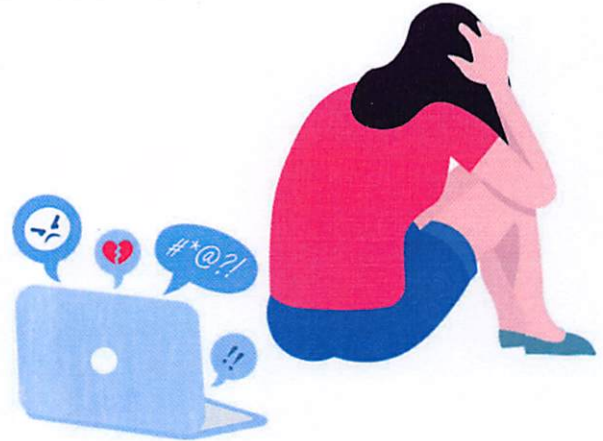
<https://www.common sense media.org/lists/anime-tv-for-teens-and-tweens>

Being unkind online

It can be very easy online for children to behave in a way that they wouldn't if they were face to face with each other.

Talk to your child about how they speak to others online and encourage them to talk to people online with respect and kindness, like they would

if they were face-to-face. How they act online should be how they behave on the school playground when they are following school rules. Here are some examples of what being unkind looks like online:



- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account
- Telling/sharing lies

The above might happen whilst your child is gaming online or whilst using social media or messaging apps e.g. WhatsApp.

Top Internet Manners



Internet Matters have produced a list of 'manners' that we all should follow to create a safer and kinder online world: <https://www.internetmatters.org/resources/top-internet-manners/>

What should I do if my child is being bullied online?

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator. Instead, they should tell a trusted adult. You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact you again in the future.

Further information

<https://www.esafety.gov.au/kids/i-want-help-with/how-do-i-know-if-im-being-mean-online>

BeReal

You must be 13+ to use BeReal. BeReal is a social media app. It notifies you once a day to upload an image of what you are doing. Once you receive the notification, you have two minutes to capture and share what you are doing at that moment. All your friends post at the exact same time and once you have posted, you can then see what your friends have posted. If you do not post, then you cannot see your friend's BeReals from that day or access the discovery tab.



What do I need to be aware of?

BeReal is private by default and only visible to your friends. However, it is possible to share with all users by selecting the public option. If selected, your BeReal will appear in the Discovery tab so all users can see and interact with it, therefore there is the possibility of strangers contacting your child via this app.

There is also an option to share your location. Chat to your child about location sharing as it is important that your child understands the risk of location sharing and when it is and is not appropriate to share.

Discovery tab – this is the area where you can view all other BeReals that have been made public. There is an element of risk that your child may see an inappropriate image depending on what others have uploaded.

If your child is using BeReal then talk to them about what they share, what they should do if they see something inappropriate or that they find upsetting and that they know how to use the reporting tools.

Further information:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/is-bereal-safe-for-my-child>

Snapchat Update

Family Centre: New Feature

Snapchat launched Family Centre last year, which includes features such as allowing you to see who your child is friends with on Snapchat and who they have been communicating with (you will not be able to see the contents of conversations).

Snapchat have now announced their latest feature for Family Centre - Content Controls. Content controls will allow you to limit the type of content your child can watch on Snapchat by filtering out stories.

You can find out how to set this new feature up here:

<https://values.snap.com/en-GB/news/introducing-content-controls-on-family-center>

TikTok update

You must be over 13 years of age to use TikTok.

60-minute screentime notification

TikTok are introducing a 60-minute screentime notification for teen accounts (accounts with users under 18 years of age). When the time limit is reached, the user will be asked to enter their passcode to continue watching.

Family Pairing: new features

This allows you to link your own account to your child's account. TikTok have now added three new features:

- **Custom daily screen time limits:** this option includes choosing different time limits depending on the day of the week as well.
- **Screen time dashboard:** this provides a summary of time spent on the app, the number of times TikTok was opened and a breakdown of total time spent during the day and night.
- **Mute notifications:** this setting will enable you to mute notifications at set times. Accounts aged 13-15 already do not receive push notifications from 9pm and for accounts aged 16-17, notifications are disabled from 10pm.

You can find out more here:

<https://newsroom.tiktok.com/en-us/new-features-for-teens-and-families-on-tiktok-us>

