

# ST MARY'S CATHOLIC PRIMARY SCHOOL



## NEWSLETTER

JUNE 2023

We have almost completed our school year! It doesn't seem that long since September but in just seven weeks the children will be ready to move on to their new classes (after enjoying a few weeks rest of course!).



### School Travel Plan - Walk to School!

A big thank you to all who support the school in our 'Walk on Wednesday' campaign. For increasing numbers of children (and their parents) this has continued to become a 'Walk Everyday' campaign which is wonderful. The children who take part are always really enthusiastic and come in each morning keen to tell us if they have been walking / cycling / scooting.

The key issues as you know at our school are the problems associated with restricted parking near the school and for many parents the constraints

of a busy day which makes walking or cycling to school difficult.



When we surveyed the children prior to the first lockdown we found that many of them expressed a desire to cycle to school. In response to this we looked in to the options for suitable cycle storage (this was part of the post building works plan) and as you know we now have a cycle shed in the upper playground. We also arranged for cycling proficiency lessons for the pupils.

It is important for us to remember that the key principle underpinning a school travel plan is to develop sustainable travel which means reducing our reliance on cars whether this is for certain days of the week or for part of the journey to school. The overall aim is to improve the environment and our children's health and enjoyment. Thank

you to all who support our 'Walk on School' campaign.

### St Mary's Catholic Primary School Street

Enfield Council are setting up a School Street for St Mary's Catholic Primary School on Durants Road between Alexandra Road and Bursland Road. A 'School Street' is an area transformed into a pedestrian and cycling zone operating Monday to Friday during the school term, during set times at drop-off and pick-up times. School Streets aim to:

- ensure the safety of school students as they arrive to and leave school,
- improve the air quality near the school, and
- encourage more young people to walk and cycle to school.

When the School Street zone is in operation during the designated hours, motor vehicles cannot pass through the zone, except for those who have applied and received a permit or exemption.



The times of operation for the St Mary's Primary School Street are 8.15am to 9.15am, and 2.30pm to 3.30pm from Monday to Friday during the school terms only.

Further information on School Streets and how they operate can be found at <https://letstalk.enfield.gov.uk/SchoolStreets>.



### Parking

Parking difficulties around the school tend to occur when children are being collected from / dropped off to school each day. I do understand how busy Durants Road can be but please make every effort to park responsibly (preferably away from Durants Road) as you drop off / collect your child each day.

I hope that during the rest of this school term all parents and carers will act in a responsible manner both for the safety of our children and a positive association with our neighbours. Thankfully so many already do.

Please try hard to:

- **Park away from Durants Road and walk with your child.** This is better for your general health and reduces the fumes and pollution around the school. If you can, leave the car at home and try to build the walking time into your child's day. If a child minder or another family member brings your child to school please encourage them to park away from Durants Road.
- **Please do not sit in the car with the engine running.** This is not good for the health of others.
- **Never park in / across any of the driveways even for a minute.** This is disrespectful and causes a lot of problems for the school with local residents.
- **Never park on the zig-zag lines** during the designated no parking times (please check the signs) or in the disabled bays which are reserved for blue badge holders.

**Relationships, Health and Sex Education (RSE / RHE)**

Around this time last school year Relationships Education

and Health Education became statutory in all primary schools in England. This as you know for us builds on the non-statutory lessons we have always taught in RSE / RHE at St. Mary's.

As previously explained we decided to adopt **Life to the Full** by Ten Ten Resources. We actually originally purchased this programme for use in the 2019-2020 school year as we felt it supported the work the school was already doing but then the world went into lock down and other priorities took over.



Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

As part of the subscription to Life to the Full an Online Parent Portal is provided for parents.



Parents should visit the following webpage

[Online Parent Portal – Enter \(tentenresources.co.uk\)](https://tentenresources.co.uk)

The parent login is as follows:

**Username:** st-marys-en3

**Password:** lady-3

## MEI's Calculator Crunch... it's fun and it's free!

**Calculator Crunch will be returning this year!**

Calculator Crunch is an annual event that takes place over 9 days each summer. Every morning an exciting challenge is released on the site's twitter and webpage, alongside a set of learning resources.

Parents and carers can use the challenge activities with their children at home.

Previous years' resources are available online:

[Resource - MEI](#)

<https://mei.org.uk/>

All primary resources are available at:

<https://mei.org.uk/students/primary/resources>

**Stories at Home**



Sooperbooks have extended their library and added high quality audiobooks to all of their stories. You can access their free stories (Age Range 0-10 years) and audiobooks here:

<https://sooperbooks.com/bedt-ime-stories>

### Storytime Videos (Islington Libraries)

Islington Library Service have recorded lots of story-time videos for children from Nursery to Year 6.

<https://www.youtube.com/c/islingtoneducationlibraryservicebooks/videos>

### Resources for Adults

The [National Numeracy Challenge](#) is a great place to start for anyone looking to boost their number skills and confidence - it only takes 10 minutes to start improving your numeracy.

With a dedicated toolkit for adults, National Numeracy's resources cover numeracy for supporting children, work, and money management. Celebrities and case studies tell 'real-life' stories about the

transformational power of numeracy improvement, helping to break down the stigma around maths.

For parents wanting to improve their numeracy skills, there are also free [courses](#) available across the country through the [Multiply](#) and adult skills programmes.

### Thinking Skills

Remember to ask your child which thinking hats they have been using in lessons. Also check to see if they are aware of the current Habit of Mind focus. Some of the children are also using the Thinking Maps – ask your child to see if he / she is aware of the maps.

### Online Safety at Home



You might find the following links helpful:

### WHAT'S THAT APP ANYWAY?

What even is Fortnite (or Roblox...or Minecraft...)?

The best way to find out is to get your child to show you so



you can see how it works, what happens and if it's appropriate for your family. But here are some sites to help you find out what the experts think of apps, sites and games (there are more at

<https://www.lgfl.net/online-safety/resource-centre?s=32>

Thousands of expert reviews of apps, games and even films from [Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media](#)

Whatever the app, or the site, or the game, do you know how to stay secure to stay safe? Here are [6 simple steps \(My Post \(lgfl.net\)\)](#)

<https://parentsafe.lgfl.net/home>

### **Artificial Intelligence and ChatGTP**

What do I need to know about ChatGPT? A guide for parents and carers:

<https://www.childnet.com/blog/what-do-i-need-to-know-about-chatgpt-a-guide-for-parents-and-carers>

ChatGPT - The Future of Content Creation?

<https://swgfl.org.uk/magazine/chatgpt-the-future-of-content-creation>

### **Omegle Guidance - Internet Matters**

Omegle has been a challenge for those concerned with protecting children for a decade and a half. On first glance the site is a simple internet chatroom, reminiscent of platforms from the internet's early years. It has no registration or account system. Being designed with the originally innocent objective of getting strangers to talk to each other, but this allows under-18s to easily use the platform, without needing parental assistance, money or even an email address. This already creates a dangerous situation to children, but its insistence on users needing a webcam to chat places anyone underage in an extremely vulnerable place. To find out more about Omegle and the risks it poses, please follow the links below:

Internet Matters: <https://www.internetmatters.org/hub/news-blogs/what-is-omegle-what-parents-need-to-know/>

Childnet: <https://www.childnet.com/blog/what-is-omegle-key-things-parents-and-carers-need-to-know/>

### **Digiduck Stories (Childnet)**

The five stories in the Digiduck series were created to help parents and teachers

educate children aged 3-7 about online safety. The collection includes a ebooks, PDFs, a poster and an interactive app.

As well as the books, there is a Digiduck Activity Menu, that can be found here: <https://www.childnet.com/resources/digiduck-stories/>



[Parents & carers | Childnet](#)

### **Hanni and the Magic Window - ChildNet**

Helping young children in difficult situations to seek support has always been hard. Their minds are often not developed enough to understand bad situations. They are also unable to comprehend what they need to do to get out of them. More often than not their limited vocabulary may also reduce their ability to talk to adults effectively.

