

ST MARY'S CATHOLIC PRIMARY SCHOOL



NEWSLETTER

July 2024

Welcome to a new month in school. It is just three weeks to go now to the end of the school year. Time has been flying by.

I think all members of our school community (parents, grandparents and other family members who work so hard supporting homework and organising children for each day, teachers and other staff who devote such a lot of time to preparing and organising lessons and of course the children who work hard and are the reason for all we do) are definitely ready for a rest now.

We have really noticed and are so very grateful for the constant support of parents throughout this school year.

This support has meant such a lot to me personally this year, as unusually for me and as you know, I have been away from school for a couple of months after suddenly falling ill in the first week of the Easter holidays. I am now back at school for a shorter amount of time each week as am currently having hospital care following the additional complications I experienced as a result of having had such a

severe flu and pneumonia. Thank you for your wonderful support, care, prayers and patience with me during this time. It is greatly appreciated.



Classes for next year

Nursery: Mrs Whytock and Mrs Forgione

Reception (Hope): Mrs Rowley

Reception (Grace): Mrs Linnane

Year 1 (Wisdom): Mrs Keevil
(Reception Grace 2023/24 children)

Year 1 (Rosary): Miss Beckles
(Reception Hope 2023/24 children)

Year 2 (Fatima): Miss Soto
(Year 1, Wisdom 2023/24 children)

Year 2 (Faith): Miss Sheehan
(Year 1 Rosary, 2023/24 children)

Year 3 (St. Cecilia): Miss Tanak
(Year 2, Faith 2023/24 children)

Year 3 (St. Bernadette): Mrs Falzone (Year 2, Fatima 2023/24 children)

Year 4 (St. Paul): Ms Joseph (Year 3, St. Cecilia 2023/24 children)

Year 4 (St. Peter): Mr Dixon (Year 3, St. Bernadette 2023/24 children).

Year 5 (St. Joseph): Mrs Egboh (Children from Year 4 2023/24)

Year 5/6 (St. Catherine): Mrs Martin (Children from Year 4 and Year 5 2023/24)

Year 6 (St. Christopher): Mrs Brennan (Children from Year 5, 2023/24)

We will say goodbye to Miss Nurdagi at the end of this school year as Miss Soto has now returned from her maternity leave. We are grateful for the time and care she has given to our children and wish her well as she takes time to travel and explore other parts of the world.



Monday 15th July - Last day of School Year for Year 6 (and for Reception -Year 5 pupils the last day in their current classes).

End of Year class Parties. Early Closing (12.45pm Infants, 1pm Juniors). **OWN CLOTHES' DAY.**
Tuesday 16th July - Years 1-6 pupils for September 2024 (current Reception - Year 5 pupils) begin their time in their new classes.

Friday 19th July - Last day of term and school year. Early Closing (12.45pm Infants, 1pm Juniors) . **OWN CLOTHES' DAY.**

Early Closing Days (Monday 15th July and Friday 19th July)

Parents, as I know you are aware, there will be two early closing days in the last week of term.

On Monday 15th July the school will close early to enable the staff to prepare the classrooms for their new classes to start with them on Tuesday 18th July.

Current Reception, Y1 +Y2 pupils will finish at 12.45pm.

Current Y3-Y6 pupils will finish at 1pm.

The Nursery will be open in the morning as usual on that day.

On Friday 19th July the school will close early as is usual on the last day of the school year.

Y1+Y2 September 2024 pupils will finish at 12.45pm.
Y3-Y6 September 2024 pupils will finish at 1pm.

Nursery AM (current group): 11.45 am

Year Group Addresses:

If you have any questions about your child's end of year report, need any support or just want to say hello please contact the teacher via the year group e-mail address or via the school address or call us at school. I know the teachers would be very happy to hear from you.

nursery@stmarys.enfield.sch.uk

reception@stmarys.enfield.sch.uk

year1@stmarys.enfield.sch.uk

year2@stmarys.enfield.sch.uk

year3@stmarys.enfield.sch.uk

year4@stmarys.enfield.sch.uk

year5@stmarys.enfield.sch.uk

year6@stmarys.enfield.sch.uk

You are also very welcome to make an appointment to see your child's current teacher or new teacher before the end of term if you wish to discuss your child's report or need to make them aware of

anything related to your child's learning.

