

ST MARY'S CATHOLIC PRIMARY SCHOOL



NEWSLETTER

October 2022

Almost a whole half term in school complete already (only just three weeks to go including this week)! Thank you to all who have worked hard to make these first weeks a success. It's good to see the new children settling so happily in Reception and Nursery. Welcome to any new children who have joined other classes this year - thank you to the children already in school for being friendly, welcoming and kind to our new pupils.



Where can I find out more about St. Mary's School?

If you visit www.ofsted.gov.uk and click on 'Inspection Reports' you can access the full inspection report for our school.

Also if you visit the website for the Diocese of Westminster at www.rcdow.org.uk and click on

'Find a School' you can read the full Section 48 inspection report for our school (I know many of you are aware that our school is also inspected by inspectors from the Diocese of Westminster. The school was last inspected in September 2019 by 3 Diocesan inspectors and received an Outstanding grading. This wonderful outcome is due to the hard work of all members of our community - children, parents and staff).

Over the course of each school year the school also has visits from people from the Diocese of Westminster and the local authority to check standards.



If you have any questions about the work, the organisation of the classroom, need any support or just want to say hello please contact the teacher via the year group e-mail address or via the school address or call us at school. I know the teachers are always happy to hear from you.

Staff will also be on the playground each afternoon if you need to check anything.

It was great to see so many parents attending the 'Meet the Teacher' sessions after school at the beginning of term. Remember if you missed the session for your child's class or want a bit more clarification you are more than welcome to meet with the teacher to discuss your child's work, progress, the routines in the classroom etc. Just contact the school office to arrange a meeting.

Year Group Addresses:

nursery@stmarys.enfield.sch.uk
reception@stmarys.enfield.sch.uk

year1@stmarys.enfield.sch.uk

year2@stmarys.enfield.sch.uk

year3@stmarys.enfield.sch.uk

year4@stmarys.enfield.sch.uk

year5@stmarys.enfield.sch.uk

year6@stmarys.enfield.sch.uk

St Mary's Catholic Primary School Street

As you know Enfield Council are proposing a School Street for St Mary's Catholic Primary School on Durants Road between Alexandra Road and Bursland. You can see from the planters and signs where the School Street will begin and end.

A 'School Street' is an area transformed into a pedestrian and cycling zone operating Monday to Friday during the school term, during set times at drop-off and pick-up times. School Streets aim to:

- ensure the safety of school students as they arrive to and leave school,
- improve the air quality near the school, and
- encourage more young people to walk and cycle to school.

When the School Street zone is in operation during the designated hours, motor vehicles cannot pass through the zone, except for those who have applied and received a permit or exemption.

The proposed times of operation for the St Mary's Primary School Street are 8.15am to 9.15am, and 2.30pm to 3.30pm from Monday to Friday during the school terms only and will be

operated manually using gates and marshals with the view to switching to a permanent camera enforced system in the future.

Our next step is to recruit marshals. We need your help! Please sign up at the school office to volunteer to manage the barrier areas in the morning and / or afternoon when the School Street is in operation.

Volunteering is easy to do and a great way to get involved with the school community, meet other parents and our neighbours while you are helping to create a safer space for all of our children!

Key Activities for a Marshal:

- Managing a closure point, setting out, opening and closing the gates
- Managing vehicle access
- Escorting exempted vehicles through the closure
- Speaking to any members of the public who come along while the school street is in place.

Training is provided for this very important voluntary role

(hopefully in the week before the autumn half-term break).

Further information on School Streets and how they operate (as well as updates) can be found at

<https://letstalk.enfield.gov.uk/SchoolStreets>.



Parking

Parking difficulties around the school tend to occur (and have happened already this term) when children are being collected from / dropped off to school each day. I do understand how busy Durants Road can be but please make every effort to park responsibly (preferably away from Durants Road) as you drop off / collect your child each day.

I hope that during the rest of this school term while we wait for our school street to start all parents and carers will act in a responsible manner both for the safety of our children and a positive association with our neighbours. Thankfully so many already do.

Parents a huge thank you to so many of you for your wonderful support. More and more children are walking, cycling or scooting to school. Lots of parents too are parking away from the school and walking with their children.

For those adults who are still blocking driveways and parking illegally please **park away from Durants Road and walk with your child!**

Please try hard to:

- Park away from Durants Road and walk with your child. This is better for your general health and reduces the fumes and pollution around the school. If you can, leave the car at home and try to build the walking time into your child's day. If a child minder or another family member brings your child to school please encourage them to park away from Durants Road.
- Please do not sit in the car with the engine running. This is not good for the health of others.
- Never park in / across any of the driveways even for a minute. This is

disrespectful and causes a lot of problems for the school with local residents.

- Never park on the zig-zag lines during the designated no parking times (please check the signs) or in the disabled bays which are reserved for blue badge holders.

International Walk to school month

October 2022

Some great Teaching Resources and activity ideas here;

<https://www.livingstreets.org.uk/get-involved/campaign-with-us/international-walk-to-school-month>

Handwashing Advice



We know that it is essential that everyone continues to wash their hands more often, using soap and water for at least 20 seconds. Hand washing with soap employs mechanical action that loosens bacteria and viruses from the skin, rinsing them into the drain. Drying hands afterwards makes the skin less hospitable to the virus. Hand sanitiser can

be effective if soap is not available or the situation makes using soap less feasible (i.e. when outside) but using hand sanitiser provides none of the virus-destroying friction that rubbing your hands together and rinsing with water provides.

Guidance and video on hand washing can be found at: <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

Wednesday Word

Have you started to read 'The Wednesday Word' yet?

The Wednesday Word is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your

children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a very special 5 or 10 minutes together each week.

We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

The Wednesday Word is currently available online:

<http://www.wednesdayword.org/index.html>



100% Attendance for 2021-2022 School Year

47 (90 in 2020-2021 so 47 is a sign of the times we lived in last school year) pupils had 100% attendance! Well done to those children and their parents! This is an excellent achievement!