ChildNet has released a downloadable story on their site, aimed at children aged three and up. Their objective is to make them aware of how to seek help. By following the link below you can also find simplified resources around



the story, as well as the story itself.

<https://www.childnet.com/resources/hanni-and-the-magic-window/>

### Healthy Start Scheme

<https://www.healthystart.nhs.uk/>

### Autumn Term Music Lessons for Pupils

Parents are now able to renew and book music lessons and activities for Autumn 2023 from the Music

Store: <https://traded.enfield.gov.uk/musicstore>

The deadline for bookings is 9<sup>th</sup> July 2023.

### Development of School Building and Site - School Fund



I know you are aware we are always keen to continue to improve our school site.

Over the Easter break this school year we had the children's toilets redecorated. We also had all of the oldest lighting in the school changed

to energy saving lighting. Hopefully this will mean reduced energy bills for the school in the future. We had a boiler pump replaced to improve the heating in the Year 2, 3 and 4 rooms.

During the lockdown and in the summer term two school years ago we replaced the climbing frame with a Fitness Trail. The children continue to make great use of it which is so lovely to see.



We also replaced all of the corridor carpet along the ground floor.

Prior to that we replaced all of the toilets etc in the Reception block.

Five summers ago we replaced the roof to the school kitchen and improved the fencing at the Nursery and Reception part of the school.

In the previous summer holiday we replaced the ceilings and lighting in the main corridor, offices, Reception Hope, Year 1, Rosary and Year 1, Wisdom classes. We also replaced the lighting in Reception Grace class and in the Nursery.

In the school year prior to that we extended our School Hall to the front and replaced the roof on the Hall.

In the previous summer we had a new boiler installed to serve the Year 2, 3 and 4 rooms.

Eight summers ago we renewed some of the toilets in the school and replaced 4 fire doors.

Nine summers ago we renewed the playground surface at the top end of the school site (old carpark area) and the fencing between the school site and the house next door.

Ten summers ago we replaced the flat roof covering on the front of the oldest part of the building and Nursery, renewed the furniture in some of our classrooms and replaced some of the interactive boards (we renewed all of the interactive boards again in recent years).

Prior to that we replaced the fence and gates (to increase security) to the front of the school as well as the flooring in the main hall.

Before that we replaced all of the back fencing, internal radiators and pipework and completed the large extension to the school.

Last summer we had a canopy built along the back of the old building (this work was delayed due to the lockdown). We



renewed the boiler which serves the oldest part of the school as it had had as many repairs as it could take and needed to be renewed. We also renewed the boiler which serves the Reception classrooms.

Remember your donations to the School Fund greatly assist the school in improving the facilities provided for all of the children.

Thank you to all who have made contributions this year. Up to 31<sup>st</sup> May 2023 £5,463.00 was collected in School Fund donations.

If you have not made any contribution to the School Fund please consider even making a part payment before the end of the year as your support will make a real difference to what we are able to do for the children.

School Fund costs £2.00 per week / £25.00 per term / £76.00 per year for one child.

For two children School Fund costs £2.50 per week / £32.00 per term / £95.00 per year.

If you have three children in the school School Fund costs £3.00 per week / £38.00 per term / £114.00 per year.



### School Uniform

Thank you to the great number of pupils wearing the correct **dark blue summer dress**. Remember it is fine for your child to continue to wear a grey skirt and polo shirt during the summer term or trousers if your child prefers this. **Children are not permitted to wear summer dresses which are not dark blue check** (these other light blue dresses are actually the summer uniform of another school).

A number of children are wearing short school uniform trousers which are a little cooler in the warm weather.

Please check your child's uniform. Sometimes children accidentally take home the wrong sweatshirts etc. Try to ensure your child's name is on each item of uniform. During the summer children take off sweat shirts a lot more. If the sweatshirt is labelled it is much easier to return it to its owner.

It's good for children to be able to wear a hat during the summer when it becomes very warm. **School hats (with neck protection flaps) are now available from the School Office for £3.00**. Children are encouraged to wear these instead of other non - uniform baseball caps which are not permitted.

On PE days children are able to wear their PE uniform. It must however be the correct PE uniform. *Please ensure your child is wearing the correct joggers in school blue*. Also your child must wear their school shoes and change into their trainers/plimsolls for their PE sessions. Please note that children are not allowed to wear nail varnish or false nails. Rings, bracelets, necklaces must not be worn to school. Lines, logos, Mohican cuts, dye or designs in the hair are not encouraged.



Thank you to the great number of parents who ensure their children wear the correct school uniform each day. The majority of children always look very smart.

### School Dinners

School meals cost £2.65 per day / £13.25 per week (from June 2023).



*Please pay in advance (at least a week in advance) online using*



the Parent Pay system or ask the Office staff for a Pay Point card.

Remember that if your child has school meals (and is not entitled to free meals) and you don't pay for them the school has to find the money to pay your debt. Always pay for your child's meals.

Your child may be entitled to free meals. To qualify for free school meals parents or guardians must be in receipt of:

- Income support
- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

#### Phone calls

Your child is welcome to phone home (in emergency only). We would welcome a voluntary contribution towards the cost of any phone calls your child makes.



#### Attendance

It's very important that we really continue to try during this new term to improve pupil attendance. Our target is for 98% attendance (our attendance was 94.06% and our absence was 5.94% at the end of the summer (first half-term) - although we are improving this level of absence continues to be higher than we would like it to be). The classes with the highest attendance from the beginning of the school year until the end of the first half of the summer term were:

1. 96.45%-Y4, St. Peter
2. 95.42%-Y4, St. Paul
3. 95.27%-Y2, Our Lady of Fatima
4. 95.11% - Y2, Our Lady of Faith
5. 94.89%-Y3, St. Cecilia
6. 94.62%-Y6, St. Catherine
7. 94.32%-Y5, St. Anthony
8. 93.80%-Y5, St. Joseph
9. 93.70%- Y6, St. Christopher
10. 93.41%-Y1, Our Lady Seat of Wisdom



We are required now also as you know to report on Persistent Absence.

The DfE's persistent absence threshold is **10%** from Autumn 2015!

The DfE's guidance on the 2014/15 school census explains that from the 2015/2016 academic year onwards, a pupil will be considered to be persistently absent if he/she is away for over 10% of school sessions in an academic year.

Pages 72-73 of the DfE's guidance, linked to above, contains a table which sets out the estimated thresholds that will be used to define persistently absent pupils.

	15 per cent	10 per cent
Half-term 1	10 or more sessions	7 or more sessions
Half term 1-2 (autumn term)	22 or more sessions	14 or more sessions
Half term 1-3	30 or more sessions	20 or more sessions
Half-term 1-4 (autumn term and spring)	38 or more sessions	25 or more sessions



term  
combined)

Half term 1-5	46 or more sessions	31 or more sessions
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Half term 1-6 (full academic year)	56 or more sessions	38 or more sessions
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Please (unless of course your child is ill) ensure your child is in school each day.

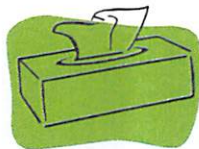
If your child is away from school it is important that you always let us know to avoid having the absence recorded as unauthorised. Always try to phone us on the day and it is school policy to request a short, written note explaining the absence.



### Tissues

We are no longer able to provide tissues for classrooms. Donations of boxes of tissues would be gratefully received. Thank you to parents who have already handed in some boxes.

Unfortunately we are still running low (some noses are running quite a bit at the moment with hay fever and summer colds).



### Be on Time!

Try very hard to ensure your child is on time for school each day and that he/she is picked up promptly at the end of the day.

Allowing your child to be regularly late in the morning and collecting children well after their school time is not good practice. It's good for children to learn good habits of punctuality from a young age.