Parking

Parking difficulties around the school tend to occur when children are being collected from / dropped off to school each day. I do understand how busy school opening and closing times can be but please make every effort to park responsibly in the roads around the school as you drop off / collect your child each day.

I hope that during the rest of this school term all parents and carers will act in a responsible manner both for the safety of our children and a positive association with our neighbours. Thankfully so many continue to do so and the numbers of pupils who are cycling and scooting have continued to increase again over this school year which is absolutely wonderful. Thank you for your great support with this.



St Mary's Catholic Primary School Street

As I know you are aware Enfield Council have set up a

School Street for St Mary's between Alexandra Road and Bursland Road. This has been in place for quite a while now.

A 'School Street' is an area transformed into a pedestrian and cycling zone operating Monday to Friday during the school term, during set times at drop-off and pick-up times.

School Streets aim to:

- ensure the safety of school students as they arrive to and leave school,
- improve the air quality near the school, and
- encourage more young people to walk and cycle to school.

When the School Street zone is in operation during the designated hours, motor vehicles cannot pass through the zone, except for those who have applied for and received a permit or exemption.

The times of operation for the St Mary's Primary School Street are 8.15am to 9.15am, and 2.30pm to 3.30pm from Monday to Friday during school term time only and operates using a camera enforced system.

Please take care so that you do not receive an expensive fine. Fines are not paid to the school.

Further information on School Streets and how they operate can be found at

<https://letstalk.enfield.gov.uk/schoolstreets/widgets/38314/videos/3024>

<https://letstalk.enfield.gov.uk/SchoolStreets>

Development of School Building and Site - School Fund



I know you are aware we are always keen to keep our school building in good repair and to continue to improve our school site.

Remember your donations to the School Fund greatly assist the school in improving the facilities provided for all of the children.

Thank you to all who have made contributions this year. To date £5,832.90 has been collected in School Fund donations. For anyone who still wishes to make a voluntary contribution there is still time.



Wednesday Word

Have you started to read 'The Wednesday Word' yet?

The Wednesday Word is a gift to you and your family because of your connection with our Catholic school.

Every Wednesday, a 'word' (inspired by the Sunday Gospel) will be suggested for you and your family to talk about in your home.

This weekly Family Time is structured around the Sunday Gospel because evidence shows that Gospel values really do help family relationships to thrive.

Regularly spending quality time with children is without doubt one of the most important aspects of parenting. *The Wednesday Word* seeks to support you in this important task: to help you and your children maintain a special closeness throughout the school years.

The Wednesday Word 'Family Time' leaflet is designed to ensure that all family members feel included. It presents an effective way for even the busiest of parents to enrich relationships with their children through spending a very special 5 or 10 minutes together each week.

We suggest Wednesdays for *Family Time* because it is the day that the Catholic Church dedicates to St Joseph - the Patron Saint of Families. But rather than miss out, any other night would do just as well.

The Wednesday Word is currently available online:

<http://www.wednesdayword.org/index.html>



Relationships Sex and Health Education (RSHE)



As you know we decided to adopt *Life to the Full* by Ten Ten Resources.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

As part of the subscription to *Life to the Full* an Online Parent Portal is provided for parents.

Parents should visit the following webpage:

[Online Parent Portal – Enter \(tentenresources.co.uk\)](http://tentenresources.co.uk)

The parent login is as follows:

Username: st-marys-en3
Password: lady-3

School Uniform

Thank you to the great number of pupils wearing the correct **dark blue summer dress**. Remember it is fine for your child to continue to wear a grey skirt / trousers and polo shirt during the summer term.

Children are not encouraged to wear summer dresses which are not dark blue check (these other light blue dresses are actually the summer uniform of another school).

Some of the children are wearing short school uniform trousers which are a little cooler in the warm weather.

Please check your child's uniform. Sometimes children accidentally take home the wrong sweatshirts etc.

Try to ensure your child's name is on each item of uniform.

During the summer children take off sweat shirts a lot more. If the sweatshirt is labelled it is much easier to return it to its owner. It's good for children to be able to wear a hat during the summer when it becomes very warm. **School hats (with neck protection flaps) are now available from the School Office for £4.00.** Children are encouraged to wear these instead of other non - uniform baseball caps which are not permitted.