103 children had 100% attendance in the summer term! Well done!

Attendance for September 2022

1. Y5, St. Anthony: 98.97%
2. Y3, St. Cecilia: 98.80%
3. Y2, Fatima: 97.84%
4. Y4, St. Peter: 97.70%
5. Y3, St. Bernadette: 97.65%
6. Y6, St. Christopher: 97.56%
7. Reception Grace: 97.49%
8. Y1, Wisdom: 97.01%
9. Y2, Faith: 96.99%
10. Y5, St Joseph: 96.96%

Well done children and parents!

Our target continues to be 98%. Our overall attendance for September was 97.31%.

Holidays and Absences

I would urge you to try not to book holidays during term time as time away from school can unsettle children and affect their progress. **I regret that we are unable to authorise time off during the term which is requested for holidays.**

Any requests for time off (special circumstances will only be considered) must be put in writing in advance to the Headteacher.

It is not school policy to provide homework for absence during term time.

We are required to ask for a written note to explain any absence from school.

The Angelus

In the autumn term we try to learn / say The Angelus each day at 12 noon in all of our junior classes from Year 3 - Year 6. This is a wonderful prayer which reminds us that God the Son became man in order to save us.

You might like to say this prayer with your child at home. It can be said in the morning, at noon or in the evening.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.
Hail Mary...

Behold the handmaid of the Lord:
Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh:
And dwelt among us.

Hail Mary...
Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us Pray.
Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may be brought by his passion and cross to the glory of his resurrection, through the same Christ our Lord. Amen.
May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Online Safety at Home

You might find the following link helpful:

<https://www.kidsonlineworld.com/#>

This site has been created by ECP, the company which has provided our staff safeguarding training for many years and has provided numerous sessions of online safety for our children and

parents. This company also provides training on behalf of the local authority and to many different business and community groups.

There is some really useful help to understand apps, games and parental controls. Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP) whose aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their [parent's website](#) and download their home activity worksheets for fun, online safety activities to do with your family.

[Parents and carers | CEOP Education \(thinkuknow.co.uk\)](#)



Remember, primary-age children should be supervised at all times when online.

Sharing pictures

Using devices like phones and tablets to share pictures and videos can be a great way for children to have fun and stay in touch with friends and

family. It's really important your child knows what's ok to share online and what they should check with you first.

Read [younger children sharing pictures or videos online](#) for more information on the risks and how to support safer sharing.

[Younger children sharing pictures or videos online \(thinkuknow.co.uk\)](#)

Teaching Body Safety with Music (My Body is My Body Foundation)

'My Body is My Body' is an international, musical body safety programme for over 3s and is available in a number of languages. Resources for the programme are free of charge and can be found here: <https://www.mybodyismybody.com/>

LGfL DigiSafe resources to help young children stay safe online

The LGfL team have created an excellent set of resources for young primary school children to help keep themselves safe online.

The DigiSafe website says, "We want schools and parents to spread the message of

Undressed to the very youngest primary pupils because law enforcement agencies such as NCA CEOP have repeatedly warned about sexual predators tricking young children into getting changed or undressed on camera by playing a 'game' or issuing a 'challenge' to see how fast they can get changed into different clothes or into a swimming costume.

This might happen over video chat or a livestreaming app; children often don't even know this has happened; videos are often taken and then circulated".

[Undressed \(lgfl.net\)](http://www.lgfl.net)

parentsafe.lgfl.net

Keeping children safe during community activities, after-school clubs and tuition: Questions to help parents and carers choose out-of-school settings

As we start a new school year, parents may well be looking for after-school clubs, theatre groups or sports' clubs.

The DfE has a document that helps parents identify the safeguarding issues to consider when choosing a provider.

Keeping children safe during community activities, after-school clubs and tuition: Questions to help parents and

carers choose out-of-school settings.

Parents can access the guidance here:

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-on-safeguarding-children-in-out-of-school-settings/keeping-children-safe-during-community-activities-after-school-clubs-and-tuition-questions-to-help-parents-and-carers-choose-out-of-school-settings>

What is mental health?

We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods.

Looking after our mental health is important. We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long.

Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.

Christian Meditation

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation

sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here: <https://www.cathchild.org.uk/meditation-with-children-young-people/>

Harvest

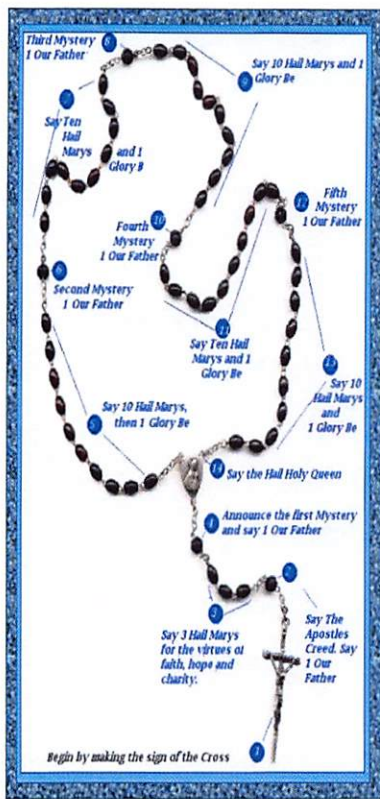
This year we are again supporting the Manna Centre, a centre for the homeless in London. Thank you for your very generous contributions to date.

Again last year the representative from the Manna Centre again said that our collection was the most food received from a school. We celebrated our Harvest Mass on Friday 7th October.



This is also the Feast of Our Lady of the Rosary. Don't forget your child will need to have their Rosary beads in school to be blessed!