Again thank you to the numerous parents who ensure their children are on time every day.



### Hair etc!

Sometimes we have nit outbreaks during the summer term. Please check your child's hair regularly. Also ensure that long hair is tied back (in school colours please) each day.

Remember nits like clean hair too!

Also please watch out for Ringworm and Worms! I know they sound unpleasant but children do pick these infections up at times.

### Summer Sun!

Try to ensure your child wears sun cream during the very warm weather.



Remember children spend quite a bit of time outside in the course of the school day. It is important that your child is able to apply his / her own sun cream. You may of course apply the sun cream in the morning before coming to school. We will of course encourage the children to spend time in the shade on very warm days.

Don't forget to log on to the school website -

[www.stmarysenfield.co.uk](http://www.stmarysenfield.co.uk)

### Our Pupils

We consider ourselves very fortunate in school as children are always happy to talk and offer their ideas, opinions and suggestions. They rightly consider the school to belong



to them and always show a great sense of shared responsibility for the school and all that we do together in school.

They of course also reflect the very strong parental support for the school which continues to be a wonderful strength of the school. Remember, if you ever have any concerns about your child or a school decision, to come and see us straight away (thank you to the majority who always do). We would prefer to know and will always listen and try to help.

It is a good idea to copy in the office address when you e-mail the year group address as the office staff can also pass messages on to the teachers.  
[nursery@stmarys.enfield.sch.uk](mailto:nursery@stmarys.enfield.sch.uk)

[reception@stmarys.enfield.sch.uk](mailto:reception@stmarys.enfield.sch.uk)

[year1@stmarys.enfield.sch.uk](mailto:year1@stmarys.enfield.sch.uk)

[year2@stmarys.enfield.sch.uk](mailto:year2@stmarys.enfield.sch.uk)

[year3@stmarys.enfield.sch.uk](mailto:year3@stmarys.enfield.sch.uk)

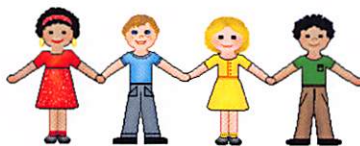
[year4@stmarys.enfield.sch.uk](mailto:year4@stmarys.enfield.sch.uk)

[year5@stmarys.enfield.sch.uk](mailto:year5@stmarys.enfield.sch.uk)

[year6@stmarys.enfield.sch.uk](mailto:year6@stmarys.enfield.sch.uk)

You can always just phone the office too of course.

### Wednesday Word



Have you started to read 'The Wednesday Word' yet? *The Wednesday Word* is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

*The Wednesday Word* 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a

very special 5 or 10 minutes together each week.

We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

<http://www.wednesdayword.org/index.html>

#### Future Dates

**Thursday 8<sup>th</sup> June** - Year 5 to Parish Mass at 9.30am. Years 5 & 6 to theatre.

**Monday 12<sup>th</sup> June** - INSET Day - No School

**Wednesday 14<sup>th</sup> June** - Year 3 to Parish Mass at 9.30am.

**Friday 16<sup>th</sup> June** - The Most Sacred Heart of Jesus. School Mass. Years 1-6 to attend.

**Tuesday 20<sup>th</sup> June** - Sports Day for Juniors AM

**Wednesday 21<sup>st</sup> June** - Sports Day for Infants AM

**Monday 26<sup>th</sup> June** - Sports Day for Juniors AM (if raining previously).

**Tuesday 27<sup>th</sup> June** - Year 6 to Parish Mass at 9.30am.

**Wednesday 28<sup>th</sup> June** - Sports Day for Infants AM (if raining previously)

**Thursday 29<sup>th</sup> June**, Ss Peter and Paul, Apostles - School Mass for Years 1-6

**Tuesday 4<sup>th</sup> July** - Year 4 to Parish Mass at 9.30am. Year 2 to Paradise Wildlife Park.

**Wednesday 5<sup>th</sup> July** - Year 3 to the theatre. Year 5 children Taster day at St. Anne's and St. Ignatius College.

**Thursday 6<sup>th</sup> July** - Year 5 to Parish Mass at 9.30am. Year 6



Transition Day at St. Anne's and St. Ignatius College.

Thursday 13<sup>th</sup> July - Year 6 Leavers' Mass, 9.30am in the School Hall. Leavers' BBQ and Disco, 5-6.30pm.

Friday 14<sup>th</sup> July - Children visit their new September classes AM.

Monday 17<sup>th</sup> July - End of Year Class Parties. Last day of School Year for Year 6. Last day for Reception -Year 5 pupils in their current classes.

Early Closing (12.45pm Infants, 1pm Juniors). Own Clothes Day.

Tuesday 18<sup>th</sup> July - Year 1- Year 6 pupils (September 2023) begin their time in their new classes. New Reception pupils and parents visit.

Wednesday 19<sup>th</sup> July - New Reception pupils and parents visit.

Thursday 20<sup>th</sup> July - New Reception pupils and parents visit.

Friday 21<sup>st</sup> July - Last day of School Year. Early Closing (12.45pm Infants, 1pm Juniors). **OWN CLOTHES' DAY.**

Thanksgiving for the School Year: School Mass (in memory of Daniel Evans and Mary Ireton) at 9.30am in Church for Years 2-6.

New Reception pupils and parents visit AM.

No afternoon Nursery session today.

\* Please note that dates may change as the year progresses. I apologise in advance for any inconvenience this may cause.

Summer Term Reminder!

INSET Day (no school for children) = 12<sup>th</sup> June 2023.

Last Day of the School Year = 21<sup>st</sup> July 2023

**Dates for 2023-2024 School Year**

Autumn Term

Friday 1<sup>st</sup> September - Friday 22<sup>nd</sup> December 2023

Half - Term Monday 23<sup>rd</sup> October - Friday 27<sup>th</sup> October 2023

Spring Term

Monday 8<sup>th</sup> January - Thursday 28<sup>th</sup> March 2024

Half -Term Monday 12<sup>th</sup> - Friday 16<sup>th</sup> February 2024

Summer Term

Monday 15<sup>th</sup> April - Friday 19<sup>th</sup> July 2024

Half - Term Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May 2024

May Bank Holiday: Monday 6<sup>th</sup> May 2024

INSET Days

Friday 1<sup>st</sup> September 2023

Monday 4<sup>th</sup> September 2023

Monday 19<sup>th</sup> February 2024

Tuesday 7<sup>th</sup> May 2024

Monday 10<sup>th</sup> June 2024

*Governors' Day: Monday 22<sup>nd</sup> July 2024 (school closed)*

Own Clothes Day

Thank you to all who supported the Own Clothes' Day before the half-term £158.97 was raised.



The junior children are learning the Hail Holy Queen prayer this term. It is a lovely prayer of praise and petition to Mary, the Mother of God. You might like to say it at home with your child.



Hail Holy Queen

Hail, Holy Queen, mother of mercy!

Hail, our life, our sweetness and our hope!

To you do we cry, poor banished children of Eve.

To you do we send up our sighs, mourning and weeping in this valley of tears.

Turn then, most gracious advocate, your eyes of mercy towards us.

And after this our exile, show unto us the blessed fruit of your womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

**These are some of the prayers we say with the children each day in school.**



You might like to say these in the morning with your child, at meal times or before he / she goes to bed.

#### Morning Offering

O My God, you love me,  
You are with me night and day.  
I want to love you always in all I do and say.  
I'll try to please you Father.  
Bless me through the day.  
Amen

#### Night Prayer

God our Father, I come to say,  
Thank you for your love today.  
Thank you for my family,  
And all the things you give to me.  
Guard me in the dark of night.  
And in the morning send your light. Amen.



#### Grace Before Meals

Bless us O Lord  
As we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us O Lord. Amen.

