

# WOULD YOU LIKE HELP MANAGING YOUR CHILD'S BEHAVIOUR?

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## FREE ONLINE TWO-PART WORKSHOP FOR PARENTS

Join an Educational Psychologist and the Children's Wellbeing Practitioners to learn how to:

- Build on your relationship through play and attention
- Improve behaviour through praise and rewards
- Agree on family rules and boundaries
- Use effective requests to build co-operation

### **Session 1: Tuesday 2nd February 8-9pm**

In this session we will share the strategies and give you the tools to put them into practice.

### **Session 2: Tuesday 16th February 8-9pm**

An opportunity for you to feedback your progress, ask questions and troubleshoot

**All parents & carers of children aged 5-10 who live in or attend school in Enfield are welcome.**

To book, please email:  
[eps-sews@enfield.gov.uk](mailto:eps-sews@enfield.gov.uk)  
or telephone 0208 379 2000