October is Black History Month

[Black History Month | Enfield Council](https://www.enfieldcouncil.gov.uk/black-history-month)

A wealth of world class music and entertainment is heading to Enfield as part of the borough's celebration of Black History Month throughout October. There will be a huge range of events at venues across the borough including Forty Hall and the Millfield Theatre as we pay tribute to the enormous contribution black artists, writers, musicians, politicians, families and others have made towards making Enfield the diverse and welcoming place it is

today. You can find out more about the events on offer at our dedicated webpage.

Since Saturday 4th July 2020 there has been live streaming of our parish services, The link is:

<https://www.churchservices.tv/enfield>



Support for Prayer

Father John has asked me to remind you that the church is now open each morning from 8.15am to enable families / parents to call in to pray.

Uniform

Uniform can be purchased online by logging onto ParentPay and clicking on the school shop link. Items purchased will be available for collection from the school office.

Please ensure that your child's clothing is labelled. Labelled clothing when found can be returned to its owner while unlabelled items generally remain in lost property. Please encourage your child to wear the correct uniform

(including PE uniform) **and to leave jewellery at home.** Uniform is part of our identity at St. Mary's. Thank you to all of the children (and their parents) who have come back to school wearing neat correct uniform.

Hair

Please ensure long hair is tied back in school colours only (blue / black / white / grey). **No highlights, designs, lines or dyes** to be put in hair please. Mohican hairstyles are not permitted.

Nails

False nails or nail polish are not permitted in school.



Year 6 Secondary School Transfer

Father John will be available to sign references (Certificates of Catholic Practice) on the following date:

Thursday 6th October from 5pm-6pm

This meeting will take place in the Parish Hall.

If you have not already done and will require a Certificate of Catholic Practice /

reference to support an application for a secondary school place please make an appointment by telephoning 8804 2396 (our school number - our office staff will be pleased to make an appointment for you).

Father John has asked that both the child and parent attend. He would like you to bring along with you your child's Birth and Baptismal certificates and proof of address.

Please remember that the local Catholic secondary schools in Enfield do not require a Certificate of Catholic Practice / reference.

[How To Teach Kids About Money and Finances | Money Sense \(mymoneysense.com\)](#)

Development of School Building and Site - School Fund



We have had a continuous programme of updating and improving our school site over the last 20 years.

Five years ago during the summer break we had new

lighting fitted in the Reception and Year 1 classes as well as in the main corridor and offices. We also replaced a number of older ceilings.

Four years ago we replaced the roof covering to the school kitchen.

During the summer holidays three years ago we renewed the toilets for the Reception children.

Two years ago during the summer half-term we had the ground floor carpet replaced and renewed some of the older interactive boards.

Last year we had our new canopy installed during the summer break and prior to that had the new climbing frame installed in the playground.

Remember your donations to the School Fund assist the school in improving the facilities provided for all of the children. This is part of your commitment to the wider community and Catholic Education.

Thank you to all who made contributions last school year.

Your support for the School Fund will make a real difference to what we are able to do for the children.

School Fund costs £2.00 per week / £25.00 per term / £76.00 per year for one child. For two children School Fund costs £2.50 per week / £32.00 per term / £95.00 per year.

If you have three children in the school School Fund costs £3.00 per week / £38.00 per term / £114.00 per year.

If each family in our school paid its School Fund for one year we would have at least £20,000 in donations! This money would make a real difference to our school and to our provision for the children.

School Dinners

School meals cost £2.50 per day / £12.50 per week (from September 2016).



Please pay in advance (at least a week in advance) online using the Parent Pay system or ask the Office staff for a Pay Point card.

Remember that if your child has school meals (and is not entitled to free meals) and you don't pay for them the school has to find the money to pay your debt. Always pay for your child's meals.

Your child may be entitled to free meals. To qualify for

free school meals parents or guardians must be in receipt of:

- Income support
- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

Please contact the school office if you believe your child qualifies for free meals.

Some Dates for this term

Monday 3rd October:

Month of the Rosary begins - children are encouraged to bring their rosary beads to school for prayer.

Tuesday 4th October: Year 4 to parish Mass at 9.30am

Friday 7th October: Our Lady of the Rosary and Harvest Fast Day - School Mass in church for Years 2-6. Rosary beads are blessed.

Monday 17th October: Year 6 trip to PGL (return on Friday 21st October).

Wednesday 19th October: Year 2 to parish Mass at 9.30am.

Thursday 20th October: Year 5 to parish Mass at 9.30am.

Friday 21st October: Own Clothes' Day.

Monday 24th October - Friday 28th October: HALF-TERM (No School)

Tuesday 1st November: Feast of All Saints - School Mass in church for Years 2-6 at 9.30am.

Wednesday 2nd November: Feast of All Souls - Years 5 and 6 to Mass at 9.30am.

Monday 7th November and Tuesday 8th November: Judaism workshops.

Thursday 10th November: Year 3 to parish Mass at 9.30am.

Tuesday 15th November: Bring your Mum to School AM.

Wednesday 16th November: Photographer in school - individual photographs.

Monday 21st November: Year 1 Christmas Performance AM (parents with babies and toddlers).

Tuesday 22nd November: Year 4 to parish Mass at 9.30am.

Reception Christmas Performance AM (parents with babies and toddlers).

Thursday 24th November:

Reception Christmas Performance AM (adults).

Friday 25th November: Own Clothes' Day - items for Christmas Bazaar.

Year 1 Christmas Performance AM (adults).

Monday 28th November: School Mass in church for Years 2-6 at 9.30am for Blessing of Advent Wreath.

Thursday 1st December: Years 5 and 6 to Mass at 9.30am.

Year 2 Carol Service for parents / relatives, 9.30am (for Nightingale Hospice).

Friday 2nd December: Nursery Christmas Performance.

Thursday 8th December: The Immaculate Conception of the Blessed Virgin Mary - School Mass in church for Years 2-6.

Monday 12th December: Christmas Lunch.

Tuesday 13th December: Christmas Class Parties PM.

Junior Carol Service in church, 5pm (for the Nightingale Hospice)

Friday 16th December: Last day of autumn term - School Mass (Mrs. Derwin's 18th anniversary Mass) in church for Years 2-6.