#### Grace After Meals

Thank you God  
For the food we have eaten.  
Thank you God  
For all our friends.  
Thank you God  
For everything.  
Thank you God. Amen.



#### Our School Prayer

This is our school.  
May we all live here  
Happily together.  
May our school be full of joy.  
May love dwell here among us  
Every day.

Love of one another,  
Love of all people  
everywhere,  
Love of life itself,  
And love of God.

Let us all remember that  
As many hands build a house,  
So every child  
Can make this school

#### A lovely place. Amen



We are trying to learn / say  
The Angelus each day at 12 noon in all classes from Year 2 (from summer term) - Year 6.  
This is a wonderful prayer which reminds us that God the Son became man in order to save us.

You might like to say this prayer with your child at home. It can be said in the morning, at noon or in the evening.

#### The Angelus

The Angel of the Lord declared to Mary:  
And she conceived of the Holy Spirit.  
Hail Mary...

Behold the handmaid of the Lord:  
Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh:  
And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of God.  
That we may be made worthy of the promises of Christ.

Let us Pray.

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may be brought by his passion and cross to the glory



of his resurrection, through the same Christ our Lord. Amen.

May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



### Christian Meditation

We appreciate what a challenging time this continues to be for many children and their families.

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here: <https://www.cathchild.org.uk/meditation-with-children-young-people/>

9 ways parents can support their child's education at home

Emma Tibbitts, NACE Curriculum Adviser (Early Years), shares nine ways parents and carers can support their child's

education at home.

*This blog post is an excerpt from the new NACE Essentials guide for parents and carers of children in the early years - now freely available for all families.*

The biggest contribution a parent can make to their child's education is to be interested in and appreciate what they are doing, know what they are interested in, and support them in what they do.

Gentle encouragement, interested questioning, concern when you feel there is a problem, and a habit of showing curiosity about the world yourself are all very important. Talking with and listening to your child are among the most important factors in the development of language.

Specifically, you could:

#### 1. Support your child to develop language

Read with and to your child as often as possible. Have a new word of the day or week at home. Puzzles, logic games, word games and board games all help to develop language.

#### 2. Support your child to extend their knowledge of the world and encourage discussion

Talk through your day and theirs, and encourage family

discussions. Introduce an interesting fact of the week. Give them a broad range of experiences, e.g. exhibitions, music, food.

#### 3. Support your child to develop a range of skills and a balanced perspective

Do not always focus on their obvious skills - encourage them to sample new activities. Praise and value effort and persistence, not just achievement.

#### 4. Support your child to experiment

Give them space and free time to play, experiment and develop hobbies and interests of their own.

#### 5. Support your child to develop their social and emotional needs

Children need to know that you are proud of who they are and not what they achieve. They need to be allowed to fail and make mistakes, and develop strategies to cope when they get it wrong.

#### 6. Support your child by spending regular special time together

Setting aside special quality one-on-one time with your child will show them you value and appreciate them and will increase the connection between you.

#### 7. Support your child by showing an interest in their



## activities

By playing with your child you show them you are interested in their activities. This will give them the confidence to explore and make mistakes and will give you an insight into what interests them.

### 8. Support your child by developing a warm, loving parent-child relationship

When you respond to your child's needs in a warm, loving and consistent manner you strengthen the attachment you have with them. This provides a foundation to allow children to grow confidently and learn to manage their own feelings and behaviours.

### 9. Support your child to develop good two-way communication

Role modelling good communication skills is essential. Be an active listener, let your child voice their opinion and respond to any questions they may have. Ask questions to show them you understand their viewpoint.

*This blog post is an excerpt from the NACE Essentials guide for parents and carers of children in the early years.*

Since Saturday 4th July 2020 there has been live streaming of our parish services. The link is: <https://www.churchservices.tv/enfield>

## Best Wishes

Thank you for your continued support for our school. It is greatly appreciated by all members of our school community and I think helps to create the happy atmosphere we are so fortunate to have in our school.



I wish you well for the remainder of this term as we move now to the end of another school year.

Miss M Creed  
Headteacher

### June is the Month of the Sacred Heart of Jesus

Ask and you shall receive  
Seek and you shall find  
Knock and it shall be opened unto you

O Sacred Heart of Jesus I place all my trust in you.



We often take for granted that God loves us. In June we

focus specifically on the Heart of Jesus. Jesus is the one who loved us even to the point of dying for us.

In most cultures the heart is the symbol of love; it is what is deep inside us. We speak of a person having a kind heart or a hard heart.

When the Church was gripped with fear of God's anger, a French sister, St. Margaret Mary Alacoque, was given visions of the Sacred Heart of Jesus in 1673 which assured us that God loves us and that we are to serve without excessive fear. At the same time, we must be careful about sin and pray for those who sin.

*Dear Friends, let us love one another because love comes from God. Whoever loves is a child of God and knows God. Whoever does not love, does not know God, for God is love. God showed his love for us by sending his only Son into the world, so that we might have life through him. No one has ever seen God, but if we love one another God lives in us and his love is made perfect in us. (1 John 4:7-9, 11-12)*

Love is a word that is much used and often badly used. Love is not just a feeling but it is rather the fact that we do good things for other people, such as forgiving them, helping them, showing them kindness. If we love others, then we can



get a better idea of how God loves us. We think of this great love.

The Bible is God's love-letter



to his people.

The cross shows us God's immense love for us.



The chalice reminds us of Jesus' love for us in the Mass



and Holy Communion.

May the love of Jesus surround us.

May the love of Jesus forgive us.

May the love of Jesus help us to love one another.



### ADMISSIONS FOR ACADEMIC YEAR 2022/2023

Due to the fact that there are now fewer pupils in London (decrease in the

population of children) and the issues with finding affordable housing we currently have places in our Nursery, Reception, Year 1 and Year 3 2022/23 year groups and some places in some of our other year groups.

**Thank you parents for recommending our school and helping to build up our pupil numbers. Please continue to do this. We need your help!**

From our School Inspection Reports:

*'The leadership team has maintained the good quality of education in the school since the last inspection...Pupils make good progress from their various starting points...Their willingness to come to school is evident in their well above average rates of attendance...You have successfully maintained the above-average attainment by the end of Year 6 in reading, writing and mathematics...Teachers form good relationships with pupils, providing them with a wealth of interesting activities across the curriculum. Pupils concentrate well in class and are keen to work with each other...Pupils say they feel*

*safe at school and know how to avoid danger in the wider community' (OFSTED Inspection, June 2018).*

*'A. Classroom religious education is outstanding*

- The school has adapted and developed the themes of the Religious Education Curriculum Directory in an excellent manner to meet the learning needs of the pupils of St Mary's.*
- The religious education programme in use fully delivers this content and the use of De Bono system in religious education pushes pupils to develop their understanding further.*
- After carefully analysing the needs of their pupils, the school has developed a curriculum and teaching programme that has reached outstanding achievement by the pupils in religious education.*
- Teachers have high expectations and plan lessons that deepen pupils' religious literacy.*
- Since the last inspection, staff confidence in recording and assessment has been demonstrably achieved with the evidence of the clarity and confidence on the*



part of the staff in planning imaginative lessons based on the religious education programme followed in the school.

- The headteacher is also the religious education curriculum coordinator and she takes the closest interest in developing the excellent teaching and learning of religious education in the school.
- The chair of governors is a recent appointment but with her years of experience on the governing body she is clear in her role of both support and challenge in pursuing the special responsibility of governors of a Catholic school.

**B. The Catholic life of the school is outstanding**

- The curriculum fully conforms to the classroom curriculum time of at least 10% for religious education and teaching is fully in line with the requirements of the Bishops' Conference.
- The previous inspection asked the school to develop pupils' understanding

of Catholic Social Teaching and to help pupils understand the ethics of the market place and fair trade. The school has fully addressed these priorities, both in their classroom teaching and in the encouragement offered when choosing charities to support.

