



## Parent Curriculum Information Relationships & Health Education (RHE)



### Year 3

For more information please access the Parent Portal as follows:

Parent Portal ; <https://www.tentenresources.co.uk/parent-portal>

Parent Consultation Tool: <https://www.tentenresources.co.uk/parebt-consultation-tool-primary>

Username : St-marys-en3

Password: lady-3

## Advent Term RHE/PSHE

### Pupils will be learning:

CREATED AND LOVED BY GOD - Religious Understanding.

This unit explores the Gospel story Jairus' daughter in various creative and reflective ways. Through story and discussion, children will learn that they are designed for a purpose and how they should live in light of this. A second session unpacks the Sacraments of Baptism and Reconciliation as a foretaste of heaven and a wonderful part of our relationship with God.

**Parent Portal Links:** <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/get-up/> <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/the-sacraments/>

### Key Vocabulary:

God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue Sacrament Reconciliation Baptism visible/invisible water white clothing candle love sorry oils (Catechumens and Chrism) commandments forgive purpose examination of conscience

### Suggested activities for home:

Spend a little extra time with your child before bedtime, helping them relax and reminding them of God's love for them through your extra attention. You might like to read a book together, encourage them to say thank you for the day and sorry for anything that wasn't very loving and perhaps finish with a decade of the rosary. Allow time for any conversation that arises.

### Pupils will be learning:

**CREATED TO LOVE OTHERS** - Religious Understanding.

Pupils will learn about the parable of The Prodigal Son, showing that God loves us, and nothing we can do will stop Him from loving us. Pupils will also learn about different types of sin, and the importance of forgiveness in relationships

### Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/jesus-my-friend/>

### Key Vocabulary:

forgiveness parable The Prodigal Son inheritance friendships relationships brothers father sons jealous sin action attitude choice celebrate welcome reconciliation

### Suggested activities for home:

Talk to your child about how they sustain the relationships in their life and what else they might do to nurture them, for example: a grandparent might welcome a handwritten letter or drawing?

### Pupils will be learning:

Personal Relationships

This unit helps pupils to develop a more complex appreciation of different family structures, develop healthy relationships with family and friends and learn some strategies to use when relationships become difficult. Teaching also covers how to recognise discrimination and bullying, both physical and emotional. Children will learn strategies to develop resilience and resist pressure

### Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/family-friends-and-others/>  
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/when-things-feel-bad/>

### Key Vocabulary:

relationship family friend other detective half-brother/sister aunt/uncle grandparents passed away argument adopted God's family the Church qualities kindness listening honesty trust encouragement patience forgiveness respect loyalty fun sorry left out good bad feelings bullying physical emotional banter clique pressure resilience harassment exploitation

**Suggested activities for home:**

Talk to your child about their understanding of bullying to find out what he or she knows about this topic. If you're wondering how you might start the conversation, you could begin by talking about the behaviour of a bullying character you've both seen on TV.

**Lent Term RHE/PSHE****Pupils will be learning:****CREATED TO LOVE OTHERS (CONTINUED)** - Life Online

Pupils will learn how quickly things can be shared around the world online and will begin to think critically about the content we encounter in the digital world, including in the media. Focus is also given to online chatting and cyberbullying, and how to report and get help if children encounter inappropriate messages or material. Both sessions explore the steps children need to take to stay safe online.

**Parent Portal Links:**

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/sharing-online/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/chatting-online/>

**Key Vocabulary:**

safety digital world websites apps online sharing personal information private things dangers age restrictions cyberbullying consequences trusted adult independence responsibility website danger signs trusted adult report online inappropriate content messages personal safety

**Suggested activities for home:**

Discuss with your child what you like to share about online, e.g. keeping in touch with others or taking part in fun trends. Then discuss with your child why other people choose to post things online and what your child thinks are sensible limits to what should be shared. Highlight that just like you wouldn't share your address with a stranger, we shouldn't share overly personal or sensitive information online. You might like to explore NSPCC advice on this rapidly changing topic, to help you to help your child make safe choices.

**Pupils will be learning:****Keeping Safe**

This unit features teaching on physical, emotional and sexual abuse through a series of animated stories. Pupils will also learn in greater depth about the effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older. Pupils will explore in more detail what to do in emergency situations and highlights key areas of safety when out and about. The final session of the module identifies legal rights and considers how our responsibilities relate to these. This is underpinned by the religious understanding that we all play a part in the Body of Christ.

**Parent Portal Links:**

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/safe-in-my-body/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/drugs-alcohol-tobacco/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/first-aid-heroes/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/rights-and-responsibilities/>

**Key Vocabulary:** safe people places rules boundaries physical abuse deliberate accident on purpose harm injury emotional abuse criticising threatening shaming abuse of private parts vulva breasts penis testicles inappropriate touching viewing trusted adult support drugs legal medicine illegal recreational doctor pharmacy alcohol perception judgement responsibility moderation addiction smoking tobacco chemical Nicotine tar Carbon Monoxide Oxygen brain heart lungs teeth skin blood carcinogens cancer First Aid illness injury assistance emergency 999 doctor paramedic calm rest ice compression elevation collapse fire smoke drowning burn hero award courage strong brave difficulty trust rules law government parliament democracy rights human rights respect dignity fairness equality liberty freedom responsibility compassion discrimination diversity protect differences Body of Christ

**Suggested activities for home:**

Talk to your child about which people, both inside and outside the family, they feel comfortable having conversations with about anything that is worrying them.

**Pentecost Term RHE/PSHE****Pupils will be learning:****CREATED TO LIVE IN COMMUNITY - Religious Understanding**

This unit explores in greater detail the community aspect of the Trinity and encourages children to think about what the Trinity means to them and how as they were made in God's image, they too are created to live in community.

**Parent Portal Links:**

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/lks2/a-community-of-love/>  
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/what-is-the-church/>

**Key Vocabulary:**

Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening Church Mass sacrament Community worship The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind

**Suggested activities for home:**

Next time you are at your church, stay behind a little afterwards and see if you can find any of these things: The symbol of a fish – This was a secret symbol of Christianity used at times of persecution; The baptismal font; Stations of the cross; Statues or pictures of the saint to whom your Parish Church is dedicated; Tabernacle; Candles: how many, where, why there?

**Pupils will be learning:****Living in the Wider World**

Pupils will learn some of the principles of Catholic Social Teaching from Together For The Common Good, which will help them to live in communities in the way God intends. Teaching includes the common good, the human person, social relationships and stewardship.

**Parent Portal Links:** <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/how-do-i-love-others/> <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/working-together/>

**Key Vocabulary:**

Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer job work wages salary payment happiness meaning fulfilment vocation stereotypes opportunities goal setting learning life skills God's plan money cash bank card credit card wants needs value for money spend save give attitudes values expectations priorities faith budget receipts tracking honesty thoughtfulness wisdom God's love

**Suggested activities for home:**

Talk to your child about the advantages and disadvantages of different types of money (e.g. cash, bank cards, cheques, credit cards, gift vouchers etc.), and the importance of keeping all forms of money safe. Highlight that some ways of using money are more secure than others and you might like to draw your child's attention to safeguards such as spending limits, or PIN numbers/passwords/signatures etc.