On PE days children are able to wear their PE uniform (or on any other school day if they wish). It must however be the correct PE uniform.

Please ensure your child is wearing the correct joggers in school blue or navy school shorts.

Also your child must wear their school shoes and change into their trainers/plimsolls for their PE sessions.

Please note that children are not allowed to wear nail varnish or false nails. Rings, bracelets, necklaces must not be worn to school. Lines, logos, Mohican cuts, dye or designs in the hair are not encouraged.

Pupils are asked not to wear makeup.

Thank you to the great number of parents who ensure their children wear the correct school uniform each day. The majority of children always look very smart.

School Dinners

Your child may be entitled to free meals. To qualify for free school meals parents or guardians must be in receipt of:

- Income support
- Income based job seekers allowance
- Asylum seekers subsistence payment (support under part VI of the Immigration and Asylum Act 1999)
- Child tax credit (but not working tax credit) only and have an annual income of less than £16,190

Please contact the school office if you believe your child qualifies for free meals

Phone calls

Your child is welcome to phone home (in emergency only). We would welcome a voluntary contribution towards the cost of any phone calls your child makes.



The Angelus

In the summer term we try to learn / say The Angelus each day at 12 noon in all classes from Year 2 (from summer term) - Year 6. This is a wonderful prayer which reminds us that God the Son became man in order to save us.

You might like to say this prayer with your child at home. It can be said in the morning, at noon or in the evening.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.
Hail Mary...

Behold the handmaid of the Lord:
Be it done to me according to your word.

Hail Mary...

And the Word was made Flesh:
And dwelt among us.
Hail Mary...

Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us Pray.
Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the

message of an angel, may be brought by his passion and cross to the glory of his resurrection, through the same Christ our Lord. Amen.

May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Christian Meditation

As you know the World Community for Christian Meditation (WCCM) has worked to develop videos which provide short meditation sessions which children and young people can participate in, whether in school or at home. These sessions are inspired by meditation in the tradition of John Main OSB.

Full details are available here:

<https://www.cathchild.org.uk/meditation-with-children-young-people/>

Talk to your child about phone safety - Police Message for Parents and Carers

Mobile phones are a great way to stay in contact with family and friends. Many children starting secondary school in

September own one or have access to one.

As useful as they are, they can make children vulnerable to thieves who are particularly interested in new models and other valuable items such as cash, airpods and expensive coats. Reducing robbery is our top priority and our officers are working hard to catch those responsible, with activity to prevent it taking place daily.

There are however, a number of things you can do to help reduce your child's risk of becoming a victim and keep safe whilst using their phone. **If you can, talk to them about where and how they use their phone using the following advice:**

Safety when out and about:

- Keep your phone and valuables out of sight in a safe place when travelling to and from school. Be careful if you take your phone out in public places.
- Bus stops, train stations and surrounding areas are common target areas for thieves, who can approach on foot, moped or on a pedal bike or e-scooter.
- Earphones/headphones can distract you, stopping you from

seeing or hearing someone approach you from behind.

- Don't confront a thief - it's not worth risking your own safety for possessions that can be replaced.
- Robbery or attempted robbery are serious crimes and should be reported. It's important you seek help straight away by dialing 999 rather than contacting police when you get home. Use a friend's phone or the phone of a trusted adult. This gives us the best chance to catch the suspects, recover any stolen property and ensure your safety.
- If you have information about a robbery and do not want to report it to police, speak to Fearless 100 % anonymously at www.fearless.org. Fearless is the youth service of independent charity Crimestoppers.
- Whether you have a phone or not, memorise or keep a parent/carer's phone number in a separate place in your

bag/zipped pocket in case of emergency.

Help protect your child's phone if it's stolen:

- Use your device's security features, apps or PIN locking mechanisms to protect your data and prevent the phone being used.
- Keep a record of the phone's IMEI number (not on your phone!). This is a 15-digit unique number which can be obtained by keying in *#06#. You need this information if the phone is lost or stolen.
- Consider installing a tracker app, available online.