- The pupils of St Mary's enjoy an outstanding experience of prayer, liturgy and Catholic worship.
- Pupils and staff have a deep understanding of the call to 'human flourishing' and are given opportunities to develop and celebrate their gifts and talents.
- Partnership with the parents is excellent; they appreciate and support all that the school provides for their children.
- The leadership and management of the school are very effective in promoting the Catholic life of the school. The head is strong and devoted in providing both oversight and support on all aspects of

Catholic life. The contribution and regular visits of the parish priest provides a strong and stable reinforcement of the foundational position of Catholicism in the life of the school' (OFSTED Section 48 Inspection, September 2019).

**ADMISSIONS FOR  
ACADEMIC YEAR  
2023/2024**

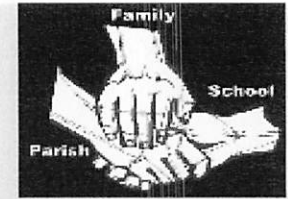
**We still need your help to remind friends, neighbours, relatives to apply for places in our Nursery and Reception classes for their children for September 2023!**

**It is not too late to apply!**





St. Mary's Catholic Primary School – Religious  
Education Newsletter Summer (second half-term)  
2023 – Nursery and Reception



**Religious Education**

**Topic Theme: The Good Samaritan**

This framework is intended as the final in the academic year. It presents the story of the Good Samaritan and the notion of the cardinal virtues as characteristics of Christian life.

**Learning opportunities include:**

- Coming to know that God loves each one always and at all times
- Hearing about God's wonderful world
- Coming to know that Jesus helps us to choose the good
- Respecting each other, respecting adults
- Forming and experiencing good relationships with peers and with adults in the school community
- Considering ways in which a Christian family and parish share and celebrate life, and show care for one another.

**Monitoring opportunities:**

A student's development will be monitored through observation and the collection of work samples for their portfolio.

**Affective and Spiritual Dispositions:**

*It is hoped that pupils will develop:*

- A sense of the sacred in life
- An openness to the stories of Jesus



- A willingness to try and live their learning

### Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- Talk to your child/children about the story of the Good Samaritan. Encourage them to tell you the story and what they have learned about it.
- Be mindful of your actions of care for one another. Take care of each other as the Samaritan cared for the injured man.
- Celebrate your care of each other by making a point of noticing the action of others. Make cards to send to people you care for.

### An idea for prayer at home

#### Prayer Activity



Pray with your children at bedtime.

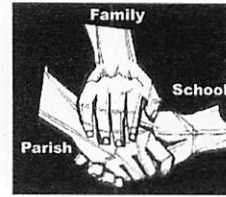
Loving God, you taught us to care for others as the Samaritan did. We pray for doctors and nurses and other people who care for those who are sick. Help us to take care of people we see who need our help and care. We ask this through Jesus who taught us in his stories.

Amen





*St. Mary's Catholic Primary  
Religious Education Newsletter  
Summer 2023(second half-term) -  
Years 1-6*



**Religious Education**

**Key Idea: The Kingdom of Heaven**

This framework of learning is intended as the second in the Summer Term and the final in the academic year 2022/2023. Concluding study of Matthew's Gospel, this work focuses on the parables of the Kingdom as found in Chapter 13.

**Attitudes and Spiritual Dispositions**

**Spiritual Outcomes:** *It is hoped that pupils will develop:*

- A sense of the relationship between learning about faith and living faith-filled lives
- Respect for those who actively seek the kingdom of God

- A commitment to action for the kingdom of God
- An ability to wonder about questions that are difficult to answer

Reflectiveness in prayer

**Activities to try at home**

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying this activity while this topic is being taught:

- Working to build the kingdom of God is the obligation of all Christians. Talk to your children about their learning and plan to do something extra in God's kingdom!

**An idea for prayer at home**

**Prayer Activity**

God our King,  
In the morning when we rise give us your eyes to see the world as you dreamed it.  
In the day as we learn give us your mind to think of the potential of life as you imagined it.  
In the evening when we rest give us your heart to love the kingdom as you wanted it.  
May we be builders for your kingdom, now and forever. Amen.





# Online Safety Newsletter June 2023

## Rec Room

Rec Room is available across different platforms and is free to play. It can be played with or without a VR headset. Rec room consists of player created rooms, in which players can play games and interact with others.

**Rec Room is rated as 9+ by the App store.** For players under 13 years of age, they are assigned a junior account. When creating a junior account, you can also add your own email address, which will allow you to manage your child's password and other settings such as in app purchases. Users with a junior account will not be able to message each other.

You should be aware of the following if your child is playing Rec Room:

- In app purchases: make sure your bank account details are not linked to the device your child is playing on.
- Chat: if your child does not have a junior account then there is a chat facility within Rec Room so there is a risk that your child could communicate with strangers.
- Inappropriate content: your child may come across themes or content that is not appropriate for your child.

Rec Room does have reporting facilities so if your child is playing Rec Room, then please ensure they know how to use them and to talk to a trusted adult if they see anything that concerns them.

You can find out more about Rec Room here:

<https://recroom.com/parents-guide>

## Social Media Influencers

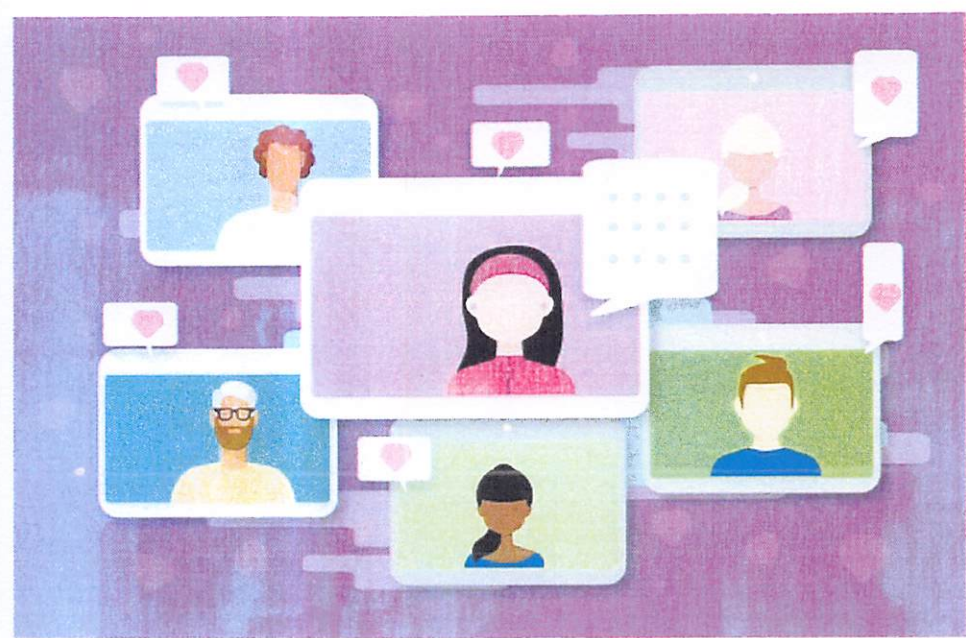
**What is an Influencer?**

An influencer is somebody prominent on a social media platform such as YouTube and Instagram, who have a high number of followers. Influencers share their opinions/ideas and may be paid to advertise/promote products through their account. Whilst there are some great influencers, there are some that choose to share their own opinions, which could be misogynistic or racist for example. These opinions can be expressed or interpreted as fact. It is important to talk to your child about the spread of misinformation online and how we should fact check and critically analyse what we see and hear online.