Early Closing (12.45 Infants and 1pm Juniors). Own Clothes' Day.

Tuesday 3rd January 2023: Return to school for Spring Term.

On occasions it is necessary to change dates. I apologise in advance for any inconvenience this may cause.

These are some of the prayers we say with the children each day in school. You might like to say these in the morning with your child, at meal times or before he / she goes to bed.

Morning Offering

O My God, you love me,
You are with me night and day.
I want to love you always in all I do and say.
I'll try to please you Father.
Bless me through the day.
Amen



Night Prayer

God our Father, I come to say,
Thank you for your love today.
Thank you for my family,
And all the things you give to me.

Guard me in the dark of night.
And in the morning send your
light. Amen.



Grace Before Meals

Bless us O Lord
As we sit together.
Bless the food we eat today.
Bless the hands that made the
food.
Bless us O Lord. Amen.



Grace After Meals

Thank you God
For the food we have eaten.
Thank you God
For all our friends.
Thank you God
For everything.

Thank you and Best Wishes!

Thank you for your continuous
support. We are truly blessed
with the support we receive
from our families always.

Stay safe and well please. You
and your children remain in our
prayers at school every day.

Miss M. Creed
Headteacher

Sharing God's Word -
enriching our evangelisation,
formation and proclamation.

*"The study of the sacred
Scriptures must be a door
opened to every believer. It is
essential that the revealed
word radically enrich our
catechesis and all our efforts
to pass on the faith..."*

Pope Francis - Evangelii
Gaudium



*"... to help young people to gain
confidence and familiarity with
sacred Scripture so it can
become a compass pointing
out the path to follow...
witnesses and
teachers who can walk
with them, teaching them to
love the Gospel and to share
it...."*

Pope Benedict XVI - Verbum
Domini



How to Read the Bible

1. Pray before you start reading the Bible.
2. Learn how to find your way around.
3. Appreciate the variety of what's in the Bible.
4. Don't skip the 'first series' - the Old Testament.
5. Understand how truth is expressed in the Bible.
6. Explore the different senses of Scripture.
7. Interpret the Bible using the three golden rules.
8. Listen to what the Bible has to say about itself.
9. Recognise the Bible as food for your soul.
10. Read the Bible with other people and share ideas.



<https://www.godwhospeaks.uk/wp-content/uploads/2020/06/How-to-read-the-Bible.pdf>

<https://www.biblesociety.org.uk/explore-the-bible/word-on-the-go/a-crash-course-on-scripture/> (Click on this link for a Scripture crash course!)

Dear God,
We thank you for giving us your peace.
Help us to spread peace at home and at school by loving and caring for one another.
Help us to spread peace by listening to one another, even when we don't agree.
Help us to spread peace by sharing our time with those who are lonely and who need a friend.
Help us to spread peace by thinking and praying for children who have no food or who are frightened and live in fear.
Let us pray every day for peace for our families, for our friends and for ourselves.
Amen.

**ST. MARY'S CATHOLIC
PRIMARY SCHOOL
ADMISSIONS FOR
ACADEMIC YEAR 2022/2023**

Due to the fact that there are now fewer pupils in London (decrease in the population of children) and the issues with finding

affordable housing (as is usually the case a number of our families were moved out of London over the summer period) we currently have places in our Nursery, Reception, Year 1 and Year 3 2022 year groups and some places in some of our other year groups.

Thank you parents for recommending our school and helping to build up our pupil numbers. Please continue to do this.

From our School Inspection Reports:

'The leadership team has maintained the good quality of education in the school since the last inspection...Pupils make good progress from their various starting points...Their willingness to come to school is evident in their well above average rates of attendance...You have successfully maintained the above-average attainment by the end of Year 6 in reading, writing and mathematics...Teachers form good relationships with pupils, providing them with a wealth of interesting activities across the curriculum. Pupils concentrate well in class and are keen to work with each other...Pupils say they feel safe at school and know how to avoid danger in the wider community'(OFSTED Inspection, June 2018).

'A. Classroom religious education is outstanding

- The school has adapted and developed the themes of the Religious Education Curriculum Directory in an excellent manner to meet the learning needs of the pupils' of St Mary's.
- The religious education programme in use fully delivers this content and the use of De Bono system in religious education pushes pupils to develop their understanding further.
- After carefully analysing the needs of their pupils, the school has developed a curriculum and teaching programme that has reached outstanding achievement by the pupils in religious education.
- Teachers have high expectations and plan lessons that deepen pupils' religious literacy.
- Since the last inspection, staff confidence in recording and assessment has been demonstrably achieved with the evidence of the clarity and confidence on the part of the staff in planning imaginative lessons based on the religious education programme followed in the school.
- The headteacher is also the religious education curriculum coordinator and she takes the closest

interest in developing the excellent teaching and learning of religious education in the school.

- *The chair of governors is a recent appointment but with her years of experience on the governing body she is clear in her role of both support and challenge in pursuing the special responsibility of governors of a Catholic school.*

B. The Catholic life of the school is outstanding

- *The curriculum fully conforms to the classroom curriculum time of at least 10% for religious education and teaching is fully in line with the requirements of the Bishops' Conference.*
- *The previous inspection asked the school to develop pupils' understanding of Catholic Social Teaching and to help pupils understand the ethics of the market place and fair trade. The school has fully addressed these priorities, both in their classroom teaching and in the encouragement offered when choosing charities to support.*
- *The pupils of St Mary's enjoy an outstanding experience of prayer,*

liturgy and Catholic worship.

- *Pupils and staff have a deep understanding of the call to 'human flourishing' and are given opportunities to develop and celebrate their gifts and talents.*
- *Partnership with the parents is excellent; they appreciate and support all that the school provides for their children.*
- *The leadership and management of the school are very effective in promoting the Catholic life of the school. The head is strong and devoted in providing both oversight and support on all aspects of Catholic life. The contribution and regular visits of the parish priest provides a strong and stable reinforcement of the foundational position of Catholicism in the life of the school' (OFSTED Section 48 Inspection, September 2019).*



Our School Prayer

This is our school.
May we all live here
Happily together.