For more information go to www.fearless.org/campaigns/robbery.

For help and advice on staying safe online and how to keep cyber criminals at bay, the Met has some great videos and other resources at www.met.police.uk/littlemedia

Online Safety at Home

<https://www.thinkuknow.co.uk/parents/>

<https://www.thinkuknow.co.uk/parents/articles/dark-web-explained/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/feeling-good-on-social-media/>

<https://www.kidsonlineworld.com/4-11-online-safety-videos.html>

<https://www.kidsonlineworld.com/4-11-info--updates.html>

<https://www.kidsonlineworld.com/cyp-support--reporting.html>

Tips for helping children stay safe online - IWF / PIER

'Self-generated' child sexual abuse material (CSAM) has been the subject of research that PIER (Policing Institute for the Eastern Region) have just finished on behalf of the Internet Watch Foundation. 'Self-generated' CSAM are images and videos which are taken by children and then shared either:

- willingly, usually with a boyfriend/girlfriend, or
- unwillingly, through coercion, or
- shared by a third party without their consent.

Some of these images end up being distributed, sometimes sold, on the open and dark web by those with a sexual interest in children.

Just over 300 children took part in the research and talked about their experiences of growing up in a digital world,

where they talk to their friends, game and do their schoolwork online. Many described receiving unwanted sexual images and some commented that it has become normalised and part of their lives. The apps they use, such as Snapchat and TikTok are also used by perpetrators to talk to children and groom them into sharing sexual images. This is a serious safeguarding issue, with wide-reaching consequences that we all need to learn more about.

PIER and IWF have written a blog post for parents about how they can better understand their children's online world and its risks. The blog post can be found here: <https://www.iwf.org.uk/news-media/blogs/tips-for-helping-children-stay-safe-online/>

Future Dates

Thursday 11th July - Year 6 Leavers' Mass, 9.30am in the church. Leavers' BBQ and Disco, 5-6.30pm.

Friday 12th July - Children visit their new September classes AM.

Monday 15th July - End of Year Class Parties. Last day of School Year for Year 6. Last day for Reception - Year 5 pupils in their current classes.

Early Closing (12.45pm Infants, 1pm Juniors). Own Clothes Day.

Tuesday 16th July - Year 1 - Year 6 pupils (September 2024) begin their time in their new classes. New Reception pupils and parents visit.

Wednesday 17th July - New Reception pupils and parents visit.

Thursday 18th July - New Reception pupils and parents visit.

Friday 19th July - Last day of School Year. Early Closing (12.45pm Infants, 1pm Juniors). OWN CLOTHES' DAY.

Thanksgiving for the School Year: School Mass (in memory of Daniel Evans and Mary Ireton) at 9.30am in Church for Years 2-6.

New Reception pupils and parents visit AM.

* Please note that dates may change as the year progresses. I apologise in advance for any inconvenience this may cause.

Attendance

Thank you for your support in trying to build our attendance up to our excellent pre-pandemic levels.

Our target is for 98% attendance (our absence was 4.3% up to and including the last school day in June - this is still higher than we would like it to be but it is gradually improving).

The classes with the highest attendance from the beginning of the school year until the end of June were:

1. 97.74%-Y6, St. Christopher
2. 97.52%-Y3, St. Bernadette

3. 97.10%-Y5, St. Anthony
4. 97.02% - Y5/6, St. Joseph
5. 96.22%-Y4, St. Paul
6. 96.13%- Y1, Rosary
7. 94.17%- Y5, St. Anthony
8. 95.81%- R, Hope
9. 95.70%-Y2, Faith
10. 95.37%-Y3, St. Cecilia



Social Tariffs: Cheaper Broadband and Phone Packages - Ofcom (this might be of interest to you)

<https://www.ofcom.org.uk/phone-s-telecoms-and-internet/advice-for-consumers/costs-and-billing/social-tariffs>

Best Wishes

Thank you so much for the support you have shown both to me and to the staff of St. Mary's over the last year. It is greatly appreciated by everyone in school always.

Thank you children for making every day in school interesting, enjoyable and different. I hope you have a safe and happy time over the summer.

I look forward to seeing you all on Wednesday 4th September ready for a new school year.