What we see on social media platforms is influenced by algorithms, which predict what type of content we are most likely to interact with. Whilst there are benefits of algorithms, it can mean that once we start looking at certain content, our social media feed can become more aligned with that opinion, so we don't see a balanced picture. You can find out more here: <https://www.childnet.com/blog/algorithms/>

**Further information**

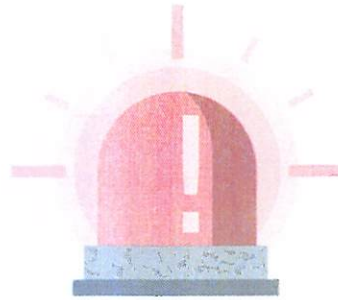
The NSPCC have created an article detailing what you need to know about online influencers. You can read it here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-05-16-the-influence-of-influencers/>





# Omegle

Omegle have updated their terms and conditions. You must be 18+ to use Omegle. Omegle is a social networking/chat website that connects two strangers together for either a text or a video chat. Chats are anonymous unless a user provides this information.



Omegle should not be accessed by children due to the potential imagery shared and language used which can be explicit.

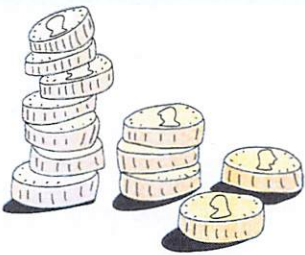
## What should I be aware of?

- No registration is required to access Omegle (therefore no age verification) and there are no reporting facilities.
- Users are given an option to save the chat's log and share the link. It is also possible for other users to take screenshots of text and video chats.

You can find out more information from Internet Matters, including imitation apps that you should also be aware of:

<https://www.internetmatters.org/hub/news-blogs/what-is-omegle-what-parents-need-to-know/>

# Money Savvy Online



## Have you been scammed online?

As scammers become more sophisticated, it's important that we learn about the different approaches that they might use and what to look out for so we can protect ourselves. Barclays have listed some of the most common scams on their website:

<https://www.barclays.co.uk/fraud-and-scams/scams-protection/>

## Parents Sense from NatWest

NatWest have an area on their website full of useful articles and guidance to support your child and enhance your understanding. Articles include avoiding fraud and online scams, information on digital game currency, the dangers of fraud and do you know what a money mule is?

The site also includes activities to complete with your child to enhance their understanding of money including a 'savings challenge' for ages 5 – 8 and 'money and your mental health' aimed at young adults. You can find this information and lots more here:

<https://natwest.mymoneysense.com/parents/>

# JusTalk

Users can use this app to video chat, call and text. There are two versions – JusTalk and JusTalk Kids with both versions having the option to unlock further functions via a premium subscription. JusTalk is rated as 12+ and JusTalk Kids is rated as 4+ on the App store. Even though the apps may be rated as age appropriate for your child, there are still risks in using either version, such as in app purchases.

The Ineqe Safeguarding Group provide an overview of JusTalk, including the risks you need to be aware of: <https://ineqe.com/2023/02/08/what-is-the-justalk-app/>

## Free Webinar

London Grid for Learning (LgFL) are working with the Early Years Alliance to deliver a 1-hour webinar on Thursday 8th June 10-11am to parents of children aged 0-5 years, about simple steps to take to keep children safe when using online devices. You can find out more at the link below:

<https://www.eventbrite.co.uk/e/family-connect-screens-in-the-early-years-tickets-633434709267>

## What is artificial intelligence (AI)?

AI is when a computer/machine can learn and perform tasks like a human. Its popularity is increasing due to the likes of ChatGPT and more recently, My AI from Snapchat. Internet Matters have created a guide about using AI with your child and lists some popular AI tools that you should be aware of: <https://www.internetmatters.org/resources/parent-guide-to-artificial-intelligence-ai-tools/>

In addition, Childnet have produced this blog about Snapchat's My AI: <https://www.childnet.com/blog/snapchats-new-ai-chatbot-and-its-impact-on-young-people/>



## WHAT COULD HAPPEN IF I KEEP MY CHILD FROM SCHOOL FOR AN UNAUTHORISED REASON?

Local authorities and schools can use various legal powers if your child is missing school without a good reason. Consequences of continued absence are:

- a Parenting Order
- an Education Supervision Order
- a School Attendance Order
- a fine (sometimes known as a 'penalty notice')



### WARNING

You can be given one or more of these but the council does not have to do this before prosecuting you.



**ATTENDANCE MATTERS!**  
Every Student, Every School, Every Day

## WHAT EACH SANCTION MEANS

### Parenting Order

A parenting order is a sanction that is decided and issued by the Magistrates court (if the local authority instigates court proceedings). This means you have to go to parenting classes. You'll also have to do what the court says to improve your child's school attendance.

### Education Supervision Order

If the local authority thinks you need support getting your child to go to school but you're not co-operating, they can apply to a court for an Education Supervision Order.

A supervisor will be appointed to help you get your child into education. The local authority can do this instead of prosecuting you, or as well as.

### School Attendance Order\*

You'll get a School Attendance Order if the local authority thinks your child is not getting an education.

You have 15 days to provide evidence that you've registered your child with the school listed in the order or that you're giving them [home education](#). If you do not, you could be prosecuted or given a fine.

*\*This is a legal proceeding instigated by the local authority and referred to the Magistrates court for their consideration.*

### Penalty Notices

Your local authority can give each parent a fine of £60 per child (issued on behalf of schools), which rises to £120 per child if you do not pay within 21 days. If you do not pay the fine after 28 days you may be prosecuted for your child/ren's absence from school.

### Prosecution

You could get a court fine of up to £2,500, a community order or a jail sentence up to 3 months. The court also gives you a Parenting Order.

# IMPROVING SCHOOL ATTENDANCE

## YOUR ROLE AS A PARENT/CARER





Good attendance at school is the single most important factor in ensuring that children and young people have the best opportunities in adult life.

## How parents/carers can help their child have good attendance?

- From starting at nursery, make sure your child arrives at school on time, every day.
- Encourage your child to take part in school activities and ensure that they understand the importance of being there every day.
- Don't let your child take time off school for minor ailments – particularly those which would not stop you from going to work.
- Where possible, make appointments after school, at weekends or during school holidays.
- Remember, a morning appointment does not mean a whole day of absence. Bring your child back to school in the afternoon.
- Take family holidays during school holiday time only. Schools publish term time dates well in advance – use these to plan your family holiday.
- Encourage your child to tell you about any problems they may have at school. If you know or think that your child is having difficulties attending school you should contact the school straight away.
- Find out regularly your child's attendance and absence record and check that this matches with your own records.
- Acknowledge, praise and reward good or improved attendance, even small successes.



There are 365 days in a calendar year and 175 of them are non-school days! That's plenty of time to book appointments, holidays and lots of quality family time together!

**Below 90%**

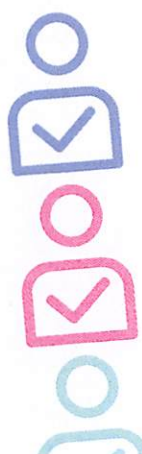
**Serious impact on education and reduces life chances**

**90-95%**

**Less chance of success**

**96% & above**

**Best chance of success**



**But it's only a day**

▶ **90% attendance = half day missed every week!**

▶ **One school year at 90% attendance = four weeks of learning missed!**

▶ **Over 5 years of school = half school year missed!**

All children and young people whose school attendance is 90% or below are considered to be persistent absentees.



## THE IMPACT OF SCHOOL ABSENCE

- The pupils with the highest attainment at the end of Key Stage 2 and Key Stage 4 have higher rates of attendance compared to those with the lowest attainment.
- At Key Stage 4 the overall absence rate of pupils not achieving grades 9-4 was over twice as high as those achieving grade 9-5 (8.8% absence compared to 3.7% absence).

*Taken from 'Working Together to Improve School Attendance', September 2022*





# AN INTRODUCTION TO LUNCHTIME MEALS AT YOUR CHILDS SCHOOL

SCHOOL MEALS BY STIR FOOD LTD  
JUNE 2023





# About Stir.

A dark blue background on the right side of the page features several white line-art icons of various vegetables and fruits, including a broccoli, a pea pod, an orange, a mushroom, a raspberry, a lemon, and a carrot. A small yellow circle is positioned at the end of the word 'Stir' in the main title.

