

# PARENT/CARER WORKSHOP: CHILDREN'S EMOTIONAL WELLBEING AND SELF- REGULATION

*This workshop is available for parents of all school aged children in Enfield who would like to learn more about how to support their child's emotional wellbeing. Purchase your free ticket here:*

<https://www.eventbrite.co.uk/x/childrens-emotional-wellbeing-and-self-regulation-parentcarer-workshop-tickets-302783632997>

**TUESDAY 19TH APRIL | 10:00-11:30 AM**

Delivered online via Microsoft Teams. A Microsoft Teams account is not required to join the workshop.

**Please visit the link in the event letter to purchase your free ticket. When signing up, please state the school your child attends along with their name. This enables us to monitor participation from each school.**