Good luck in your new schools Year 6! You have been a lovely group all the way through school. As we have said to you many times, we are so proud of all of you and your secondary schools will be so lucky to have you as part of their community in the new academic year. We will miss you.

Miss M Creed
Headteacher

Dates for 2024-2025 School Year

Academic Year 2024 - 2025 Autumn Term

Monday 2nd September -
Friday 20th December 2024

Half - Term Monday 28th
October - Friday 1st
November 2024

Spring Term

Monday 6th January - Friday
4th April 2025

Half -Term Monday 17th -
Friday 21st February 2025

Summer Term

Tuesday 22nd April - Friday
18th July 2025

Half - Term Monday 26th
May - Friday 30th May 2025

**May Bank Holiday: Monday
5th May 2025**

INSET Days

Monday 2nd September 2024
Tuesday 3rd September 2024
Monday 24th February 2025
Monday 9th June 2025

Monday 21st July 2025

**Governors' Day: Tuesday 22nd
July 2025 (school closed)**



ADMISSIONS FOR ACADEMIC YEAR 2024/2025

Due to the fact that there are now fewer pupils in London (decrease in the population of children) and the issues with finding affordable places to live we currently have places in some of our 2024/2025 class groups.

Thank you parents for recommending our school and helping to build up our pupil numbers. Please continue to do this. We need your help!

From our School Inspection Report:
'Pupils are eager to come to school each morning because their teachers do their best to help them learn...Pupils learn in a calm environment. This is because the school has high expectations for pupils...Pupils conduct themselves well because they know what is right and have been taught how to behave well. Pupils achieve well across a range of subjects. They are proud to talk about their work which is presented with pride...Warm, caring relationships permeate the school...Pupils are confident that adults will listen to their worries and help them. This means they feel happy and safe...The curriculum is ambitious and well structured...Adults have secure subject knowledge...Leaders have high expectations and are ambitious for pupils...Safeguarding is a priority here. (OFSTED Inspection, November 2023).

'A. Classroom religious education is outstanding

- The school has adapted and developed the themes of the Religious Education Curriculum Directory in an excellent manner to meet the learning needs of the pupils of St Mary's.
- The religious education programme in use fully delivers this content and the use of De Bono system in religious education pushes pupils to develop their understanding further.
- After carefully analysing the needs of their pupils, the school has developed a curriculum and teaching programme that has reached outstanding achievement by the pupils in religious education.
- Teachers have high expectations and plan lessons that deepen pupils' religious literacy.
- Since the last inspection, staff confidence in recording and assessment has been demonstrably achieved with the evidence of the clarity and confidence on the part of the staff in planning imaginative lessons based on the religious education programme followed in the school.
- The headteacher is also the religious education curriculum coordinator and she takes the closest interest in developing the excellent teaching and learning of religious education in the school.
- The chair of governors is a recent appointment but with her years of experience on the governing body she is clear in her role of both support and challenge in pursuing the special responsibility of governors of a Catholic school.

B. The Catholic life of the school is outstanding

- The curriculum fully conforms to the classroom curriculum time of at least 10% for religious education and teaching is fully in line with the requirements of the Bishops' Conference.



- The previous inspection asked the school to develop pupils' understanding of Catholic Social Teaching and to help pupils understand the ethics of the market place and fair trade. The school has fully addressed these priorities, both in their classroom teaching and in the encouragement offered when choosing charities to support.
- The pupils of St Mary's enjoy an outstanding experience of prayer, liturgy and Catholic worship.
- Pupils and staff have a deep understanding of the call to 'human flourishing' and are given opportunities to develop and celebrate their gifts and talents.
- Partnership with the parents is excellent; they appreciate and support all that the school provides for their children.
- The leadership and management of the school are very effective in promoting the Catholic life of the school. The head is strong and devoted in providing both oversight and support on all aspects of Catholic life. The contribution and regular visits of the parish priest provides a strong and stable reinforcement of the foundational position of Catholicism in the life of the school' (OFSTED Section 4B Inspection, September 2019).



Dear God,

We thank you for giving us your peace.
Help us to spread peace at home by loving and caring for one another.
Help us to spread peace by listening to one another, even when we don't agree.
Help us to spread peace by sharing our time with those who are lonely and who need a friend.