May our school be full of
joy.
May love dwell here
among us
Every day.

Love of one another,
Love of all people
everywhere,
Love of life itself,
And love of God.

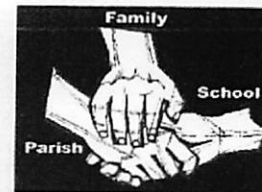
Let us all remember that
As many hands build a
house,
So every child
Can make this school
A lovely place. Amen



St. Mary's Catholic Primary School

EYFS Topic 1: Beginnings

Autumn First Half-Term 2022



Religious Education

Topic Theme: Beginnings

This unit will explore how we 'begin': in our families, in our Church and at school.

Learning opportunities include:

- Coming to know that God loves each one always and at all times
- Coming to know Jesus is God the Father's Son.
- Experiencing and becoming familiar with the sign of the cross.
- Knowing that they are special within their family and the community.
- Experiencing that a Church is a special place where God's people gather to pray.
- Coming to know that Sunday is a special day for the Church family who come together to celebrate.
- Experiencing and recognising that prayer is talking and listening to God.
- Considering ways in which a Christian family and parish share and celebrate life and show care for one another.

Monitoring opportunities:

Children's development will be monitored through observation and the collection of work samples for their portfolio.

Affective and Spiritual Dispositions

It is hoped that pupils will develop:

- Value being special within their families and communities.
- Appreciate that families come together to celebrate.
- Respect for each other and for adults.
- Good relationships with peers and with adults in the school community.
- Appreciation of their friendship with Jesus brought about through baptism.

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- Look over photo albums and recall stories of your family.
- Look at your child's Baptismal Certificate or photos of their Baptism. Explain who their Godparents are.
- Celebrate the friends you have who are from different cultures. Speak positively about difference.

An idea for prayer at home

Pray with your children

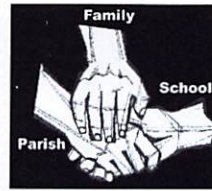
Take some time to walk around the Church and to prayerfully look at the religious items it contains. Allow your child to light a candle and together pray for a special intention.



St. Mary's Catholic Primary

*Religious Education Newsletter for
Autumn 2022*

(first half-term) – Years 1-6



Religious Education

Key Idea: In the Beginning

This framework of learning is intended as the first for the academic year 2022-2023. This resource framework focuses on the stories of creation as recorded in Genesis, and the Psalms as a form of prayer.

Attitudes and Spiritual Dispositions

Spiritual Outcomes: *It is hoped that pupils will develop:*

- A sense of wonder for creation.
- A willingness to learn from Scripture.
- An appreciation of the truths contained in Scripture.
- A sense of the value of prayer.

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

- Listen to your children as they talk about their work in school. Talk about places in creation that are important to you. Creation is the first source of revelation – the first way we learn about God. What do your favourite places say about what God is like?

An idea for prayer at home

Prayer Activity

Pray this Psalm:

Make a joyful noise to the Lord, all the earth.

Worship the Lord with gladness; come into his presence with singing.

Know that the Lord is God. It is he that made us and we are his; we are his people and the sheep of his pasture.

Enter his gates with thanksgiving and his courts with praise. Give thanks to him, bless his name.

For the Lord is good; his steadfast love endures forever and his faithfulness to all generations.



It's October! It's Rosary Month!

We will say a decade of the Rosary each day in school for the month of October.

We say one decade.



It's a wonderful prayer to the Patron of our School, St. Mary.

A Beginner's Guide to the Rosary

Who Can Pray the Rosary?

Anyone can pray a Rosary. You will also need to know twenty Mysteries to meditate upon as you pray. You do *not* have to be a Catholic.

The Order of Prayers

The Rosary begins with the Apostles Creed, followed by one Our Father, three Hail Marys (for the Holy Father's intentions), a Glory Be and the Fatima Prayer. Next focus on five mysteries, each consisting of one Our Father, ten Hail Marys, a Glory Be and the Fatima Prayer. Conclude with the Hail Holy Queen.

Rosary Beads

If you do not have Rosary beads just count with your fingers. Counting beads frees your mind to help you meditate.

The Twenty Mysteries

The Joyful Mysteries

- *The Annunciation:* The Archangel Gabriel announces to Mary that she will conceive the Son of God.
- *The Visitation:* Mary visits her cousin Elizabeth, who is pregnant with John the Baptist.
- *The Nativity:* Jesus is born.
- *The Presentation:* Mary and Joseph present Jesus in the Temple where they meet Simeon.
- *The Finding in the Temple:* After losing Him, Mary and Joseph find young Jesus teaching the Rabbis in the Temple.

The Luminous Mysteries (The Mysteries of Light)

- *The Baptism in the Jordan:* The voice of the Father declares Jesus the beloved Son.
- *The Wedding at Cana:* Christ changes water into wine, his first public miracle.
- *The Proclamation of the Kingdom:* Jesus calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him.
- *The Transfiguration:* The glory of the Godhead shines forth from the face of Christ.
- *The Institution of the Eucharist:* Jesus offers the first Mass at the Last Supper with his apostles, establishing the sacramental foundation for all Christian living.

The Sorrowful Mysteries

- *The Agony in the Garden:* Jesus sweats water and blood while praying the night before his passion.
- *The Scourging at the Pillar:* Pilate has Jesus whipped.
- *The Crowning with Thorns:* Roman soldiers crown Jesus' head with thorns.
- *The Carrying of the Cross:* Jesus meets His mother and falls three times on the way up Calvary.
- *The Crucifixion:* Jesus is nailed to the cross and dies before His mother and His apostle John.

