## WEEK 1

### MONDAY

British "Bangers n' Mash"(chicken) or Veggie Sausages with Garden Peas & Gravy

OR

Baked Jacket Potato

Dessert

Organic Yoghurt Selection

### TUESDAY

Chicken Biryani or Veggie Curry & Rice with Mini Naan Bread

OR

Hearty Jacket Potato Topped with Cheese & Beans

Dessert

Carrot Cake

#### WEDNESDAY

Roast Lamb Meatloaf or Quorn, Roast Potatoes, Fresh Broccoli & Carrots with Gravy

OR

Baked Jacket Potato

Dessert

Crumbly Cherry Flapjack

#### THURSDAY

OR

#### 50% Plant Protein

Tasty Beef or Veggie Lasagne with Homemade Garlic Bread & Italian Salad

Dessert

Baked Jacket Potato Loaded with Tangy Coleslaw

Chocolatey Beetroot Sponge-cake with Chocolate Sauce

#### FRIDAY

Classic Crispy Battered Fish or Cheesy Flan with Chips, Sweetcorn & Baked Beans

OR

Vegan Pasta Ravioli with Roasted Vegetable Sauce

Dessert

Ice-cream





Chinese New Year



Pancake Day



British Pie Day



children can enjoy unlimited salad and fresh bread.

A nutritious meat or vegetarian dish of the day is served with vegetables, or have something from the pasta / jacket station.

Finish it all off with a yummy dessert or fresh fruit, washed down with a glass of milk or water

# WEER 2

## MONDAY

#### 50% Plant Protein

Meat or Veggie Burger with Homemade Wedges & Sweetcorn

OR

Baked Jacket Potato

Dessert

Organic Yoghurt Selection

### TUESDAY

BBQ Chicken Noodles or Veggie Singapore Noodles

OR

Hearty Jacket Potato Topped with Tuna Mayo

Dessert

Banana Cake

#### WEDNESDAY

Roast Chicken or Quorn Fillet, Roast Potatoes, Fresh Cauliflower & Spring Greens with Gravy

OR

Baked Jacket Potato

Dessert Rice Pudding & Fruit Jam

#### THURSDAY

#### 50% Plant Protein

Delicious Pasta Bolognaise or Veggie Meatballs in Marinara Sauce and Rice with Homemade Focaccia & Mixed Salad

Dessert

Apple Crumble

OR

Apple Crumble & Custard Hearty Jacket Potato Topped with Cheese & Beans

#### FRIDAY

Lemon Crumb Salmon or Margherita Pizza with Chips, Sweetcorn or Baked Beans

OR

Vegan Pasta Cappiollini with Roasted Vegetable Sauce

Dessert

Ice-cream

## THEME DAYS



Chinese New Year



Pancake Day



British Pie Day



children can enjoy unlimited salad and fresh bread.

A nutritious meat or vegetarian dish of the day is served with vegetables, or have something from the pasta / jacket station.

Finish it all off with a yummy dessert or fresh fruit, washed down with a glass of milk or water