Help us to spread peace by thinking and praying for children who have no food or who are frightened and live in fear.

Let us pray every day for peace for our families, for our friends and for ourselves. Amen.



Online Safety Newsletter

July 2024

Roulette style video /chat apps

Chat roulette style apps work by pairing people together anonymously to chat (and video chat) to each other. **Due to the anonymous nature of these apps, we would always recommend that they are not suitable for under 18s.**

There is often a lot of inappropriate content and behaviour on these apps and your child is at risk of grooming as a stranger may try to connect with your child initially on an anonymous app and then encourage them to continue chatting on another app.

It is also important that your child is aware that what they say and do whilst video chatting can be recorded and shared later without their knowledge.

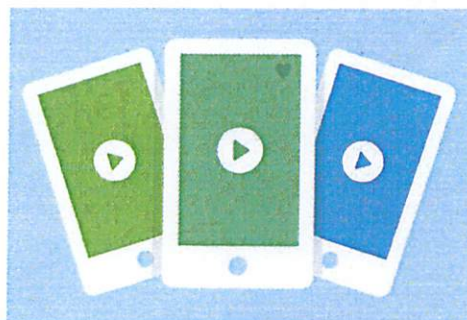
You should talk to your child about who they chat with and what they are sharing when they do. As with all apps and websites that your child accesses, make sure they know how to use any reporting tools and they know how to block other users if necessary.

The NSPCC discuss chat apps in general as well as how to talk to your child about what they are sharing with others online here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

CapCut

Have you heard of CapCut? It is owned by the same owners as TikTok and is a video editing app. CapCut state that their services are intended for those over the age of 13 and those under the age of 18 must have consent from their parent/legal guardian. It is rated as 12+ on the App store. The App store have rated it as this because of *Infrequent/Mild Mature/Suggestive Themes, Infrequent/Mild Sexual Content and Nudity*.



What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/images as well as add music, sound effects, text and stickers.

What should I be aware of?

- The templates are user generated, therefore they may not always be appropriate for your child to view, for example adult themes.
- CapCut includes access to a library of music that can be used within videos that may include explicit lyrics.
- Premium content – CapCut does include in-app purchases/monthly subscriptions allowing users access to premium content.

Further information

Protect Young Eyes have published a full review of CapCut here:

<https://protectyouneyes.com/apps/capcut-app-review/>

Harmful Online Challenges

Lisa Kenevan and Hollie Dance both lost their sons to dangerous online challenges. They share their advice and tips with Internet Matters to help protect children from harmful online challenges. Internet Matters have also included links to further resources regarding online challenges at the below link:

<https://www.internetmatters.org/hub/parent-stories/tips-protect-children-harmful-online-challenges/>

Being unkind online

It can be very easy online for children to behave in a way that they would not if they were face to face with each other.

Talk to your child about how they speak to others online and encourage them to talk to people online with respect and kindness, like they would if they were face-to-face. How they act online should be how they behave on the school playground when they are following school rules. Here are some examples of what being unkind looks like online:



- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account
- Telling/sharing lies

The above might happen whilst your child is gaming online or whilst using social media or messaging apps for example.

What should I do if my child is being bullied online?

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator. Instead, they should tell a trusted adult. You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact them again in the future.



Starting a conversation with your child

BBC Own It have curated a selection of videos and quizzes with ideas and advice to help make the web a kinder place. You could use these to help you start a conversation with your child.

<https://www.bbc.com/ownit/curations/being-kind-online>

Further information

- <https://bulliesout.com/need-support/be-kind-online/>
- <https://bekindonline.com/category/cyber-safety-tips/>

Summertime Screen Time



The Ineqe Safeguarding Group have published information on their website to help you manage your child's screentime during the summer break. Their website includes top tips for managing screen time, activities and guides to popular apps:

<https://ineqe.com/2024/06/20/summertime-screen-time-2024/>

Helping your child transition to secondary school

Is your child moving to secondary school in September? Internet Matters have published lots of useful advice and resources to help you during this transition, including discussing if your child is ready for a smartphone and explaining the challenges they may face in secondary school:

<https://www.internetmatters.org/resources/moving-to-secondary-school-online-safety-guide/>

Accessibility features

There are many accessibility features available on iPhone and Android phones to support those with vision, speech and cognitive needs for example. You can find out more here:

iPhone: <https://support.apple.com/en-gb/guide/iphone/iph3e2e4367/ios>

Android: <https://support.google.com/accessibility/android/answer/6006564?hl=en-GB>

Dear Parent and Carer,

As we approach the summer holidays, we want to ensure that you are aware of the support available to you and your children during this period to help them thrive and enjoy the school break whilst staying safe. Enfield Council and its partners are committed to providing a range of activities and services to support the wellbeing and development of children in our community.