The Glorious Mysteries

- *The Resurrection:* Jesus rises from the dead.
- *The Ascension:* Jesus leaves the Apostles and bodily "ascends" to heaven.
- *The Descent of the Holy Spirit:* The Apostles receive the Holy Spirit in tongues of fire in the upper room with Mary.
- *The Assumption:* Mary is taken body and soul into heaven by God at the end of her life here on earth.
- *The Coronation:* Mary is crowned Queen of Heaven and Earth.

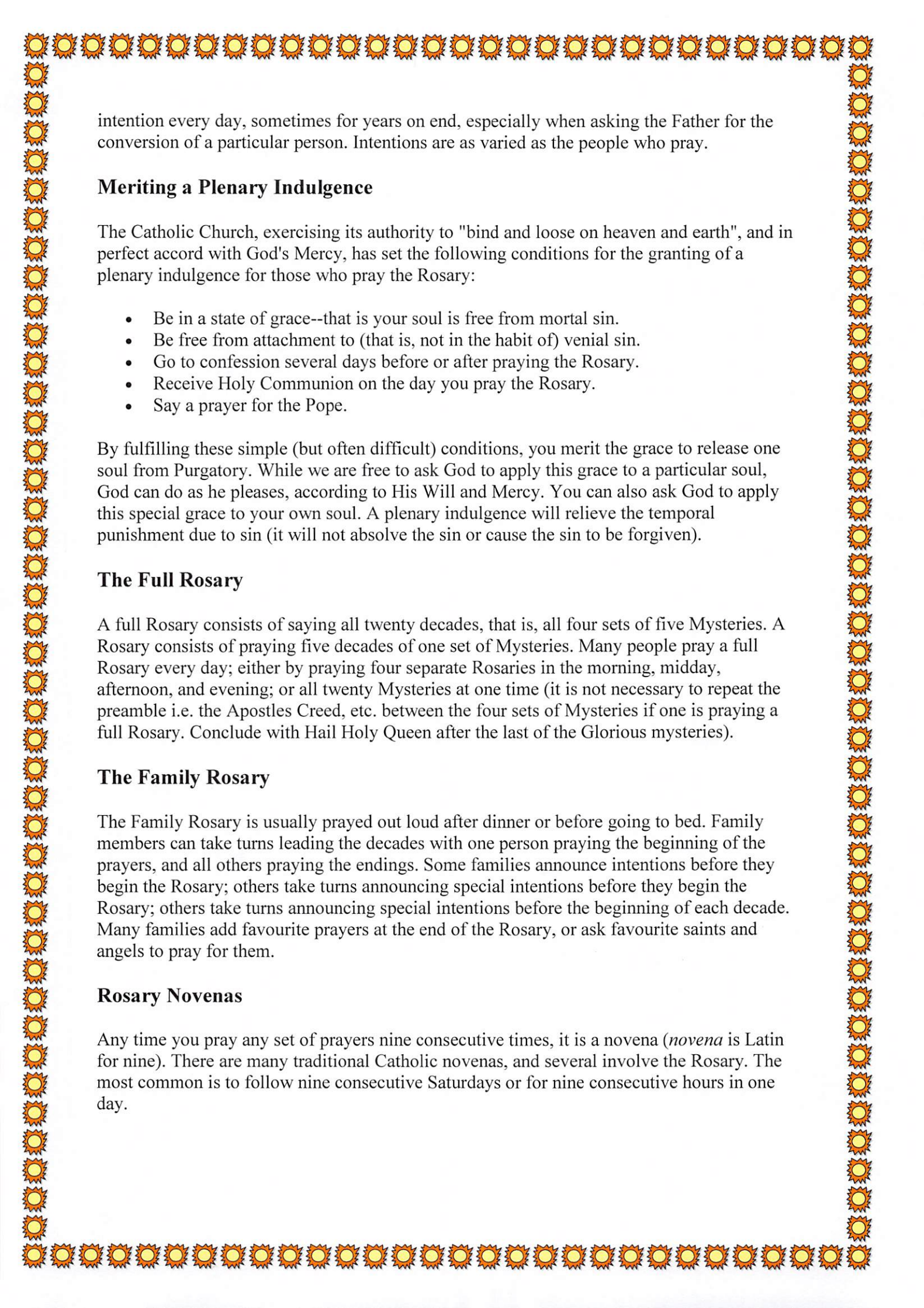
Mysteries for Certain Weekdays

Monday - Joyful
Tuesday - Sorrowful
Wednesday - Glorious
Thursday - Luminous
Friday - Sorrowful
Saturday - Joyful
Sunday - Glorious

Try to place yourself into the scene of the particular mystery as you pray, imagining the sights, smells, sounds, and emotions that Jesus, Mary, Joseph, and other participants experienced during the actual events.

Offering Intentions

Practically everyone who prays the Rosary offers the Rosary to God and Our Lady for an intention. Some people offer particular intentions before each decade. You can ask God to grant you a favour, heal a sick person, or convert a sinner. Some people offer the same



intention every day, sometimes for years on end, especially when asking the Father for the conversion of a particular person. Intentions are as varied as the people who pray.

Meriting a Plenary Indulgence

The Catholic Church, exercising its authority to "bind and loose on heaven and earth", and in perfect accord with God's Mercy, has set the following conditions for the granting of a plenary indulgence for those who pray the Rosary:

- Be in a state of grace--that is your soul is free from mortal sin.
- Be free from attachment to (that is, not in the habit of) venial sin.
- Go to confession several days before or after praying the Rosary.
- Receive Holy Communion on the day you pray the Rosary.
- Say a prayer for the Pope.

By fulfilling these simple (but often difficult) conditions, you merit the grace to release one soul from Purgatory. While we are free to ask God to apply this grace to a particular soul, God can do as he pleases, according to His Will and Mercy. You can also ask God to apply this special grace to your own soul. A plenary indulgence will relieve the temporal punishment due to sin (it will not absolve the sin or cause the sin to be forgiven).