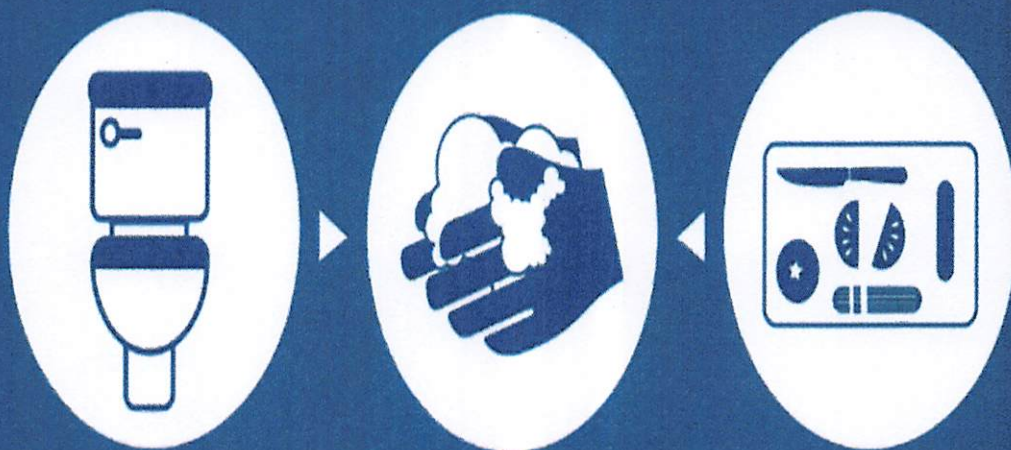
When should a child get their own phone?

If you are thinking about giving your child their own phone, then you might find the latest article from the Education Team at Childnet useful:

<https://saferinternet.org.uk/blog/experts-answer-when-should-my-child-get-their-first-phone>

How to protect yourself and others

After using the toilet and before preparing food, wash your hands regularly with soap and warm water.



Alcohol gels won't kill norovirus

If you catch it, stay home for **48 hours** after your symptoms clear.

DO

- Wash clothes and bedding at 60°C
- Wash hands with soap, clean surfaces with bleach-based disinfectants



DON'T

- Go to work or school, visit care homes or hospitals
- Prepare food for others



Food Support in Enfield

Food Pantries

If you are finding your money does not stretch far enough and you are struggling to afford the cost of food, a food pantry can provide you with a heavily discounted food shop. To receive support from a food pantry you will pay a weekly membership fee (between £3.50 and £4.50), which will allow you to shop at the pantry each week. Pantries look similar to shops and you are able to select a certain amount of food based on your own food preferences. There are 5 pantries located across Enfield:

Enfield Town Pantry

Enfield Town Library
66 Church Street
Enfield
EN2 6AX

Open Thursdays and Fridays. Referral and self-referral only through the Enfield Welfare Advice and support team. Visit www.enfield.gov.uk and search 'welfare advice and support' to find the referral form

Edmonton Green Pantry

Edmonton Green Library
36-44 South Mall
Edmonton
N9 0TN

Open Tuesdays and Wednesdays. Referral and self-referral only through the Enfield Welfare Advice and support team. Visit www.enfield.gov.uk and search 'welfare advice and support' to find the referral form

Ordnance Road Pantry

Ordnance Road Methodist Church
100 Ordnance Road
Enfield
EN3 6BW

Open Saturdays, from 1pm to 3pm. No referral required. For more information, email ordnancepantry@gmail.com

Bounces Road Pantry

229 Bounces Road
Edmonton
N9 8LN

Open Wednesdays and Thursdays, from 9am to 3pm
No referral required. For more information, email sadiyaam@hotmail.co.uk

Fore Street Pantry

Edmonton Methodist Church
Fore Street
Edmonton
N9 0PN

Open Saturdays, from 11am to 1pm. No referral required.

Food Co-ops

Food co-ops are small buying groups, providing their members with free and affordable groceries, sourced in bulk and distributed at a very low price. Cooperation Town food co-ops are owned by their members and run according to local needs. Members decide collectively on how to organise and are responsible for the day to day running of the co-op. While each Cooperation Town co-op is independent, the network is designed to share resources and support across the movement. For more information on joining a food co-op in Enfield, email will@cooperation.town or call 07562 005011

Other Support with Food

For other support with food and to find out more about the local support available to help with rising living costs, please visit: www.enfield.gov.uk/helpingyou

THE NIGHTINGALE
Cancer Support Centre

NIGHT HIKE 2023

1 in 2 people will be diagnosed with cancer
Who will you walk for?

Enfield Civic Centre
Friday 19th May

6:30pm

£15 (including goody bag!)

Be a star in the night and walk 5K, 10k or 15k against cancer



SCAN ME AND SIGN UP!

nightingalesupport.org.uk/nighthike

ORCANCER #NIGHTHIKEFORCANCER #NIGHTHIKEFORCANCER Registered Charity No: 1094435





Mary Mother of God Catholic Church

New Choir Members Welcome !



*We welcome new members.
We are a friendly mixed ability group of
adult singers who enjoy singing and
praising and thanking Our Lord for all
the blessings He has given to us.
Sings at 11a.m. Mass.*

*We also need young people to help in
Our Youth Singing Group - at 9.30a.m.
Also if you play an instrument come along .
All you need is a love of music and wish
to sing from the heart.*

*Contact Danny on 07935274720
Email: saintcecilia03@yahoo.co.uk
Or see me after the 11a.m.
Mass in the choir loft.*



Follow His Tune



Make
a
joyful
noise
unto
the
Lord

Psalm 100