A full outline of the wide range of support and services available to you and your children is available online in the 'Enfield Directory for all': <https://enfelddirectory4all.co.uk/>. I would strongly encourage you to have a look through the directory so that you are aware of the services available in your area and wanted to outline a few of the highlights which you may find most useful to access over the summer holidays:

Summer University: The Summer University program offers a variety of diversional activities during the school holidays available for 11–19-year-olds (up to 25 for those with special educational needs and disabilities). All courses will be held within the London Borough of Enfield. Information on courses available and how to sign up is online at: [Summer Uni - From Start to Finish 2024 - Youth Enfield & Free Activity Portal for Young People \(taptub.co.uk\)](https://summeruni-enfield.co.uk/)

Youth and Family Hubs: Enfield's Youth and Family Hubs offer a wide range of help and support for families, from pregnancy up until age 19, or 25 for young people with special educational needs and disabilities. The hubs are welcoming, friendly, and open to all families, children, and young people. Each hub has a family hub navigator to support families and young people to access the help they need. Our Youth and Family Hubs are based at the following venues:

Ponders End Youth and Family Hub: 141 South Street EN3 4PX

To contact, call 020 8379 2002 or email pondersendfamilyhub@enfield.gov.uk. View online: [Ponders End Youth and Family Hub schedule of activities](#).

Craig Park Youth and Family Hub: 2 Lawrence Road N18 2HN


To contact, call 020 8379 2002 or email craigparkfamilyhub@enfield.gov.uk. View online: [Craig Park Youth and Family Hub schedule of activities](#).

Holiday activities and food programme (HAF): Children in receipt of benefit-related free school meals can receive up to 16 days of free fun and nutritious food during the summer holidays. Each day will include a healthy meal, snacks and a selection of activities ranging from sports and physical activities, food workshops and much more. To book a place for your child at an activity, you will need to be in receipt of a HAF voucher. Enfield schools will issue these vouchers to eligible families who are in receipt of benefits related free school meals. Once vouchers have been issued, you will receive a text or email (or both), from hello@holidayactivities.com to say you have been issued a voucher.

Start for Life: For parents and carers of children under the age of five, we have a wide-ranging offer of support available via our 'Start for Life' offer such as access to health visiting, midwifery, parenting support, breastfeeding and support with mental health and wellbeing. Details of which are available online here: [Start for Life | Enfield Council](#)

Tony Theodoulou
Executive Director People
Enfield Council
Civic Centre, Silver Street
Enfield EN1 3XY

www.enfield.gov.uk

 If you need this document in another language or format contact the service using the details above.

Positive activities are offered from five Youth Centres, including mentoring and project work provided by Enfield Youth Development Service (YDS). Enfield YDS works with young people aged between 11 and 19 years (and up to 25 with SEND), to promote young people's personal and social development and enable them to have a voice, influence change and find their place in the community and society as a whole. <https://youthenfield.taptub.co.uk/>

In addition to the above services, we also wanted to highlight some of the specialist support available for children in Enfield which may be helpful:

Insight Enfield Sort It – Drug and Alcohol Misuse: work to improve the health and wellbeing of young people. Email: insightenfield@humankindcharity.org.uk, Telephone: 020 8360 9102, Website: <https://insightyoungpeople.org.uk/our-services/insight-enfield/>

KOOTH: Online Counselling for Children and Young People Free, safe, and anonymous support. <https://www.kooth.com/>

Enfield Crisis Telephone Service: a multi-skilled team of mental health professionals providing intensive care and support in patients homes as an alternative to acute inpatient admission. Operates 24 hours a day, 7 days a week. Telephone: 08001510023. Website: <https://www.beh-mht.nhs.uk/services/crisis-telephone-service/534>