Stir is delighted to be the chosen caterer that will provide lunchtime meals to the children at your school. We're really looking forward to welcoming the children into the dining room and serving them delicious, home-cooked food.

## **Full of Flavour and Fun**

We pride ourselves on serving food to our customers that they love to eat. We involve them in designing our menus and take feedback into account to make sure that every single dish we create is just right for our young customers.

The food children eat at school plays an important role in their wellbeing, and eating a well-balanced diet not only helps to maintain and improve their health but also sets them on the right track for later life. We really understand this and that's why we're passionate about serving fresh, high quality and locally sourced food that is prepared and cooked in our kitchens, so we can guarantee they are healthy and balanced.

We also love to add some fun to the dining room - most of us have strong memories of our school lunches and we want to make sure those memories are positive. Therefore, we work hard to create dining experiences that are welcoming, warm, social and fun. We want our customers to look back at their school lunches and not only remember eating delicious food, but also having a great time with their friends!

## **Fresh and Local**

We are proud supporters of local and regional farmers. There are so many incredible producers right on our doorstep so we make the most of it! This has lots of benefits, including supporting the local economy, safeguarding local jobs, telling important stories about local farming families and of course, ensuring we've got the best, freshest ingredients on our menus!

It also helps us to be sustainable - we're passionate about enhancing our customers' lives and that means helping combat climate change to support their futures. We use local, seasonal, traceable ingredients in our menus to reduce the carbon footprint of our services.



# FREE LUNCHES!

The Free School Meals scheme is a fantastic initiative by the Government to ensure that all children can eat a delicious, nutritious and filling meal each and every day.

From June until the end of this school year children in Reception, Year 1 and Year 2 are all entitled to Free School Meals and for pupils in Year 3 and upwards, there is a simple application form if you receive certain benefits. We can provide support through the application process so feel free to get in touch if you have any questions.

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

Here are just a few benefits to the Free School Meals initiative:

- You know your child will eat a hot, filling meal each school day
- You can be confident that our meals are healthy and balanced thanks to our company nutritionist's support
- You can help your school get extra funding through the Pupil Premium initiative.

Following on from the Mayor of London's announcement, from September 2023, for one year, all children in all years are entitled to receive a free meal. We would encourage all children to take up this offer and enjoy a daily hot lunch with us.







# FOOD FOR EVERYONE

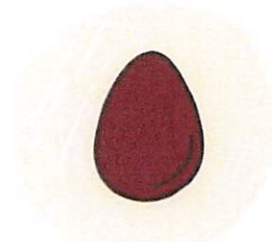
Many parents believe their child can't have school meals because they have a special dietary requirement, such as an allergy or intolerance. We believe that every child should be able to enjoy a delicious school lunch that is safe and healthy for them to eat. We can provide meals for a very wide range of dietary requirements, from cultural or religious requirements to medical requirements.

We have a lot of experience in this area, as we already cater for many children in our schools who need specialised menus, whether it's egg-free, gluten-free, carb counted, vegan, Halal or more. We also cater for children with swallowing difficulties, who need softer foods. Therefore, you can be confident that your child will have a menu available so they can experience school meals alongside their peers!

We have robust food safety procedures, allergy policies and regular training sessions for our staff, to ensure we do this safely. We also have experts within our business who can provide support, from our Health and Safety team to our Head of Nutrition.

It's important that we get a chance to speak to parents or carers of children who require special diets. This helps us understand the child's requirements and means we can work together to create a bespoke menu. It also means you can ask us questions, talk about any concerns and understand how we keep your child safe. We sometimes need details from a medical professional such as a GP, but we will let you know in advance if this is the case.

Please get in touch with the school or our catering team if you would like to discuss a special menu to cater for your child's dietary requirements.



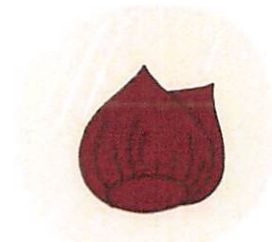
EGGS FREE



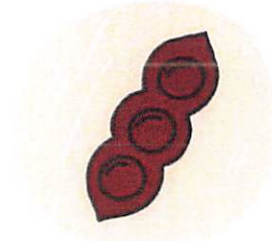
GLUTEN FREE



LACTOSE FREE



NUTS FREE



SOYA FREE





# FOOD EDUCATION

We know we have a responsibility to help our customers develop healthy habits that they can take on into later life. Our menus give children great insight into a healthy, balanced diet, but we know that's not enough.

For that reason, we've worked hard on a plan to help our schools teach their children about food, nutrition and a healthy lifestyle. This takes many forms, including cookery workshops with our catering team, nutritional assemblies and some fun activities during lunchtime and beyond!

We also like to introduce our customers to new flavours and textures to help broaden their taste horizons! We change our menus twice a year, keeping the children's traditional favourites on but also adding in some new dishes that they might not have tried before. We can organise taster sessions before any menu changes to help the children feel more comfortable trying new things on the menu.

We also have regular 'theme days', which enable us to showcase different cuisines and just add some fun! Theme days are fun lunchtime experiences with special menus designed to add some excitement to the day. We travel the globe, with menus from Mexico to Malaysia, India to Italy, Japan to Jamaica. We also celebrate events like Wimbledon, Easter, Diwali, Eid and much more give children a taste of the traditional foods associated with each celebration.







# GOING GREEN

Care for the communities we work with and respect for the environment we live in is really important to us.

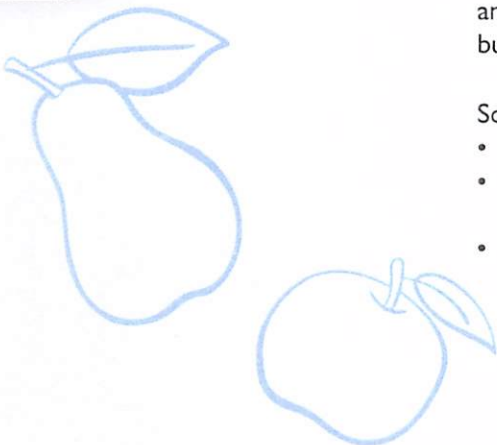
As a school caterer, we have a duty to play a part in educating our young customers about sustainability and setting an example of how we can care for the environment.

We train our teams on how to conserve energy and we reduce food miles through our use of regional suppliers and fresh, seasonal produce.

We ensure that all of our suppliers are also acting sustainably and work with them to introduce new ideas, products and innovations. We seek out suppliers with accreditations such as Red Tractor, British Lion, MSC- approved and Fairtrade, to really drive an environmental focus across all parts of our business.

Some ideas we've introduced over the last few years include:

- Having our used cooking oil collected and converted into bio-fuel
- Reducing our use of single-use plastics and using biodegradable or compostable alternatives wherever possible
- Offering more plant-based options to reduce the environmental strain of the meat industry.





## SO, WHY CHOOSE SCHOOL MEALS?

We think there are loads of great reasons to choose school meals for your child. Here are a few of the biggest ones:

- Our recipes and menus have been created by passionate, creative and experienced chefs who ensure that they're delicious and full of flavour, whilst still being balanced and healthy
- Our staff are thoroughly trained in Health and Safety and Food Safety, to prepare meals with your child's wellbeing as the top priority, including if they have special dietary requirements
- It saves parents and carers hours making packed lunches each week (giving you more quality time with your family!)
- We work in partnership with our schools and their families to make sure that our catering service meets your specific wants and needs
- Our school meals offer fantastic value for money, as children get hot and filling meals for excellent prices. They could even be free if you are entitled to Free School Meals!
- Children who are entitled to Free School Meals receive the exact same choice as their peers and no-one will ever know they are eligible - it's easy to apply and our team can provide information and support
- The healthy eating habits and social skills children pick up in our restaurants help to enhance their future as they take this on into their adult lives, setting them up for a healthy, happy life
- We have experience working with fussy eaters and can help your child in their journey of trying new foods!
- Through the Pupil Premium, you could be supporting your school to get extra funding!