The Full Rosary

A full Rosary consists of saying all twenty decades, that is, all four sets of five Mysteries. A Rosary consists of praying five decades of one set of Mysteries. Many people pray a full Rosary every day; either by praying four separate Rosaries in the morning, midday, afternoon, and evening; or all twenty Mysteries at one time (it is not necessary to repeat the preamble i.e. the Apostles Creed, etc. between the four sets of Mysteries if one is praying a full Rosary. Conclude with Hail Holy Queen after the last of the Glorious mysteries).

The Family Rosary

The Family Rosary is usually prayed out loud after dinner or before going to bed. Family members can take turns leading the decades with one person praying the beginning of the prayers, and all others praying the endings. Some families announce intentions before they begin the Rosary; others take turns announcing special intentions before they begin the Rosary; others take turns announcing special intentions before the beginning of each decade. Many families add favourite prayers at the end of the Rosary, or ask favourite saints and angels to pray for them.

Rosary Novenas

Any time you pray any set of prayers nine consecutive times, it is a novena (*novena* is Latin for nine). There are many traditional Catholic novenas, and several involve the Rosary. The most common is to follow nine consecutive Saturdays or for nine consecutive hours in one day.



Rosary Prayers:

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord. Who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day He rose again. He ascended into heaven and sits at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

The Our Father

Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

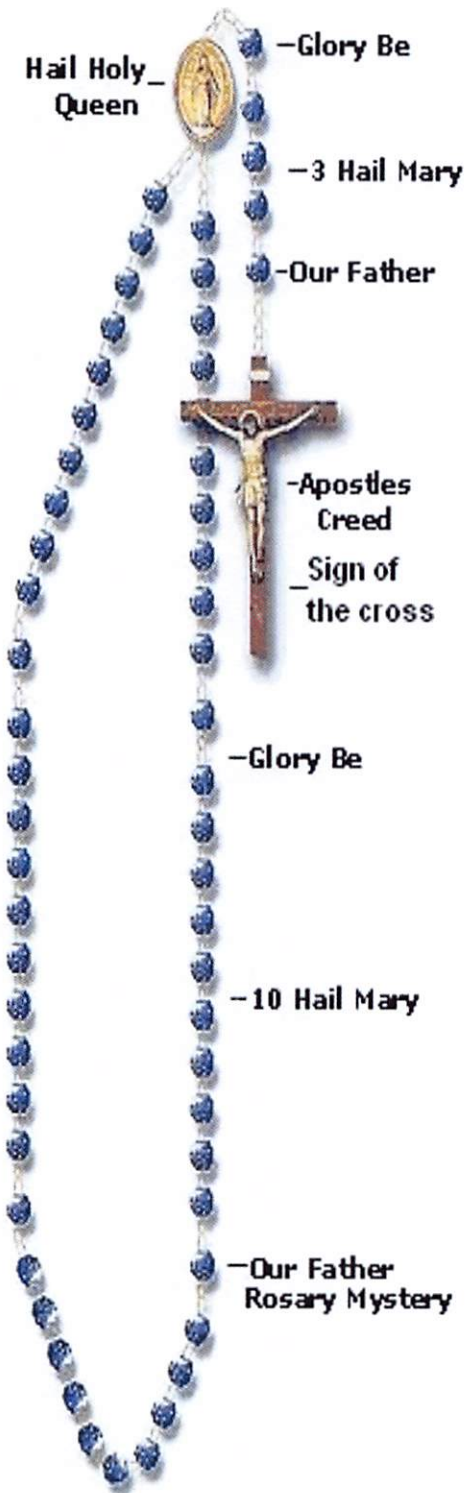
O my Jesus, forgive us our sins. Save us from the fires of hell, lead all souls to heaven especially those in most need of your mercy.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, Hail our life, our sweetness and our hope, to you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this vale of tears; turn, then most gracious Advocate, your eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of your womb Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

Let us Pray

Let us pray, O God, whose only begotten Son, by His life death and Resurrection, has purchased for us the reward of eternal life. Grant we beseech Thee that while meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord.
Amen.



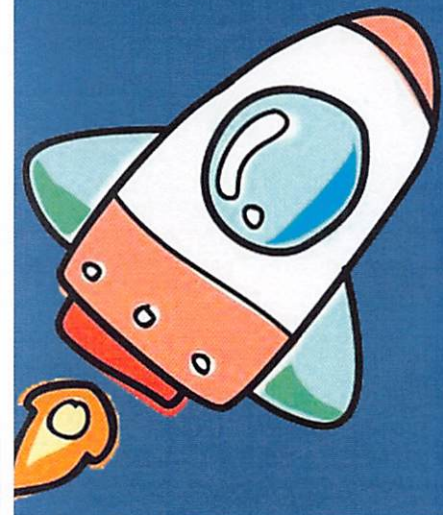


Online Safety Newsletter October 2022

Are you ready to be creative and design a way to travel in space?

You may have read some of Oliver Jeffers's books such as Here We Are. He has now teamed up with Professor Stephen Smartt and Nerve Centre to create Our Place in Space, which includes a series of online challenges that your child might like to try at home.

You can find out more here: <https://ourplaceinspace.earth/learning/monthly-challenge/challenge-4-illa-podmore>



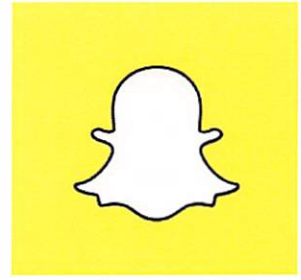
Online Grooming

Internet Matters have produced a guide outlining what you need to know about Online Grooming: <https://www.internetmatters.org/resources/online-grooming-guide-what-parents-need-to-know/>

Snapchat Update

What is Snapchat?

Snapchat is an app used for messaging and sharing photos and videos. **You must be 13+ to sign up.** Users can send messages (snaps) to others that can only be seen for a set time period e.g. 10 seconds. Users can also upload snaps to stories which then disappear after 24 hours.