Enfield Young Carers: provide support to children and young people aged 5-18 who have a caring role and live, or attend school, in Enfield. Email: youngcarers@enfieldcarers.org, Telephone: 020 8366 3677, Website: <https://enfieldcarers.org/young-carers/>

Sexual Health Clinics: Young people can access sexual health testing, contraception, and advice at The Town Clinic 4 & 5 Burleigh Way, Enfield Town, EN2 6AE, or Silverpoint Medical Centre 88-90 Fore Street, Edmonton, London, N18 2FF. Booking line: 020 8887 4510. Website: <https://www.echoclinics.nhs.uk/>

elop – LGBT Mental Health and Wellbeing: Offers a range of support, advice, information, counselling, and group support services to lesbian, gay, bisexual and trans (LGBT+) communities. Email: info@elop.org, Telephone: 07908 553 744, Website: <http://www.elop.org/>

Safeguarding: If you have a safeguarding concern about the welfare of your child, or you need additional parenting support and guidance to enable your child to thrive please complete a referral via the online Children's Portal at: <http://www.enfield.gov.uk/childrensportal>

We encourage you to take advantage of these programs and services to support your children's growth and wellbeing over the summer holidays.

Kind regards,



Cllr Abdul Abdullahi

Cabinet Member for Children's Services

****HENRY****

Starting Solids Workshop



Ponders End Youth & Family Hub

129 South Street

Enfield EN3 4PX

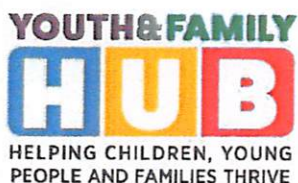
Tuesday 9th July 2024

1.30-3.30 pm

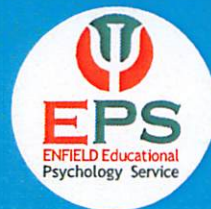
For more information or to book a place please call

Suheli – 07719 324772 / Madina- 07922 442827

or call 020 8106 9996



The Incredible Years Parenting Programme 4-11 years



Develop a positive parenting tool kit

©The
**Incredible
Years®**



- ☐ Support your child to manage their feelings, and deal with difficulties
- ☐ Better awareness to manage your own emotional responses
- ☐ Help your child to listen to and cooperate with instructions
- ☐ Foster a more secure relationship and strengthen trust
- ☐ Build your child's self esteem
- ☐ Experience more joyful parenting

Join a supportive weekly group to share this 12 week programme

Taking place at Bush Hill Park Primary School

Starting: **FRIDAY 25th October 2024**

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

Limited spaces are available

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service **SWERRL** Team

Strengthening **W**ellbeing, **E**moional health, **R**elationships and **R**eadiness for **L**earning

Email: Office.BSS@enfield.gov.uk

In partnership with Enfield Educational Psychology Service

For more information email

Office.BSS@enfield.gov.uk www.enfield.gov.uk



SUMMER HOLIDAY PROGRAMME



Alongside the planned activities, there will be an opportunity to go on trips and days out.

We will be running tournaments and competitions throughout the programme.

Be sure to join us on the final day, Friday 23rd August for our 'Summer Send off', enjoy the last bit of fun before the return to school, say goodbyes to friends made, Pizza party and Award ceremony.

For those aged 11-19 our youth club will be available to you. The open session will take place alongside a number of different workshops.

Youth Club Times

Tuesday-Friday: 3:30pm -7:00pm

Saturday: 12:00pm-6:00pm

Week One

July 30th- August 2nd

Tuesday 30th July

Wednesday 31st July

Thursday 1st August

Friday 2nd August

Week Two

August 6th-August 9th

Tuesday 6th August

Wednesday 7th August

Thursday 8th August

Friday 9th August

Week Three

August 13th- August 16th

Tuesday 13th August

Wednesday 14th August

Thursday 15th August

Friday 16th August

Week Four

August 20th- August 23rd

Tuesday 20th August

Wednesday 21st August

Thursday 22nd August

Friday 23rd August

Times

10:00am- 2:00pm