The logo for 'Stir' is written in a large, white, serif font on a dark blue background. A small yellow circle is positioned at the bottom right of the letter 'r'.

**Stir.**

**Thank you for reading our booklet!**

If you have any questions, please feel free to get in touch!

e: [info@stirfood.co.uk](mailto:info@stirfood.co.uk)  
w: [www.stirfood.co.uk](http://www.stirfood.co.uk)



# BE SECURE TO BE SAFE ONLINE

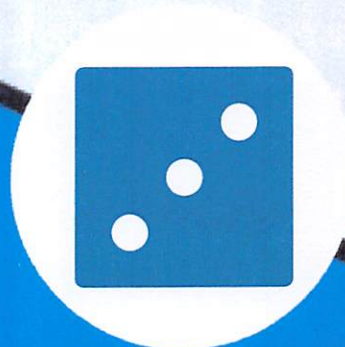
THERE ARE LOTS OF WAYS TO STAY SAFE ONLINE. ONE WAY IS TO MAKE SURE NOBODY CAN GET INTO YOUR ACCOUNTS OR DEVICES.

*The National Cyber Security Centre recommends six simple steps:*

**DIFFERENT  
PASSWORD  
FOR EMAIL**



**PASSWORDS:  
3 RANDOM  
WORDS**



**BROWSER  
PASSWORD  
MANAGERS**



**TWO-FACTOR  
AUTHENTICATION**



**AUTOMATIC  
UPDATES**



**REGULAR  
BACKUPS**



Find out more about the NCSC six tips at [nsc.gov.uk/cyberaware](https://nsc.gov.uk/cyberaware) and about LGfL - the National Grid for Learning at [security.lgfl.net](https://security.lgfl.net)



# Special Guardianship Education Support



## Coffee Morning

- Are you a Special Guardian?
- Are you aware of the educational support available for your child?
- Would you like the opportunity to discuss any educational issues? (Examples could include SEN, attendance, homework, friendships, or anything else!)
- Would you like to meet other Special Guardians?

Please come and join us on

Wednesday 5<sup>th</sup> July 2023  
10 – 11.30 am  
West Lea School, (Haselbury Campus)  
Haselbury Road  
Edmonton, N9 9TT

Please contact Jane Manning (contact details below) to reserve your space



To find out more contact: Jane Manning (Previously Looked After Children Officer): [jane.manning@enfield.gov.uk](mailto:jane.manning@enfield.gov.uk)



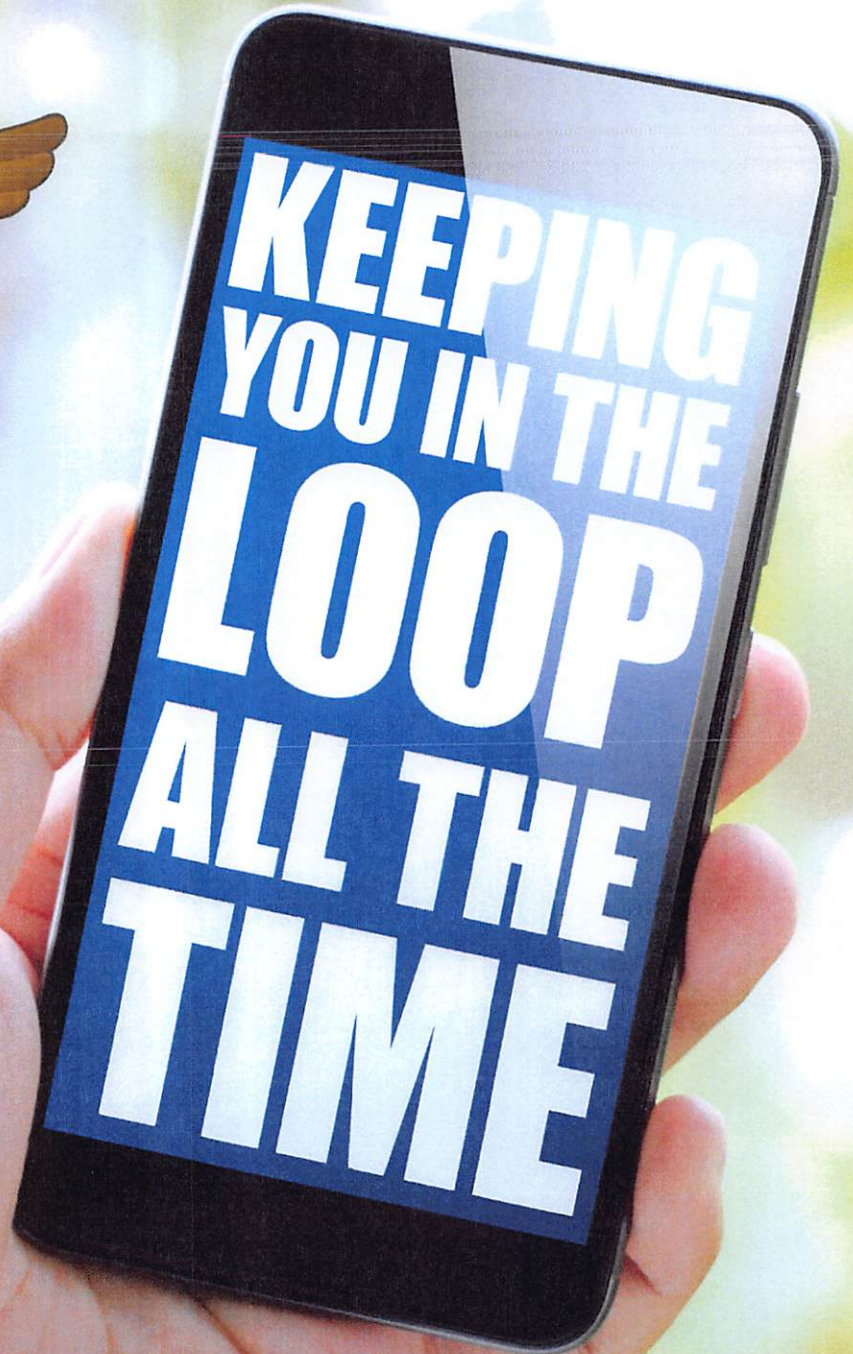




# OWL

Online Watch Link

REGISTER  
FOR FREE AT  
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## OWL is the latest way to interact with your local police and Neighbourhood Watch

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- A unique collaboration between the police and the public designed to tackle the issues that are important to you
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Register for **FREE** at [www.owl.co.uk/met](http://www.owl.co.uk/met)



MOPAC | MAYOR OF LONDON





# Would you like to understand more about county lines in Enfield & Haringey?

Join our panel of experts for a live webinar



Lindsay Dalton  
CEO, Pace



Metropolitan  
Police



Sarah Pritchard  
Advanced Practitioner and  
Consultant

Free webinar for parents & carers

13th June, 7.00 - 8.30pm

Join our panel of experts and find out about county lines in your area, how to keep your child safe and what to do if you have concerns. You will also hear about child exploitation from a lived experience perspective.

- ✓ Learn what county lines and child criminal exploitation is
- ✓ Understand the signs that your child might be at risk or involved
- ✓ Learn how offenders groom and exploit children
- ✓ Understand what is happening in your area

Register: [EnfieldHaringeyParentWebinar.eventbrite.com](https://www.eventbrite.com/e/enfield-haringey-parent-webinar)



**Pace**  
Parents against  
child exploitation