Snapchat Family Centre – NEW

Snapchat have introduced a new in-app tool called Family Centre. Family Centre will allow you to see who your child is friends with on Snapchat and who they have been communicating with (you will not be able to see the contents of conversations). You will also be able to see who they are friends with on Snapchat, report accounts confidentially and view resources to help you start conversations with your child about online safety.

Snapchat are also planning on adding additional tools within Family Centre in the future. You can find out more about Family Centre here: <https://snap.com/en-GB/safety-and-impact/post/family-center>

Safety tips

It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. **Please make sure the appropriate privacy settings are set up on Snapchat and your child knows how to block and report other users if necessary.**

We would recommend you explore Snapchat with your child and suggest why certain options are safer, for example, setting your account so only friends (rather than everyone) can see your content and only those you are friends with can contact you.

- <https://support.snapchat.com/en-GB/article/privacy-settings2>

More information

You can find out more about Snapchat using the following links:

- <https://www.internetmatters.org/hub/guidance/snapchat-safety-a-how-to-guide-for-parents/>
- <https://snap.com/en-GB/safety/safety-center>

What is BeReal?

BeReal is a new social media app. It notifies you once a day to upload an image of what you are doing. Once you receive the notification, you have two mins to capture and share what you are doing at that moment. All your friends post at the exact same time. Once you have posted, you can then see what your friends have posted. If you don't post your BeReal, then you can't see your friend's BeReals from that day or access the discovery tab.



What age should I be?

You must be 13+ to use BeReal. BeReal is rated as 12+ by the App store and rated for Teens on Google Play. Users add their date of birth to register (no age verification takes place) although users do need to add a mobile number.

What else do I need to be aware of?

BeReal is private by default and only visible to your friends. However, it is possible to share with all users by selecting the public option. If selected, your BeReal will appear in the Discovery tab for all users to see and interact with.

There is also an option to share your location. If you don't enable your location, then you can't see other user's locations. Chat to your child about location sharing as it is important that your child understands the risk of location sharing and when it may be appropriate to share.

Discovery tab – this is the area where you can view all other BeReals that have been made public (if you have posted that day). There is an element of risk that your child may see an inappropriate image depending on what others have uploaded.

How to report

You can report a BeReal or a user by clicking on the three dots (next to the BeReal or user) to report. You can then choose whether you think the BeReal is undesirable or if it is inappropriate. You can block users on Android but not on iOS (BeReal have said this functionality will be available soon). People you have accepted as 'friends' can be deleted at any time.

If your child is using BeReal then talk to them about what they are sharing on BeReal and check that they know how to use the reporting tools available.

Further information:

<https://www.childnet.com/blog/bereal-a-guide-for-parents-and-carers-about-the-new-social-media-app>

Is your child ready for social media?

Childnet have produced this article answering your questions around social media, such as when should I allow my child to join social media? The article also outlines some alternative sites that have been created for younger children. You can read the article here:

<https://www.childnet.com/blog/supporting-your-child-getting-started-on-social-media/>

WhatsApp Update

WhatsApp will be releasing the following new Privacy features soon:

1. Leave Groups Silently: you will be able to exit a group privately so instead of the whole group being notified, only the admins will be.

2. Choose Who Can See When You're Online: WhatsApp are introducing the ability to select who can and can't see when you're online.

3. Screenshot Blocking for View Once Messages

You can read more about these new features here:
<https://blog.whatsapp.com/>

Viewing films safely online

It is important that our children are watching films that are suitable for their age. The BBFC is the UK's regulator of film and videos and they have created this useful article answering the questions they get asked the most.

<https://www.cbbfc.co.uk/resources/viewing-films-safely-online>



DINER

CHOOSE FROM:

FINGER LICKIN' BAKED CHICKEN

Served with potato wedges, baked beans and coleslaw

SOUTHERN 'CHIQUIN' BITES (VE)

Served with potato wedges, baked beans and coleslaw

SALAD BAR

CORN SALAD

WATERMELON SALAD

FRESH BREAD

CENSUS DAY

6/10/2022

DESSERT

ICE CREAM
CHOCOLATE OR VANILA

FRUIT SALAD



@EnfieldCatering

You may have seen in the media...

ALL SCHOOLS ARE FACING BUDGET CUTS

The school receives extra money for Free School Meal pupils so that we can buy extra resources.

There are 2 ways which you can help us:

All children in Reception, Year 1 and Year 2 are entitled to a healthy cooked school lunch at **NO COST TO YOU!**

1. Register your child for Free School Meals

You may be eligible to claim free school meals for your child if you claim the following benefits:

- Income Support
- Income based Job Seeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (but not entitled to Working Tax Credit and whose annual income does not exceed £16,190)
- Support under part VI of the Immigration & Asylum Act 1999
- Universal Credit (provided you have an annual net earned income of no more than £7,400)
- Guarantee element of State Pension



Free school meals

are you entitled?



@EnfieldCatering

Name:

Perfect passwords

Activity sheet

A strong password is essential for keeping your money safe online. Find out how to make one you won't forget.



Password tips

- ✗ Don't include any obvious information about yourself, such as your name or your birthday, that would make your password easy to guess
- ✗ Don't use a random string of numbers and letters – it may be hard to guess, but it will also be hard for you to remember!
- ✓ Pick a few words that you think you can remember, and combine them to form a password. If it helps, imagine a little scene with the things in it!
- ✓ Websites often ask you to include special characters and numbers. It's easiest to remember if you swap them for letters, such as '@' in place of 'a', and '0' in place of 'o'

Leah is trying to come up with the perfect password...

Leah14April
✗ Too easy to guess

g7H2jsL0A23

✗ Too hard to remember



R@bbitch@ir5w0rd

Hard to guess, easy to remember
– the perfect password!

Now make up your own password, and write it here...

...then, when you've memorised it, tear it off, tear it up,
and throw the pieces away!